



•It's Time For Pretty May Flowers...



AGAWAM

Advertiser News

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Volume XIX Number 18

"Your Hometown Newspaper"

May 2, 1996

A Sobering Experience For AHS Students



WITH THE GRADUATION SEASON NOT FAR AWAY, Agawam High School students witnessed a mock accident caused by drunk driving recently that was staged by the Agawam Police Department in cooperation with the school's Peer Leaders. RELATED STORY AND PHOTOS IN EDUCATION SECTION. Advertiser News photo by Jack Devine.

Process Begins In Earnest To Select Two School Chiefs

by Kathy Cassanelli
News Editor

At last week's School Committee meeting, Mayor Christopher C. Johnson announced that 29 applications had been received from candidates seeking to become the district's next superintendent of schools.

At an earlier meeting, the committee agreed to extend the application deadline by 10 days to allow candidates with incomplete application packages to submit the missing documents.

Johnson said the application screening would submit a list of eight to 10 semi-final candidates to the School Committee by mid-May. The School Committee will hold televised interviews of the candidates on May 13th, 15th, 21st, and 22nd.

Three final candidates will be selected at the May 28th meeting. Final interviews will be televised, and the new superintendent is expected to be announced at the June 18th meeting.

Although he would not divulge the number of local candidates applying for the position, Johnson said the School Committee has a policy that all local candidates must be interviewed along with the semi-final candidates chosen by the screening committee.

Johnson said the screening committee was not required to include local candidates in their list of semi-finalists, but local candidates would still be included in the interview process.

SEE SCHOOL CHIEFS - Page 2...

Keenan Kicks Off Reelection Campaign



STATE REPRESENTATIVE DANIEL F. KEENAN (D) held a kick-off macaroni supper last Wednesday, April 24th, at the Polish American Club. Over 600 people attended. IN PHOTO LEFT, Keenan greets the Rheault family at the door. IN PHOTO RIGHT, Keenan is pictured with campaign workers Ann Phillips, Janis Phaneuf, and Noreen Poole. MORE PHOTOS INSIDE.

SCHOOL CHIEFS - from Page 1...

The application screening committee consists of School Committee members Teresa Kozloski and Linda Galarneau, Agawam Education Association President Andrew Bower, Junior High Assistant Principal Marc Costanzi, Rita Ducharme of the Chamber of Commerce Education Committee, and community representatives Carol Rheul and Lowell McLane.

In addition to searching for a new superintendent, the School Department has re-opened the search for a High School principal to replace Russell Furtado who resigned in October.

Since Furtado's resignation, Deputy Principal Joseph Zabielski has been serving as the AHS acting principal, and Guidance Chairman Paul Cavallo has been serving as the acting deputy principal.

Twelve Applicants For AHS Principal...

Superintendent of Schools Bernard Ryder has appointed a search committee to assist him in selecting a permanent principal from a field of 12 applicants. Serving on the committee are School Committee Vice-Chairwoman Teresa Kozloski, Agawam High School teachers Arthur Gage, Richard Joseph, and Judi Lech, AHS student Ann Marie Bianca, and parent Janet Shannon.

Ryder said the committee will be conducting in-

terviews of the candidates and will recommend a list of finalists for his consideration early next week. Ryder said using a search committee has advantages for both the school system and the successful candidate.

Because the new principal will likely be chosen from the finalists recommended by teachers, a member of the student body, and members of the community who make up the search committee, there will be a built-in support group for the new principal, Ryder said. Also, the candidates get a better feel for what the community is like by having a dialogue with community members as part of the application process.

Ryder said all the applicants are from the New England area. There are two local candidates.

Under the Education Reform Act of 1993, the school superintendent has the sole authority in hiring the new principal. However, Ryder said he will introduce his final choice to the School Committee.

Ryder had planned to put off the search for the AHS principal until the new superintendent was hired. However, Ryder said with the delay in the search for a new superintendent, he could not afford to put off hiring the new AHS principal.

Ryder said he could be making a decision by the end of next week.

Fire Wise...

by Fire Chief David Pisano
Matches And Cigarette
Lighters Are For Adults

Many fires are caused simply by a combination of a small child's curiosity and the availability of matches or a cigarette lighter. The resulting fires have some of the most disastrous consequences because of a small child's inability to understand that the match they had just lit is the same match that caused the fire that destroyed the house.

• The Agawam Fire Department suggests that if you have small children in the home, keep matches and cigarette lighters up high, out of their reach.

• As children begin to understand cause and effect, teach them that matches are a tool and should be used only by adults or under adult supervision.

• Teach children that, if another child has matches, they should get away from the child and warn an adult so that an accidental fire will not occur and the child will be prevented from getting burned.

For further information, contact the Agawam Fire Department at 786-2662.

COMMONWEALTH OF MASSACHUSETTS

HAMPDEN, SS
 DEPARTMENT OF THE
 TRIAL COURT
 CIVIL ACTION NO. 95-479

ROBERT B. FRUWIRTH and
 ANNE M. FRUWIRTH,
 Plaintiffs

vs.
 MARY H. BIDWELL, f/k/a
 MARY HATMAKER, or her
 heirs and assigns
 Defendants

This cause came on to be heard upon complaint of Plaintiffs, Robert B. and Anne M. Fruwirth, praying that title to land located on Fruwirth Avenue,

Agawam, Hampden County, Massachusetts, and more specifically described in a deed recorded in Hampden County Registry of Deeds, Book 29a65, Page 159, is held by said plaintiffs free and clear of any mortgage and all claims, rights and title of any defendant or person claiming under the defendants and further praying for an order of notice and thereupon in consideration thereof it is Ordered and Adjudged that an order of notice issue to the defendant, Mary H. Bidwell f/k/a Mary Hatmaker, her heirs, devisees or legal representatives of parts unknown and to any other person claiming interest in the land described in the complaint, by publishing an attested copy of this notice once each week for three consecutive weeks in *The Agawam Advertiser News*, a newspaper published in Agawam, Massachusetts, the last publication at least 14 days before Tuesday 5/21/96 and that the said

defendants do cause their written appearances to be entered and their written answers or other lawful pleadings to be filed in the office of the Clerk of said Court of Springfield in said County of Hampden on or before the said 21st day of May next.

If you, all the defendants, fail to do so, judgment by default will be taken against you for relief demanded in the complaint. Unless otherwise provided by Rule 13 (a) your answers must state as a counterclaim any claim you have against the plaintiffs, Robert B. and Anne M. Fruwirth, and which arises out of the transaction or occurrence that is the subject matter of the plaintiff's claim or you will thereafter be barred from making such claim in any other action.

MARIE G. MAZZA, CLERK-MAGISTRATE

Published: May 2, 1996

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Source: 1992 Nationwide Survey of Homeowners. This survey included 1,541 telephone interviews with a random sample of homeowners from throughout the USA and was conducted during October 2-12, 1992 by The Wirthlin Group, a leading survey research organization. The results from the survey have a 95% confidence interval of +/- 2.5%. Homeowners were asked, "Now, thinking about real estate sales organizations, which one would you say... is the best at finding people the right home?" ... is the best at helping people sell their homes?"

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Commentary...

Revamped Discipline Code For Agawam High Can Be Major Step In Right Direction

by Kathy Cassanelli
News Editor

It's a Zippity-Doo-Dah Day. Stand up and cheer. The administrative team at Agawam High School threw a touchdown pass. We can only hope the School Committee doesn't fumble it.

Acting AHS Principal Joseph Zabielski, along with his assistants Acting Deputy Principal Paul Cavallo and Dean of Students Bernadette Conte, are putting the lie to the oft repeated, incredible tale: no one is doing anything about the problems at AHS.

At the last School Committee meeting, the three amigos proposed a meticulous, thoughtfully written (actually rewritten seven times) discipline code that will go a long way in aiding the administrators in their quest for a safe, secure learning environment for Agawam teens.

When they consider adopting the proposal of AHS's administrative team, the School Committee should resist the temptation to fine-tune the discipline code by quibbling and nitpicking over the details of what "crime" deserves more suspension time or detention time.

The discipline code reflects not only the many hours that went into the writing and the rewriting, but the many years the team has spent dealing with students on the front lines, in the trenches. Surely that experience deserves a chance to be put to the test.

Stressing the respect and responsibility that lead to results, the new discipline code clearly outlines the student behaviors that will meet with zero tolerance and the consequences of unacceptable behavior. It goes one step further.

The new discipline code incorporates just the right mix of positive and negative consequences for the choices students make in their approach to their primary reason for attending AHS: getting an education.

Under the terms of the new discipline code,

there will be zero tolerance for drugs and alcohol; violence against other students or staff members; threats; harassing behavior; false fire alarms; and bomb threats or other dangerous behavior on school premises or at school-related or sponsored events.

Students who choose to engage in such behaviors will be suspended and are subject to expulsion. The police will be notified in all cases.

The discipline code also spells out in specific language the consequences of lesser offenses that could lead to placing a student on a behavior contract, after-school detention, or exclusion from senior activities, including graduation exercises.

All of that probably sounds pretty good to the parents and the community who want and deserve a safe school where students are focused on their education. And it is pretty good. In fact, it's more than pretty good; it's about time.

But, the real beauty of this plan is that it speaks to what motivates teens the most: the keys to THE CAR.

All of what has been outlined above speaks to the negative side of reinforcement.

Now for the positive side.

"The privilege to bring a motor vehicle to and from school will be awarded to those exhibiting proper behavior."

Perfect.

"Only juniors and seniors who are passing 20 credits and have no suspensions on their discipline record may drive motor vehicles to school."

Perfect.

"Students who do not obey the regulations regarding motor vehicles at school will have the privilege to drive to school revoked."

Perfect.

For the first violation of student motor vehicle regulations, motor vehicle privileges will be denied for nine weeks. For the second offense, motor vehicle privileges will be denied for the remainder of the school year.

Again, perfect and perfect.

If these measures seem too strict in that they might restrict students' after-school mobility and their ability to participate in extracurricular activities or their ability to get to an after-school job, here are some points to ponder:

—The students are free to make the proper behavioral choices to ensure their privilege to park in the student parking lot.

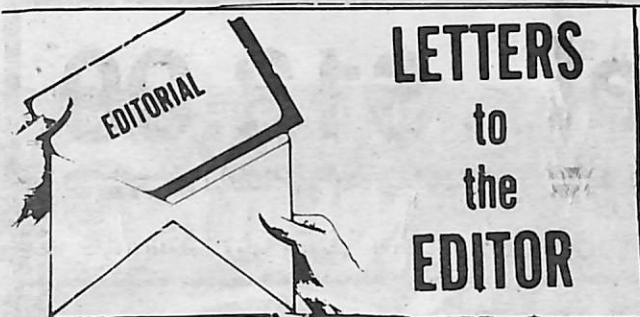
—All of the students who are eligible to bring a car to school have already proven their ability to digest educational materials and successfully pass a test. They wouldn't have a license to drive otherwise.

—These are the same kids who have no problem conforming their behavior to the expectations of their employers. You see them every day at Stop & Shop, CVS, Peterjans Gourmet Ice Cream Shop, Riverside Park, and any number of other workplaces in town; they are behaving in ways that are a credit to themselves and to their employers.

It can be done.

School Committee members, it's up to you. Don't let us down. More importantly, don't let the students down—they deserve the chance to prove they can be the best they can be.

The School Committee will consider adopting these sensible rules to govern student behavior at its May 14th meeting.



LETTERS
to
the
EDITOR

themselves and helped to ensure that all who need blood will receive it. Last year, 30 percent of all the blood collected came from high school and college students.

The gift of good health should never be underestimated. On behalf of all who receive the gift of life as a result of the blood collected at Agawam High School, thank you.

Sincerely,

Donna C. Kulha

Recruitment Specialist

American Red Cross Blood Services

American Red Cross Thanks Blood Donors For Support

To The Editor:

On behalf of the American Red Cross Blood Services, I would like to thank all those who donated blood at the Agawam High School Blood Drive on Friday, April 26th.

The 109 students, teachers, and their families and friends who came out and donated, helped to sustain many lives.

The blood collected will be broken down into three components—red cells, plasma, and platelets—and made available for transfusion to as many as 327 hospital patients. A special thanks to the 67 first-time donors.

This was the largest turnout ever for a blood drive at Agawam High School. The record number of students who donated blood and who volunteered to help at the drive gave a vital part of

Rep. Keenan Thanks Those Who Attended His Fundraiser

To The Editor:

Last week, nearly 600 residents and supporters from the Third Hampden District joined me, my wife Jill, and our son Jack for a pasta dinner at the Polish-American Club. I am deeply grateful to those who attended and offered their encouragement and suggestions to me as their State Representative.

I have pledged to continue my commitment to the people of the Third Hampden District as I seek reelection to a second term as their State Representative. Much has been accomplished during my first term: welfare reform, full funding of education reform, increases in local aid for cities and towns, job growth initiatives, and a continued balanced budget.

SEE LETTERS - Page 5...

All the local news with us,
each week - AAN!!!

COMMUNITY CALENDAR

Sponsored By
COLONIAL FUNERAL HOME

Friday, May 3th

Performance by Senior Bell Choir of Branford, CT ("First Friday Series" sponsored by Ag. Cultural Council)
At Agawam Public Library - 7:30 p.m.
(Free and open to the public)

Saturday, May 4th

Boy Scout Troop 78's "Car Wash"
At Agawam Middle School
9 a.m. to 4 p.m. (\$2 per vehicle)

Saturday, May 4th

Ziti supper by Comm. Grange No. 382
At Grange Hall, 47 N. West St., F.H.
5 to 7 p.m. (call 786-2276 for reservations)

Sunday, May 5th

Friends of the Agawam Senior Center's
Third Annual Pancake Breakfast
At the Senior Ctr. - 8 AM to 12 Noon
Adults, \$3.50; kids under 10, \$1.50

Wednesday, May 8th

Reunion luncheon for members of the former Feeding Hills Women's Club
Storowton Tavern
Call 786-6706 for more information



The Agawam Advertiser•News

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LETTERS - from Page 4...

I look forward to similar challenges in the days and months ahead and hope that the citizens of the district will continue to keep me informed of their concerns regarding the issues that confront our state.

I would like to acknowledge and thank those volunteers who made my pasta dinner such an overwhelming success: Bill Farwell, Ed Barako, Sue Bednarzyk, Art and Ernie Book, Jim Crean, Bob DeForge, Dick DiLullo, Frank Gatti, Jim Griffin, Kathy Landers, Tom Leahy, Dave Modzeleski, Eva Nascemboni, Janice Phaneuf, Ann Phillips, Noreen Poole, Kathy Rose, Janet and Joe Tortorello, and Cathy Willis.

Very truly yours,
Dan Keenan
State Representative

Citizen's Speak Time Is Freedom Of Speech

To The Editor:

In the near future, the Agawam Town Council will discuss the possible changes in Citizen Speak Time. There is some talk afoot regarding limiting the subject matter of Citizen Speak Time, to the items on the council agenda.

Well, the last time I checked, this was still America, and we had freedom of speech. Please don't tell the people of Agawam that the only way they can speak before the Town Council is to speak only on the subjects that the council wishes to hear. Don't silence the people.

I wish to address three groups of people regarding this issue:

1. The press -

The press has described Citizen Speak Time as "...abuse of the public forum..." (AAN 4/11/96). The press is the public forum, and can write whatever it wants. Yet the press is on record of having criticized the people for saying what they want to say.

My suggestion to the press... Stay out in the hall until you hear the Pledge of Allegiance. This way, you'll be "spared the agony."

2. The residents watching on access channel 5 -

If you don't want to listen to what your local residents have to say, feel free to pick up your remote and change the channel. At 7:30 p.m. on Monday nights, you can turn on Jeopardy or a Seinfeld rerun. You don't HAVE to watch Citizen Speak Time.

3. Agawam Town Council -

If you don't like the people, the subject matter or the timing of Citizen Speak Time, I suggest two alternatives:

1. Deal with it.

2. Resign from the Council.

No one held a gun to your head and forced you to run for office. So, too, no one is holding a gun to your head to stay on the Town Council, and listen to your constituents.

Remember, last November, each and every one of the Agawam Town Councilors asked the residents of Agawam to give you their vote. The very least that you can do, is lend them your ear at Citizen Speak Time.

Sincerely,
Ken Forni
Agawam

AHS Bereavement Group Thankful For Local Support

To The Editor:

I would publicly like to express appreciation to Curran-Jones Funeral Home, Bethany Assembly of God, and the Agawam Rotary Club for their generous contribution to Agawam High School's Bereavement Group.

This year the high school had nine students who had one or both parents die. Because of the generous support, we were able to hire Rob Zucker, former Bereavement Director at Baystate Medical Center, to facilitate a group for these students. Though it is impossible to lessen the pain of their grief, this support group helped students to share their despair and their memories.

The gift from Curran-Jones Funeral Home, Bethany Assembly of God, and the Agawam Rotary Club is a gift of renewed hope for these students.

Thank you,
JoAnne Bertrand
School Adjustment Counselor, AHS

School Committee Is Against Parents Who Stay At Home

To The Editor:

I am appalled by the actions taken by the School Committee in their recent decision to offer full-day kindergarten slots to two working

parents.

Aren't all parents "working" parents? My son is in a full-time kindergarten class at Granger. Although I do not bring in a "paycheck" per se, I AM a full-time working mother. I volunteer my time and energy to the AGAWAM school system.

Yes, volunteer. I teach Spanish at Granger free of charge and have done so since the beginning of the school year. How many parents are able to do that willingly? I cannot believe what the School Committee has done.

Believing that children whose parents draw paychecks are any better than children whose parents stay home is horrendous. I am ashamed of my hometown. I was born and raised in Agawam. Wouldn't a better compromise be an equal 50-50 split of the slots available?

I am challenging Mayor Johnson, Louis Massola, Rosemary Sandlin, and Linda Galarneau to do the RIGHT thing - COMPROMISE. Congratulations to Teresa Kozloski and Roberta Doering for standing up for the rights of ALL, not some.

Mrs. Shelly J. Goncalves
Feeding Hills

Boy Scout Troop 75 Thanks Local Business For Support

To The Editor:

The Boy Scouts and adult volunteers of Boy Scout Troop 75 of Sacred Heart Church want to thank Dave's Soda & Pet City for the opportunity to hold a bottle and can recycling drive in its parking lot on Saturday, April 27th.

We also wish to thank everyone in the community who donated bottles and cans for the troop's fundraiser, the proceeds of which will purchase camping equipment for the troop's outdoor program. Thanks to everyone, the troop collected more than 4,500 bottles and cans.

In these challenging times, when it sometimes appears as though crime, violence, substance abuse, isolation, and other detriments to our children are winning the battle for their future, it is great to see businesses like Dave's Soda & Pet City and individual citizens show their support and leadership to help our children toward positive endeavors.

We thank you all!

Sincerely,
Boy Scout Troop 75
Sacred Heart Church
Feeding Hills

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786-1128

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15% service charge will be added to your bill.

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Wednesday and Thursday Only

Save \$5.00

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This coupon is not redeemable on specially priced entrees, lunch menu items, or early bird specials. Only one coupon per couple, per visit. Coupon is not redeemable for cash or with any other coupon or special. Applicable taxes paid by bearer.

Phone Numbers Of Elected Officials

1996 City Council Members

Nancy E. Thompson, President
786-0586
19A Mansion Woods Dr., Agawam, MA 01001

Jill P. Simpson, Vice-President
786-0053
24 Pleasant Valley Rd., Feeding Hills, MA 01030

George Bitzas
789-1464
33 Fernwood Dr., Agawam, MA 01001

Edward A. Caba
786-2479
198 Walnut St., Agawam, MA 01001

Thomas J. Ennis, Jr.
786-9402
556 Springfield St., Feeding Hills, MA 01030

Joseph F. Langone
786-3419
180 Suffield St., Agawam, MA 01001

Dennis J. Perry
786-1238
466 North West St., Feeding Hills, MA 01030

Christian M. Quatrone
786-4496
75 Pleasant Valley Rd., Feeding Hills, MA 01030

Kent P. Servis
789-1343
48 Kathy Terrace, Feeding Hills, MA 01030

David Skolnick
786-1115
331 Rowley St., P.O. Box 482, Agawam, MA 01001

Gary E. Suffriti
786-5516
3 Cooper St., Agawam MA 01001

1996 School Committee Members

Christopher C. Johnson, Chairman
786-6297
88 Morningside Circle, Feeding Hills, MA 01030

Teresa Kozloski, Vice-Chairwoman
786-6934
102 Meadow Street, Agawam, MA 01001

Roberta Doering
786-2323
915 River Road, Agawam, MA 01001

Linda Galarneau
789-0245
24 Sycamore Terrace, Agawam, MA 01001

Louis Massoia, Jr.
786-5785
6 Sequoia Drive, Feeding Hills, MA 01030

Susan Pettazzoni
786-9699
116 Granger Drive, Feeding Hills, MA 01030

Rosemary Sandlin
786-3256
90 Granger Drive, Feeding Hills, MA 01030

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, on THURSDAY, MAY 16, 1996, at 6:45 P.M. for all parties interested in the appeal of ALMA MARCINKIEWICZ who is seeking a SPECIAL USE PERMIT EXCEPTION in accordance with Section 180-11 of the Zoning Ordinances, which would allow for the storage of Federally Regulated Materials, at the premises identified as 28 MOORELAND STREET.

Ronald Hebert, Chairman

Published: May 2, 1996

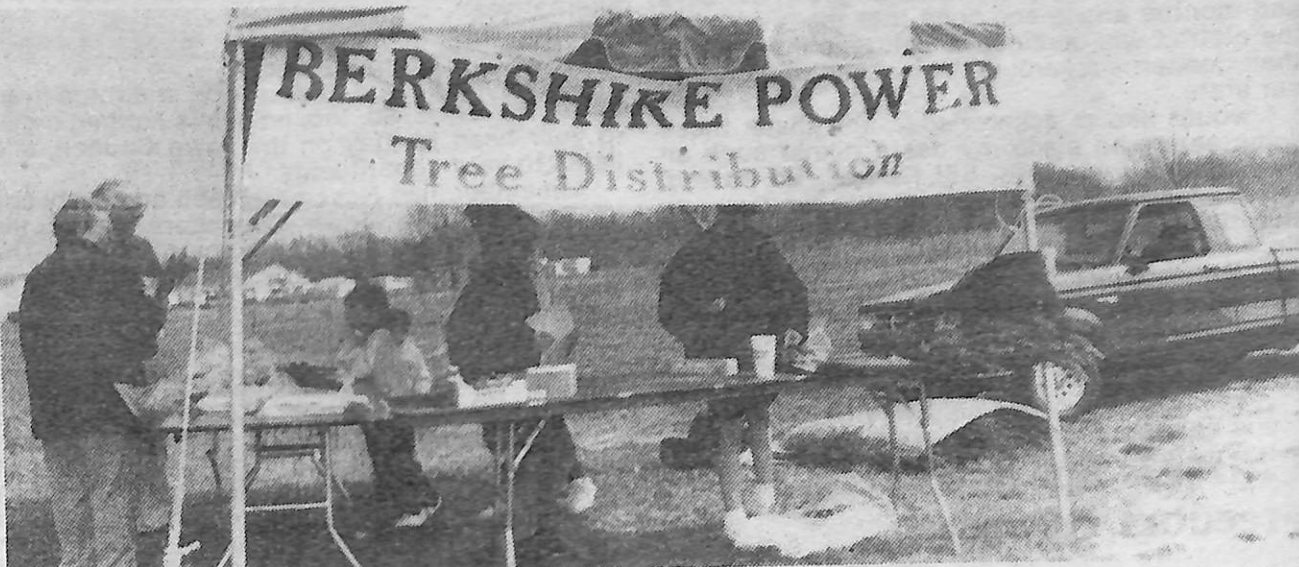
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at your convenience.

For an appointment, call...

413-786-7231 Gail Roberts

Tree Distribution By Berkshire Power



BERKSHIRE POWER held its Second Annual Free Tree Distribution in the Agawam High parking lot on April 20th. About 3,000 trees were given away. IN PHOTO BELOW, Berkshire Power staff member Joanne McGeoghan is being helped with the distribution with members of her family, including Robert, Katherine, and Michael McGeoghan. Also in photo is Sarah Leydon. Advertiser News photos by Jack Devine.



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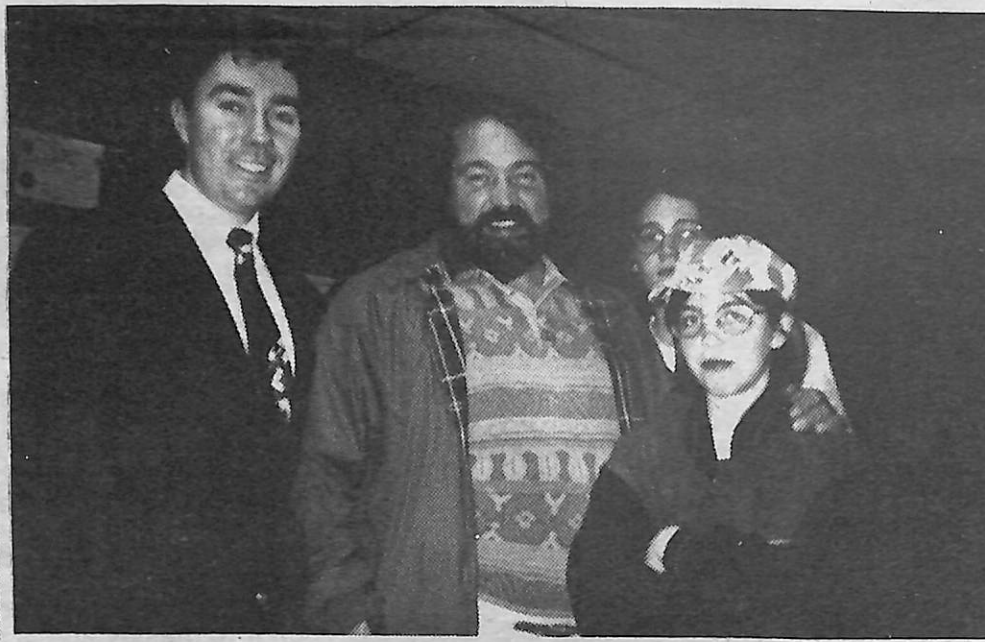
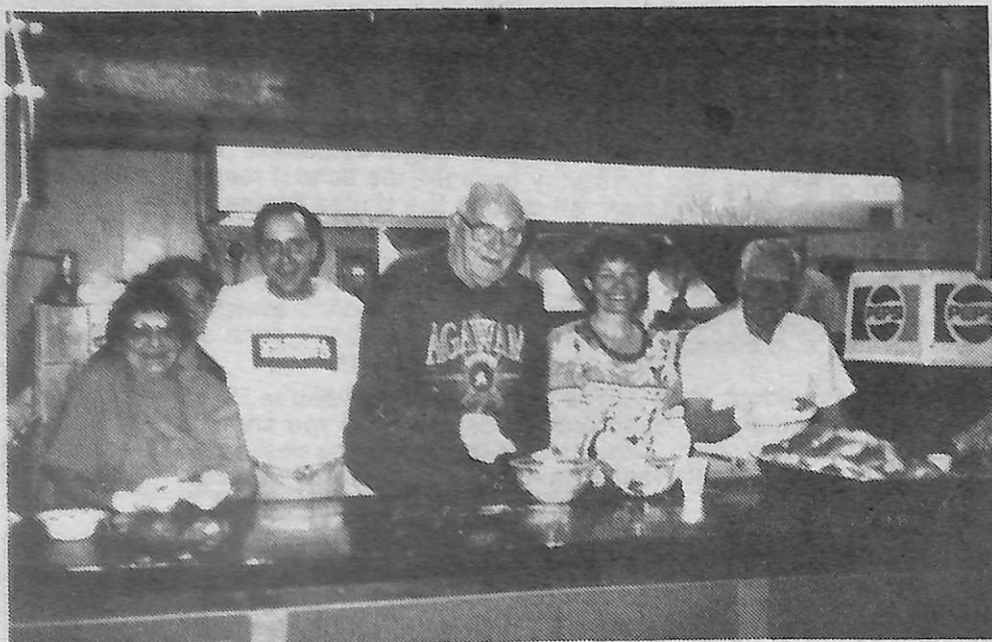
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IN PHOTO LEFT, some of the kitchen crew for last Wednesday night's macaroni supper to kick-off the reelection campaign of State Rep. Daniel F. Keenan. From left - Ernie Book, Eva Nascembeni, Dave Modzeleski, Frank Gatti, Sue Bednarzyk, and Art Book. IN PHOTO RIGHT, Rep. Keenan is pictured with some of his Southwick supporters.

Rep. Keenan Off & Running

State Representative Daniel F. Keenan of the Third Hampden District announced his bid for reelection to the Massachusetts General Court at his campaign kickoff on Wednesday evening, April 24th, at the Polish American Club in Feeding Hills, where he was joined by nearly 600 of his supporters.

Representative Keenan was first elected to the seat in 1994 and serves on the Committees on Taxation, Insurance, and Personnel and Administration.

"Two years ago, I pledged to work hard for the constituents of the Third Hampden District," stated Rep. Keenan. "I have a strong record of accomplishment in the House: welfare reform, full funding of education reform, increased local aid for the cities and towns, job growth initiatives, and a continued balanced budget."

In addition to his duties at the State House (where he is only one of a handful of legislators

with a 100-percent voting record), Rep. Keenan has responded to hundreds of constituent requests, toured local businesses and schools, and conducted regular office hours in all the towns in the district.

He is a thoughtful legislator who spends his time at the State House listening, as well as debating and becoming knowledgeable on all the issues surrounding proposed legislation. He has demonstrated himself well able to balance the economic and budgetary requirements of the Commonwealth with a compassionate understanding of the needs of its citizens.

"I have been firmly committed to the education of our children and to preparing them for their entry into the marketplace. I have also been a strong supporter of legislative initiatives designed to create jobs and make Massachusetts more competitive with states throughout the nation," commented Rep. Keenan.

He continued, "I am especially proud of my work on the Open Space Bond Bill, which will provide funding for both Agawam and Southwick; the community policing program grants that allow Agawam to continue and expand its bike patrols; the legislation regulating state-funded elderly housing developments; and the Single Sales Factor Bill that encourages economic growth and jobs creation."

Rep. Keenan has a strong record on education, public safety, senior, environmental, and consumer issues.

Rep. Keenan is a graduate of St. Anselm College and Western New England School of Law, is a member of the Massachusetts and Hampden County Bar Associations, and is a corporator of both the Westfield State College Foundation and the Westfield YMCA.

He resides in Blandford with his wife, Jill, and their two month-old son, Jack.

NO ONE covers the local news like us - AAN!!!

Some of what's new at the Stand for '96: Fantasy Series Petunias, Coral Nymph Salvia, Honeysuckle, railroad ties, and "Chicken Gickem" 100% organic fertilizer.

Let the gardening begin

While 1996 is a special year at the farm for a number of reasons, (*Michael & Michelle had their second baby, Megan Emily, in February, and David & Laurie are expecting their second in August*)

it also marks our 50th year on Springfield Street. (*Cecchi's have farmed in Agawam since 1920; but it was in 1946 when Anna & Erminio moved to the "Plains" section of Feeding Hills with their two children, Carol & Robert.*)

We've grown a bit since 1946, and we're proud to be third, fourth (*and with the babies, fifth*) generation farmers. To thank the citizens of Agawam for their part in our success, we're going to share some of our history with you.

We hope you enjoy this glimpse into our past.

And, if you haven't already driven by and noticed, the Stand is now open for the 1996 growing season.



Erminio (The "E" in E. Cecchi Farms) Cecchi plants lettuce the old-fashioned way along Springfield Street, 1952.

1946~1996

E. Cecchi Farms 1131 Springfield Street, Feeding Hills
"Everything you'd grow if you had 40 acres."



STATE SENATOR LINDA J. MELCONIAN is pictured at the State House with UMass men's basketball Coach John Calipari.

Town Council Agenda For Monday, May 6th

1. Citizen's Speak Time
2. Roll Call
3. Moment of Silence and the Pledge of Allegiance
4. Minutes - Regular Council Meeting of 4/16/96
5. Declaration from Council President
6. Presentation of Petitions, Memorials & Remonstrances
 - None.
7. Report of Council Committees
8. Elections
 - None.
9. Public Hearings
 - (a)
 1. PH-96-1-(PE-96-1)-Group Petition, Art. 8, Sec. 8-1(b) (Pres. Thompson)(Conduct Public Hearing)(Tabled on 4/16/96).
10. Old Business
 - (a)
 1. TOR-96-2-An Ordinance to Amend to Fees for the Summer Camp Program and the Wage Scale for Summer Camp and Pool Personnel (Mayor)(2nd Reading).
 2. TO-96-8-Request the City Council to hire an outside Attorney for legal opinion (Coun. Suffriti)(Tabled on 3/6/96 - Left on table on 3/18/96, 4/1/96 & 4/16/96).
 3. TO-96-11-Voucher List (\$130.-).

Please remember our deadline is every Tuesday at noon.
We open at 6:30 a.m.

Melconian Presides Over Senate Session Honoring UMass Basketball Team

The University of Massachusetts men's basketball team compiled a school record of 35 wins in the 1995-96 season, which culminated with a first-ever Final Four appearance.

Recently, Assistant Majority Leader Linda J. Melconian (D-Springfield) presided over a special Senate session honoring the team and its coaches on the UMass Minutemen's historic season.

Melconian, who acted as Senate President in the absence of President Thomas F. Birmingham, confessed her admiration for UMass and the basketball program by donning a UMass baseball cap and Final Four jacket.

"I have been a fan for many years, and witnessing your extraordinary success and rise to national prominence has been an incredible experience," Melconian told the team. "It is an honor to preside at this special session to honor such a great group of student-athletes."

The Minutemen had many memorable moments in the 35-2 campaign. In addition to the BC win, they defeated Kentucky, Wake Forest, Maryland, Temple, and Louisville. They rolled into the Final Four with a 20-point victory over the Georgetown

Hoyas. A hard-fought setback in the rematch with Kentucky brought the school respect and praise from all across the United States.

Following the season, Marcus Camby captured almost all of the "Player of the Year" honors, including the Wooden Award, the Naismith, and the AP "Player of the Year" award. Coach John Calipari was also named "Coach of the Year" by the AP and the Naismith.

"The *Boston Globe* and *Boston Herald* did not give you proper respect until you knocked off Boston College, but the loyal fans of Western Massachusetts have been with you all the way," Melconian commented.

Coach Calipari and his players began the State House day with a lunch in their honor at the Union Club in downtown Boston. Following the Senate session, a public reception was held for the team in Nurse's Hall.

"The whole afternoon was fabulous," Melconian said. "The basketball team has done so much for the school and the state, and I believe that like the team, our State University is on the rise to prominence."

Dr. Joseph Schlaffer Receives Prestigious Instructor Certification

Dr. Joseph Schlaffer of SCHLAFER CHIROPRACTIC OFFICE has received *Protect Your Back Instructor Certification* from the American Red Cross, given at a back injury prevention instructor's program developed by the American Red Cross in conjunction with the American Chiropractic Association presented on April 27th and April 28th.

Dr. Schlaffer was awarded his certificate by course instructor Dr. Steven Sciuto, President of the Massachusetts Chiropractic Society.

Training to industry is available. Annually, back injuries cost American business more than \$15 billion in Worker's Compensation benefits and lost production. The best news is that the Red Cross believes that 90 percent of all back injuries can be prevented.

As an instructor of this course, Dr. Schlaffer is available to help area businesses. The *Protect Your Back* course content includes information about the structure and function of the spine. It identifies potential injury producing activities. It explains methods for protecting the back through overall fitness, correct posture, and using one's surroundings wisely.

A special section on ergonomics specifically deals with worksite adaptation to insure prevention of back-related problems. The course also in-



DR. JOSEPH SCHLAFER (right) receives his "Protect Your Back Instructor Certification" from Dr. Steven Sciuto, President of the Massachusetts Chiropractic Society.

cludes skills practice in moving objects properly, as well as exercisers to strengthen muscles and increase flexibility. Business owners can choose from three options for the course presentation.

Course length varies from two to four hours. Completion of the course can help an organization reduce insurance rates, absences, and medical costs. Productivity can be increased.

Interested business owners may contact Dr. Schlaffer at 192 Shoemaker Lane, Agawam, 789-1369, or the American Red Cross at 737-4306.

Rep. Keenan Announces Office Hours

State Representative Daniel F. Keenan will hold office hours on Monday, May 6th between 6:00-7:00 p.m. at the Community Meeting Room, Powder Mill School, 94 Powder Mill Road, Southwick.

Members of the public are invited to attend to express their comments and concerns on issues

facing the district and the state.

Representative Keenan may also be reached at his district office at 549 Springfield Street in Agawam or at the State House in Boston. His district phone number is 786-4545. Representative Keenan welcomes the opportunity to meet and hear from his constituents.

On The Avenue LOBSTER TRAP AND GRILL

Serving A Full Menu Of Seafood,
Steak, Pasta, & Chicken

Now Taking Reservations
For Mother's Day

Brunch And Dinner (Sunday, May 12th)

Sunday, Monday, Tuesday, Wednesday, & Thursday

Buy 1 Dinner Entree,
Get 2nd Dinner Entree At ½ Price

(Higher Price Prevails)

Sunday Brunch, 10 AM - 3 PM; Dinner, 4 PM - 9 PM
Mon. - Thurs., 11:30 AM - 10 PM; Fri. & Sat., 11:30 AM - 11 PM

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Whole House Carpet Cleaning
Any 6 Areas

Any combination of rooms, halls, stairs
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(SAVE UP TO \$45.00)
Rooms larger than 12 x 15 may be extra
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SAVE \$10.00

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2 Rooms * & Any Hall
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60 North Westfield Street
Feeding Hills, MA
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Featuring Fine Italian Cuisine

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So On
Mother's Day
Bring Her To

Alexander's Restaurant

Mother's Day, May 12th

Open From 12:00 P.M. - 5:00 P.M.

Reservations Now Being Accepted

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Mother's Day Specials

Complete Dinners

- * Chicken Francese
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- * Veal Marsala
- * Veal & Shrimp Romano
- * Baked Stuffed Scrod
- * Shrimp & Scallop Scampi Over Linguini
- * Baked Seafood Combo
- * Pork Tenderloin Picatta
- * Roast Boneless Pork Loin
- * Stuffed Jumbo Shrimp
- * Baked Italian Combo
- * Chicken Cipriani

Plus Most Items On Our Dinner Menu



Our Maine Mom

Mother's Day Special



**\$25.00 Gift Certificate Will
Be Given To A Lucky Mom.
Allow Us To Help You Treat
Her The Way She Deserves ...
Special**



Mother's Day

Prime Rib Dinner

Complete prime rib dinner includes your
choice of potato, our extraordinary
soup, salad, rolls & butter

\$12.95



Families



AGAWAM FIRE DEPT. Sergeant Michael Mercadante (back, left) and Police Sergeant Steven Draghetti present babysitting certificates to students, from left - Allison Siedlik, Britany Theriaque, Jennifer Castle, Shawn Mullen, and Stephan Ferreira. Advertiser News photo by Jack Devine.

Over 100 Kids Get Babysitting Certificates From Agawam Library

One-hundred students recently received attendance certificates from the Agawam Library's "Introduction To Babysitting" course.

During the three-week sessions, boys and girls from ages 10 to 14 benefitted from health and safety instructions from Middle School Nurse Hilda Bartnik, R.N., Fire Department Drill Inspector Michael Mercadante, and Sergeant Steven Draghetti of the Agawam Police Department.

Library staff members Eileen Chapman and Jeanne Hofmann demonstrated age-appropriate books, music, and other activities to help make babysitting fun for both the sitters and the children in their care.

Many of the children in attendance will be babysitting for younger brothers and sisters or other family members and neighbors during the upcoming summer months, and the course instructors have equipped them with a variety of handouts to enhance their initial experience at child care.

A limited number of handout packets will be available to Agawam and Feeding Hills babysitters aged 10 and over who were unable to take part in this year's course. Kids can call the library and ask for Jeanne or Eileen to reserve one.

Senior Ctr. Friends Plan Third Annual Pancake Breakfast

The Friends of the Agawam Senior Center will hold its third annual pancake breakfast on Sunday, May 5th at the Agawam Senior Center. Breakfast will be served from 8:00 a.m. to 12:00 noon.

Cost of tickets is \$3.50 for adults and \$1.50 for children under 10.

Tickets are available at the Agawam Senior Center and will be available at the door the morning of the breakfast. Tickets and information may be obtained from "Friends" board members Lil Doyle, Desiree Jacobs, Vi Presz, Jim Griffin, Barbara Gingras, Nellie Mathias, or Joanne Willis.

Proceeds from the breakfast will be used to help purchase new steel counter shutters to help soundproof the kitchen from the dining room.

Boy Scout Troop 78 Schedules Car Wash

Boy Scout Troop 78 of the Springfield Turnverein will hold a car wash on Saturday, May 4, 1996 from 9:00 a.m. to 4:00 p.m. at the Agawam Middle School on Main Street.

The donation will be \$2 per vehicle. Tickets may be purchased in advance from any scout from the Troop, or payment may be made on the day of the sale.

Three Agawam Firefighters Graduate From Mass. Firefighting Recruit Program

Chief David Pisano of the Agawam Fire Department is pleased to announce the recent graduation of Anthony J. Albro, Brian P. Keefe, and Russell S. Shoemaker from the Massachusetts Firefighting Academy's 55-day Recruit Firefighting Program.

The program, which is offered tuition-free to Municipal Firefighters in the Commonwealth, is designed to provide new Firefighters with the basic skills necessary to insure their effective performance in their jobs.

The graduation exercises held on April 22, 1996 marked the conclusion of an intensive and in-depth 55-day program for all students. The students' primary concern was learning basic firefighting skills, but during this time they were also introduced to more advanced topics, such as Public Fire Education training, Hazardous Materials, Stress Management, Water Rescue,

Confined Space, and Rappelling (which will be important as their careers progress).

Students receive classroom training in all the basic firefighting skills, such as ladders, hose, and protective breathing apparatus, and the classroom training is reinforced by performing practical field evolutions ... first under non-fire conditions and then during controlled fire conditions.

By graduation, students have had practical, hands-on experience with live fires in buildings, vehicles, flammable liquids, flammable gas, and will have successfully fought these fires as effectively and safely as possible.

Upon successful completion of the Recruit Program, all students have met all qualifications of NFPA 1001, certification of Firefighter I and II as accepted by the Commonwealth of Massachusetts.

Check our classified pages every week

Mother's Day is May 12th.

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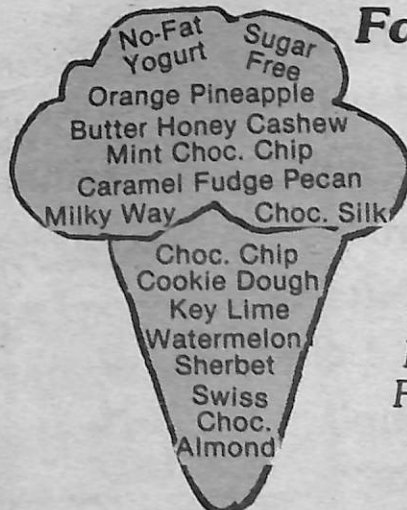
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789-3700

Hours: Sunday-Friday, 12-9:00; Saturday, 11-10:00

Ag. Senior Center's Weekly Lunch Menu

Monday, May 6th: Baked chicken leg, sweet potatoes, green beans, bread, banana.

Tuesday, May 7th: B-b-que pork rib on roll, baked beans, cole slaw, canned peaches.

Wednesday, May 8th: Meatballs, tortellini, tossed salad, Italian bread, ice cream.

Thursday, May 9th: Turkey tenders w/gravy, mashed potatoes, carrots, bread, canned pineapple.

Friday, May 10th: Mother's Day Celebration—Roast pork, pan-roasted potatoes, summer squash, rye bread, rolls, rosebud cake.

(Menu subject to change without notice.)

Agawam Library To Hold Classes On "WordPerfect 6.0"

The Agawam Public Library is holding computer classes on the usage of WordPerfect 6.0 for Windows.

The dates for the classes are Thursday, May 9th; and Thursday, May 16th, from 7:00 to 7:30 p.m. The library will also give an additional class on Thursday, May 16th, from 1:00 to 1:30 p.m. to 1:30 p.m.

Anyone wishing to attend must sign-up by stopping by the library or calling 789-1550. Classes are limited to 10 people.

The classes will be held in the library's Green Room.

We appreciate those who bring in their news items on Mondays. Thanks.

Tag Sale To Benefit "Senior Games Athletes"



IN OBSERVANCE OF "SENIOR WEEK," Medical West assisted the Agawam Senior Games Athletes (ASGA) at their two-day tag sale held at the Agawam Senior Center on April 13th and 14th. Among those who enjoyed themselves at the tag sale were Ted Cutler and Janice Bonk (left photo), and Lena Peloquin and Ginny Ingram (right photo). Advertiser News photo by Jack Devine.

Agawam/West Side Toastmasters To Meet On Thursday, May 9th

The next meeting of the Agawam/West Side Toastmasters Club will take place on Thursday, May 9th, beginning at 7:00 p.m. at Country Estates Nursing & Rehabilitation Center, Route 75, Agawam.

Meetings are held on the second and fourth Thursday of every month. Guests from all communities are always welcome.

Call 789-1366 for more information.

Community Grange Schedules Ziti Supper On Saturday, May 4th

Community Grange No. 382 of Feeding Hills will hold a Ziti Supper on Saturday, May 4th, with continuous servings from 5:00 to 7:00 p.m.

The Grange hall is located at 47 North West Street in Feeding Hills.

The menu will include ziti, meatballs, salad, Italian bread, homemade pastries, coffee, tea, and milk. Cost is \$5 for adults, and \$2.50 for children under 12.

Reservations can be made by calling 786-2276.

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— Coupon — Flowering Dogwoods

Red 4-5' — White 5-6'

Only \$49.00

(May 4th & 5th Only)

— Coupon — "Purple Gem" Rhododendrons

Large 2 gal. size

Only \$9.95

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"Greenview" 5,000 Sq. Ft. Coverage 4-Step Lawn Program

Only **\$37.95**

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* Pine Bark *
Mulch - Mini Nuggets -
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3 cu. ft. Bags
5 for \$19.95
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40 lb. Bags
5 for \$9.95

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Ag. Junior Women's Club Members Attend Annual Conference

The Annual Conference of the General Federation of Women's Clubs of Massachusetts for Junior Membership was well-attended by 16 members of the Agawam Junior Women's Club. The Annual Conference was held this year at the Sheraton Inn in Lowell, MA, on April 27th.

Members who attended were Cindy Sanford Taylor, Stephanie Bertagnoli, Ann Woodard, Leslie McNair, Sasha Zebryk, Donna Shibley, Laura Paul, Sue Hoague, Paula McCauley, Liz Taylor (President), Eileen Hamre, Eleanor Jean, Rosalie Dialessi, Diane Graveline, Laura Snow, and Sue Godfrey.

The keynote speaker for the evening was Maria Papesh, a Park Ranger from the Lowell National Historic Park. She spoke about the girls who were brought to the textile mills to work as spinners and weavers. The mills in Lowell presently house "The Sun" (the local newspaper) and Middlesex Community College.

As the evening progressed, awards were passed out for the many community projects Juniors sponsored in their local communities over the past year.

Agawam again received several honors in many categories. At the Awards Luncheon, we received certificates for the ARTS, THE GFWC OF MA R. SPECIAL PROJECT RECOGNITION (Child at risk-Child Abuse), EDUCATION, INTERNATIONAL AFFAIRS, PUBLIC AFFAIRS, HOME LIFE, LEADERSHIP, MEMBERSHIP, and the NEWSLETTER.

At the Awards Banquet, we received trophies for CONSERVATION, PUBLIC RELATIONS/COMMUNICATIONS (Pressbook and Overall Winner), PRESIDENT'S GUIDELINES, and YOUTH INVOLVEMENT.

The most notable award and the greatest honor received by any club is the trophy for PROGRAMS & ACTIVITIES. We received this trophy for the many programs that we put on every year which affect just about everyone in the community (children, families, spouses, and seniors).

The activities that this honor and all the others were given for are the Arts & Crafts Fair, Breakfast with Santa, "Up with People," plantings around the golf course and Veteran's Green, StageWest ushering, visits to Heritage Hall, food baskets for the holidays, Christmas ornaments, town-wide clean-up, Project Permanency, plants for the High School, scholarships, recycling, Tambrands testing, and for the assistance our club gives to other community organizations, just to list a few.

Rosalie Dialessi was sworn in as the GFWC Recording Secretary for the State of Massachusetts. Donna Shibley was sworn in as our District Representative.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and a member of the General Federation of Women's Clubs of Massachusetts.

Agawam Credit Union Board Ready For 40th



THE BOARD OF DIRECTORS of the Agawam Federal Credit Union will be gathering with about 175 of the CU membership on Saturday evening, May 4th, at Alexander's Restaurant, to celebrate the CU's 40th Anniversary. Board members pictured include (back row) Jack Devine, Karl Schmaelzle, Ronald Hamel, and Richard Pisano (executive director). Front row - Edythe Chiba, John Porter, Dennis Moran, and Ann Marona. Advertiser News photo by Jack Devine.

Agawam Chapter Of AFS Seeking Families To Host Foreign Students For 1996-97

The Agawam Chapter of American Intercultural Programs (AFS) is seeking host families for the 1996-97 school year for several foreign exchange students, including a young woman from Panama, to be members of the Class of 1997 at Agawam High School.

Agawam AFS has been a sponsor chapter of AFS International for the past 21 years and is considered one of the most successful in all of New England.

Currently, Agawam AFS is sponsoring five students at Agawam High School. The students arrive in early August and return to their home countries the first week of July the following year (after spending what is hoped to be the most memorable year of their lives with an American host family).

AFS USA sponsors over 4,000 students and

visiting teachers each year.

Host families come from all walks of life and from all income levels. AFS International assumes health and liability insurance. The Agawam Chapter of AFS helps the students it sponsors with many school related expenses.

Hosting an AFS student can be one of the most wonderful and exhilarating experiences for a local family and this is based on the many past successes of hosting families in our community.

If you are interested in hearing more information about Agawam AFS, or may be interested in hosting for the 1996/97 school year, please contact Allen Machia, Agawam AFS Family Placement chairman (786-0114), Mary Ellen Bruce, Agawam High AFS advisor (789-1400, extension 421, weekdays), or Ric Sardella, chapter president (786-7747 days; 789-2005, evenings).

Check our classified pages each week
AAN!!!

Smokers Welcome

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Monday Nights
7 P.M.

Our Lady
Of The
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Saturday, 11 AM - 10 PM
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Sunday, 3 PM - 8 PM

Lordy! Lordy! Look Who's Forty!!



Nobody Doesn't Like
Carol-Lee



KADIE & MEGAN ILNICKY

Ilnicki Family Announces Birth Of Twin Daughters

Dan and Lori Ilnicki are pleased to announce the birth of their twin daughters.

Kadie Nicole, weighing three pounds, 10 ounces, and Megan Elizabeth, weighing four pounds, one ounce, were born on March 27, 1996.

The girls were welcomed home by their brother, Joshua, age six.

The maternal grandparents are Rod and Dianne Richardson of Feeding Hills.

Epilepsy Fun Walk Set For Sunday, May 19th

The first Annual Western Mass. 5K Fun Walk For Epilepsy Awareness will be held Sunday, May 19th.

The first 300 people with \$25 in donations will receive an Epilepsy Awareness T-Shirt. A hot air balloon ride will be awarded to the individual who raises the **MOST** money.

Stretch out with Fitness First instructors before walking.

For more information and registration materials, contact Janet & Gary Shean (786-2709), Diane & Steve Penna (786-9284), Sue & Wayne Hearn (789-1529), Sue & Dean Shaw (569-0474), Kathy & Rich Karam (786-5426), or Kim & Rick Martel (786-1169).

Junior Volunteer Pizza Party At Heritage Hall



A PIZZA PARTY for those youngsters who volunteer at Heritage Hall Nursing Home was held in the West Building in April in conjunction with National Volunteer Week. Advertiser News photo by Jack Devine.

Shopping Outing For Heritage Hall



HERITAGE HALL residents and staff enjoyed a shopping trip to Walmart in April. Advertiser News photo by Jack Devine.

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Greeting Cards • Floral Design
Custom Gift Baskets • Gourmet Foods
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Everyone is invited to attend our first
annual Mother's Day Tea on Saturday,
May 4th, from 10 AM to 5 PM. Enjoy
complimentary tea, coffee, and pastries.

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Hours:
Tues. - Fri., 10 AM - 6 PM
Saturday, 10 AM - 5 PM
Sunday, 12 - 5 PM

**10% OFF all purchases with this ad
(through 5/12/96)**

Boy Scout Troop 75 Holds Bottle Drive At Soda & Pet City

Boy Scout Troop 75 of Sacred Heart Church in Feeding Hills recycled more than 4,500 bottles and cans at a recycling drive on Saturday, April 27th in the parking lot of Dave's Soda & Pet City, 11 Ramah Circle North in Agawam.

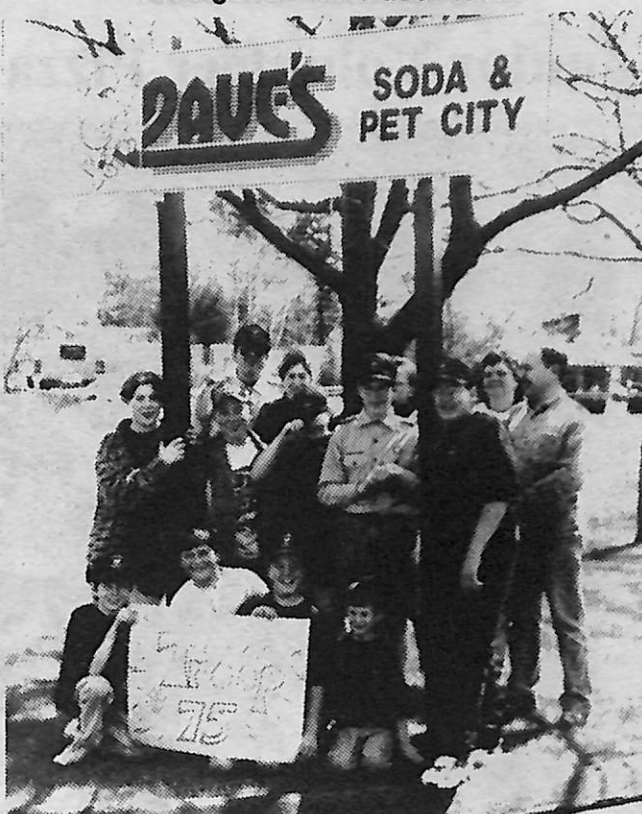
Proceeds earned from the drive will buy camping equipment for the growing troop of scouts to use in their outdoor program.

The outdoor program provided by Boy Scout Troop 75 is an integral part of the boys' scouting experience. Through it, boys are taught important lessons of self-reliance, leadership, teamwork, respect for nature and the environment, planning, and much more.

Their active participation with the community to raise the funds necessary to sustain programs such as these teaches them responsibility for making their own dreams a reality. A bottle and can drive also allowed them to show and share their concern for the environment. Participating in the drive were 17 boys and adult volunteers from the troop.

Upcoming events to help raise additional funds for the troop include a Car Wash slated for Saturday, May 11th from 9:00 a.m. to 3:00 p.m. in the parking lot of Sacred Heart Church.

Advance tickets can be purchased for \$2 per car, \$3 per van or truck from any member of Troop 75. For more information, contact Eileen Wisniewski at 786-2754.



SCOUTS AND ADULT VOLUNTEERS of Troop 75 team up at Dave's Soda & Pet City for a bottle and can drive to benefit both the environment and the Scouts' outdoor program. The Scouts demonstrated how teamwork can make light work of a big recycling job!



Pack 78 Scouts Move-Up To Next Level



CUB SCOUTS from Den 78 at Feeding Hills Congregational Church held a moving-up ceremony on April 14th. From left - Steven Sojkowski, Scoutmaster Colleen Dupee, Ryan Griffin, Corey O'Connor, Chad Farrington, Brian Sojkowski, Steven Iacolo and Den Leaders Janine & Mario Iacolo. Advertiser News photo by Jack Devine.

Brock Family Proud Of 1st Child, Erin

Robert and Mary Brock of New Haven, Connecticut are pleased to announce the birth of their first child, Erin Elizabeth Brock.

She arrived at 8:02 a.m. on Thursday, April 18, 1996 at Yale-New Haven Hospital and weighed seven pounds, four ounces.

The proud grandparents are Mr. & Mrs. Robert Brock of Agawam and Mr. & Mrs. Robert Morse of St. Louis, Missouri.

Reunion Luncheon Slated By Former F. Hills Women's Club

A reunion luncheon for members of the former Feeding Hills Women's Club will be held on Wednesday, May 8th, at Storowton Tavern.

If you have not been contacted and wish to attend, please call Thelma Gardner at 786-6706. All former members are welcome.

50th Anniversary Celebrated By Mr. & Mrs. Mathieu

Mr. & Mrs. Charles Mathieu of 29 Colonial Avenue, Agawam celebrated their 50th anniversary with a weekend celebration which included a family celebration at The Delaney House on Sunday and a Mass on Monday at St. John the Evangelist Church in Agawam.

They were married April 29, 1946 at St. Michael's Cathedral, Springfield, MA. They are the parents of Jeanne Hunter of Manassas, Virginia. Charles Mathieu is a retired controller of UniRoyal, Inc. Mrs. Mathieu is the former Marion Brooks.

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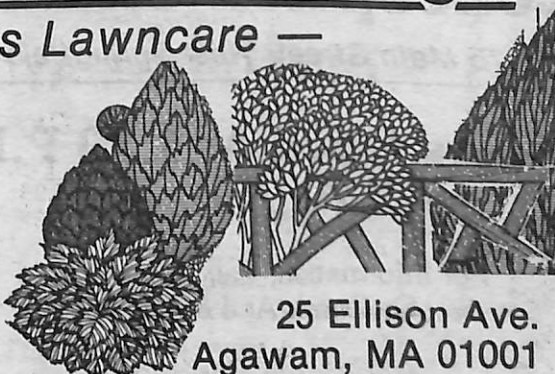
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Church News



ADULT STUDENTS from the Drama Studio of Springfield presented an evening of lively entertainment to supporters of Operation Friendship at Feeding Hills Congregational Church. The group transformed Griswold Hall into the "Feeding Hills Country Inn." Advertiser News photos by Jack Devine.



"National Day Of Prayer" Observed At Valley Comm. Church

Valley Community Church will be joining with churches across the country as we celebrate a "National Day of Prayer" on Thursday, May 2nd.

This is a day for our country to come together and pray for the needs of our country; from the homeless to the political leaders, from the youth to the elderly, from the poor to the rich, and from the weak to the strong.

We will pray for unity and equality, for a balance among all Americans. And we will pray for love, for it is only through the love for each other as brothers and sisters that this nation can survive.

Valley Community Church strongly believes in the power of prayer. We have seen first-hand the miracles and power that going to God in prayer can bring.

So we encourage everyone to take a few minutes on May 2nd to pray whether at home, at work, or at church. If you are not affiliated with a local church, please know our (side) door will be open to anyone from 6:00 a.m. to 12:00 midnight.

Valley Community Church is an inter-denominational church and is located at 152 South Westfield Street, Feeding Hills.

"Mystery Dinner" Offers Lively Evening Of Entertainment For Operation Friendship

On April 13th, Operation Friendship, in conjunction with the talent from the adult students of the Drama Studio in Springfield, presented an evening of lively entertainment.

Dinner and theater was venue of the evening, with the presentation of "I Wed Three Wives," directed by Chris Mangano. After salad was served, a few new "members of the audience" created quite a stir transforming Griswold Hall into the Feeding Hills Country Inn.

Through this last dinner for the spring of this year, Operation Friendship was able to meet its goal and be able to finance the trips of our students to six chapter locations in Europe for three weeks this summer. These young adults will be hosted in the homes of Operation Friendship families in England, Wales, Holland, Germany, Scotland, and Ireland.

We would also like to thank local contributors who, through their generosity, helped make this fundraiser a success: Friendly Restaurant in Agawam, Torinese Bakery in Feeding Hills, Charles Cavanaugh of Feeding Hills, House of Cheesecake in Agawam, Stop & Shop in Feeding Hills, Edwards Food Store in Westfield, Melodie Hill, and Bernice Burton.

This fundraiser will conclude the present two-year rotation of hosting and traveling. We now have new openings for candidates for this fall. If you are interested in information or in joining Operation Friendship and enjoying this exciting international opportunity, there will be an informational meeting on Sunday, June 23, 1996.

For location and meeting information, please call Kathy Rose at 786-0195.

Check our classified pages every week!!!

Happy 16th Birthday, Amy



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Church News - continued...

Fine Chicken Dinner At Valley Community



VALLEY COMMUNITY CHURCH in Feeding Hills held another one of its delicious Saturday evening chicken dinners on April 13th. From left - Ken Blackman and Dick Willett were two of the kitchen helpers; in next photo, the Blackburns, Steve & Sandee, help themselves to salad; and in photo right, Deborah Foucher and Dottie Wells also volunteered their services in the church kitchen. Advertiser News photos

by Jack Devine.

St. David's Offers Week Of Activities

JOIN ST. DAVID'S CHURCH AS THEY CONTINUE TO CELEBRATE THE RISEN LORD Jesus Christ in worship services this weekend, May 4th-5th. The church offers a quiet, contemporary service at 5:00 p.m., and a dignified, traditional service Sunday at 8:00 a.m., both held at the church building, 522 Springfield Street in Feeding Hills.

The exuberant, renewal service at 10:00 a.m. is held at the Agawam Middle School, and normally features children's Sunday School for grades Pre-K through 8.

This Sunday, however, the service will be "family style," including a message for school-age children. There is also nursery care and interpretation for the deaf.

AFTER ALL THE WORSHIP SERVICES, A "MINISTRY FAIR," describing all of the ministries and groups of the parish, will be

displayed, in order that parishioners and newcomers can participate as God leads them.

THE JUNIOR YOUTH GROUP OF ST. DAVID'S WILL HOLD A CAR WASH this Saturday, May 4th, from 10:00 a.m. to 2:00 p.m. at the Church Building. Bring them that dirty car, and support youth ministry.

THE MEN OF ST. DAVID'S INVITE OTHER MEN to join them for Breakfast this Saturday the 4th at the Church Building at 7:00 a.m. with a special program. Call the Parish Office to register.

A NEW EVENING BIBLE STUDY FOR WOMEN has begun on Wednesdays at 7:00 p.m. at the Church Building, led by Millie Fox. As with all of the Bible Studies at St. David's, no previous Bible knowledge is necessary, and the public is welcome to attend.

Other studies for women are held Thursday mornings from 9:30 to 11:00 a.m. with child care;

and, in conjunction with the Agawam Church of the Bible, a study is held on Tuesdays from 9:30 to 11:00 a.m., also with child care.

A study for "Senior" women is held Tuesdays at 1:30 p.m. Also, house groups, many of which study the Scriptures, meet at various locations. Call the Parish Office for further info.

ST. DAVID'S WILL HOST A COMMUNION SERVICE AT HERITAGE HALL NURSING HOME on Thursday the 9th at 11:00 a.m. in the West Building. The public is cordially invited to attend, and to show our love for our "seniors" in Christ.

THE "KIDS FOR CHRIST" YOUTH GROUP, for children in Grades K-4, will meet on the grounds of the Church Building on Saturday, May 11th, at 1:00 p.m., to plant some beautiful springtime flowers. The group would welcome new friends to join them.

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Church News - continued...

News And Notes From F.H. Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills.

Adult Bible Literacy class begins at 9:00 a.m., as does Sunday School for children. A Service of Holy Communion begins at 10:00 a.m.

Rev. Donaldson's sermon is entitled, "The Last Word." Children are welcome to join their parents in worship.

Younger children may leave following Communion to work on a special activity with the Youth Director, Patsy Traficante. Nursery care will be provided as usual.

The Youth Group will meet on Saturday, May 4th, at 1:00 p.m. to bake for their monthly visit to the Springfield Rescue Mission.

The young people will prepare and serve an afternoon meal at the Mission on Sunday, May 5th.

Crossroads Christian Fellowship will meet in our church sanctuary each Sunday from 5:00 to 7:00 p.m. beginning this Sunday, May 5th.

Volunteers are needed to make desserts for Open Pantry for this coming Wednesday, May 8th. If you are able to make a dessert (brownies, sheet cake, cookies, etc.), please have your contribution to the church kitchen by 12:00 noon on Wednesday.

A sign-up sheet is located on the bulletin board in Griswold Hall, or you may call the office at 786-5061 to indicate that you will be making a dessert.

After a year of faithful service as "Missionaries-in-Residence" to the Massachusetts Conference, the Aguayo family will be returning to Chile on May 14, 1996. All members of this church are invited to a Farewell Luncheon and Service of Worship which will be held on Friday, May 10, 1996 at Plymouth Church in Framingham.

It is requested that each person bring a white handkerchief. In the Pentecostal church of Chile, an affectionate way of saying good-bye to a member is for the congregational members to close worship by waving white handkerchiefs during the final hymn.

This was done for the Aguayos as they prepared to leave for Massachusetts. Let us return them home with the same measure of affection!

Please call the church office at 786-5061 for more information.

The Board of Christian Education is looking for donations of 64-ounce plastic juice bottles to be used for a project during Vacation Bible School.

Please bring your bottles to the church or call the office to have them picked up.

On the calendar this week:

Saturday, May 4th: 1:00 p.m., Youth Group baking for Rescue Mission.

Sunday, May 5th: 9:00 a.m., Adult Bible Literacy/Sunday School; 10:00 a.m., Service of Holy Communion; Youth Group to Rescue Mission; 5:00 to 7:30 p.m., Crossroads Christian Fellowship.

Monday, May 6th: 5:00 p.m., Girl Scouts; 7:30 p.m., Council.

Tuesday, May 7th: 7:00 p.m., Pastor/Parish relations; 7:00 p.m., A.A.

Wednesday, May 8th: 2:30 p.m., Girl Scouts; 7:00 p.m., Choir.

Thursday, May 9th: 7:30 p.m., Deacons.

Friday, May 10th: Rev. Donaldson's day off.

Saturday, May 11th: 8:30 to 11:00 a.m., Pancake Breakfast; Youth Group working on Mother's Day project.

Parish Mission To Be Held At St. John The Evangelist Church

St. John the Evangelist's Parish Mission will be held from May 4 through May 9, 1996.

Two members of the Franciscan community, Father Raphael Bonanno, O.F.M., and Father Philip O'Shea, O.F.M., will conduct the Mission.

The theme of this Mission is "The Parish: A Community of Life." On May 4th and 5th, the Friars will preach at all weekend Masses. There will be a Mission Mass each morning at 8:30 a.m. and a Mission session each evening, Monday through Thursday, at 7:00 p.m.

On Monday, May 6th, the subject will be "The Parish: Sharing in Life Through Love and Service; Tuesday, May 7th, "The Parish: Sharing in Life Through Forgiveness"; Wednesday, May 8th, "The Parish: Sharing Life Through Healing"; and on Thursday, May 9th, "The Parish: Sharing Life Through Mission."

Parish members and guests are invited

Vacation Bible School At Ag. Congregational



THE AGAWAM CONGREGATIONAL CHURCH held a one day Vacation Bible Camp on April 19th. The children spent a fun-filled day with music, crafts, and the making of a delicious meal for the Agawam/West Springfield Open Pantry. Advertiser News photo by Jack Devine.

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Church News - continued...**Youth Group At Sacred Heart Plans May 5th Pizza Party**

The Youth Group of Sacred Heart Church in Feeding Hills will hold its Annual Membership Drive at a Pizza Party, Sunday, May 5th, from 5:30-7:30 p.m.

The party will be held at the Sacred Heart Parish Center. This invitation is open to current fourth graders and older. Reservations must be made no later than **Friday, May 3rd.**

For more information or to make reservations, please call Alma at 786-9835 or Beth at 786-0158.

The Annual Diocesan HIV/AIDS Prayer Service will be held on Monday, May 6th at 7:00 p.m. at Holy Name Church, 323 Dickinson Street, Springfield.

The church is handicapped accessible.
ALL ARE WELCOME!!!

Thanks to all of you who contributed to the Sacred Heart Church RUMMAGE SALE! It was an **outstanding success!**

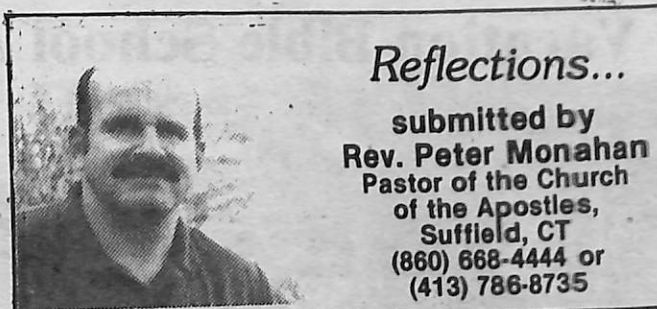
Whether you helped by donating such good clothing or items for the white elephant room, or came by the day of the sale to purchase something, without you it couldn't have happened.

Special thanks must be given to those who worked at the sale, both on the day before sorting the tons (it seemed like) of clothing, or by keeping the tables in some sort of order on the actual day, or helped with all the "collectibles" in the white elephant room, your help was most appreciated.

Everyone was so excited by our success (\$1,200) that they're looking forward to next year's sale.

Again, **thank you**, it was a good parish happening! The proceeds of this event will help support those in need.

In a spirit of cooperation and collaboration, the Agawam Catholic Parishes want you to know that if you are a member of one parish and on any given weekend attend Mass at one of the other parishes, your envelope and offering will be sent to your parish of record, to be properly recorded.

**Reflections...**

submitted by
Rev. Peter Monahan
Pastor of the Church
of the Apostles,
Suffield, CT
(860) 668-4444 or
(413) 786-8735

"Count Your Blessings"

From time to time in the Old Testament, the people of God gathered for a solemn assembly. One of the things they did was to rehearse, or to recall, the many wonderful things God had done for them.

In Nehemiah 9:6-15 we read *"Blessed be Your glorious name, and may it be praised above all blessing and praise. You alone are the Lord. You made the heavens, even the highest heavens, and all their starry host, and the earth and all that is in it, the seas and all that is in them. You give life to everything, and the multitudes of heaven worship You."*

The people go on to recall how God had chosen Abraham, and called him to be a friend of God. They rehearse how God had delivered the Israelites from slavery in Egypt, and kept them safe and sound during their flight from bondage.

They recollect that God had given them instructions about how they were to live in their new land, and that He had provided for all their needs.

Not everybody is familiar with the prophet Nehemiah and the circumstances of his time. Israel had been destroyed as a nation more than 100 years before Nehemiah was born. Jerusalem, the capital city of Israel, was in shambles.

God used the prophet Nehemiah to lead the effort to rebuild the once-great city. It was not an

easy task. The property was overrun by weeds. There was constant harassment from marauding bands.

To make matters worse, the Jewish officials opposed Nehemiah's work, and made every effort to stop him. Nevertheless, Nehemiah and his followers persisted in their labors, and God blessed their efforts with success.

Once Jerusalem was rebuilt, the Israelites rededicated themselves to God. Instead of congratulating themselves for a job well done, they thanked God and recollected His many blessings over the years.

This was more than just a nice religious gesture. It was an important way for them to demonstrate their faith in God, and to strengthen themselves.

One of the clear themes which emerges from the declaration of the people of God in Nehemiah 9:6-15 is God's wonderful faithfulness. God, who made the world and all that is in it, was faithful to the people He had made to reveal Himself to them.

God wanted to make Himself known then, and He wants to make Himself known in our day as well. God called Abraham to be His friend, and He would like each of us to be His friend as well.

God moved heaven and earth to set His people free from bondage in Egypt. God has once again moved heaven and earth, through the death and resurrection of Jesus Christ, to deliver each of us from the bondage of sin.

Just as God provided for the needs of Israel on their journey towards the promised land, so God wants to provide good things for our lives on earth as we journey towards an eternal home in heaven.

We, too, are a people wonderfully blessed by God. Even in our hardships, God's grace abounds. As we recount God's many blessings to us, our faith in Him will be strengthened.

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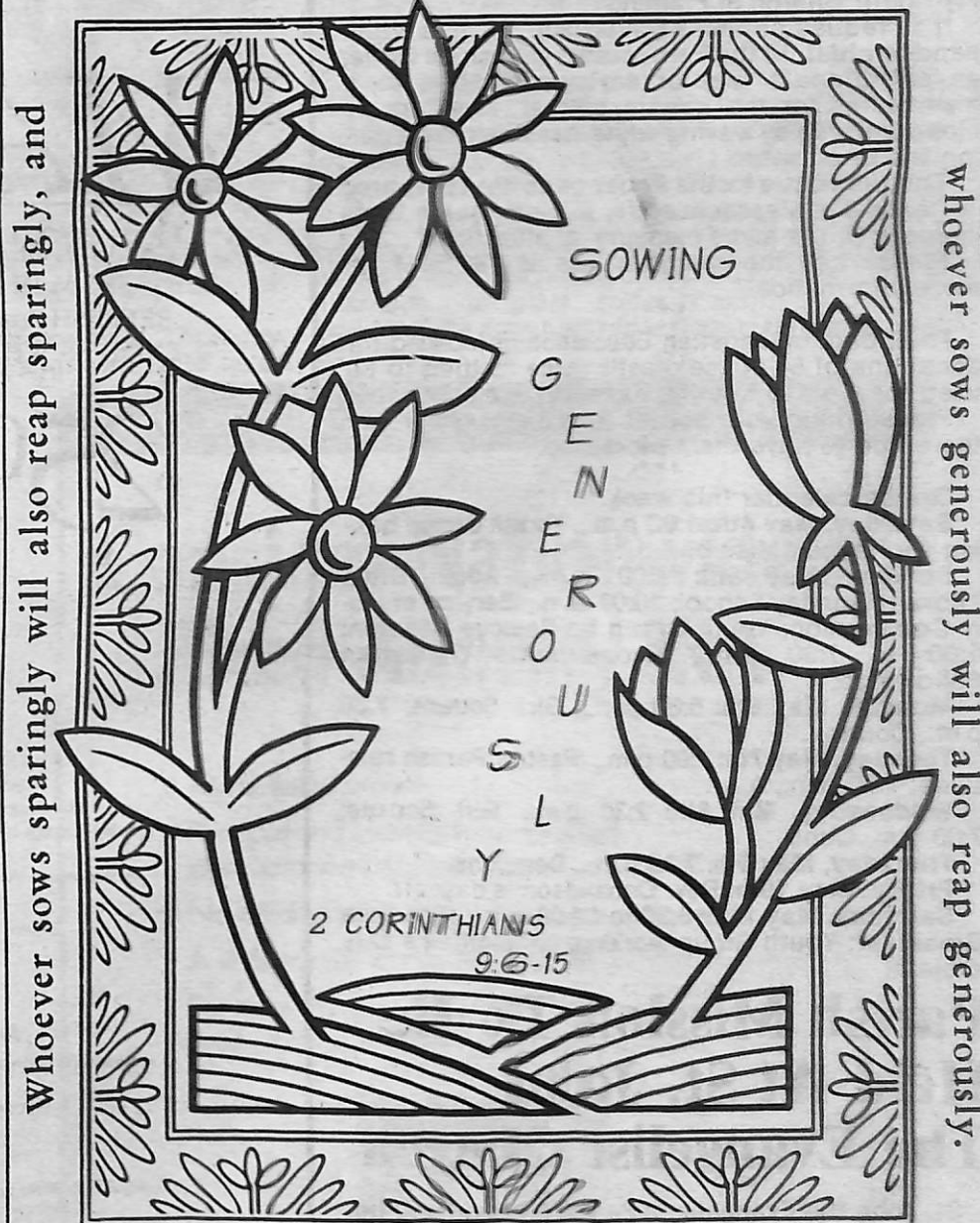


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Whoever sows sparingly will also reap sparingly, and

whoever sows generously will also reap generously.

2 Corinthians 9:6 NIV

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Convenience is essential. I'm not good at waiting in lines, and there aren't any at Hampden Savings. It's open longer hours and I can get in and out fast. They're good people; they call me by name and always ask about the kids. That's cool. And getting the extra

month's bonus interest is definitely cool.

One important thing to me about Hampden—here's a bank that's going to be around. That's because they take the conservative approach. It's small and mutually owned, so I don't have to worry about finding the doors locked some day or a new name on the front. I feel comfortable about that.

As I said, I don't want to worry about my bank; I'd rather spend my time on other things. I play hard, I want to bank easy. That's it."

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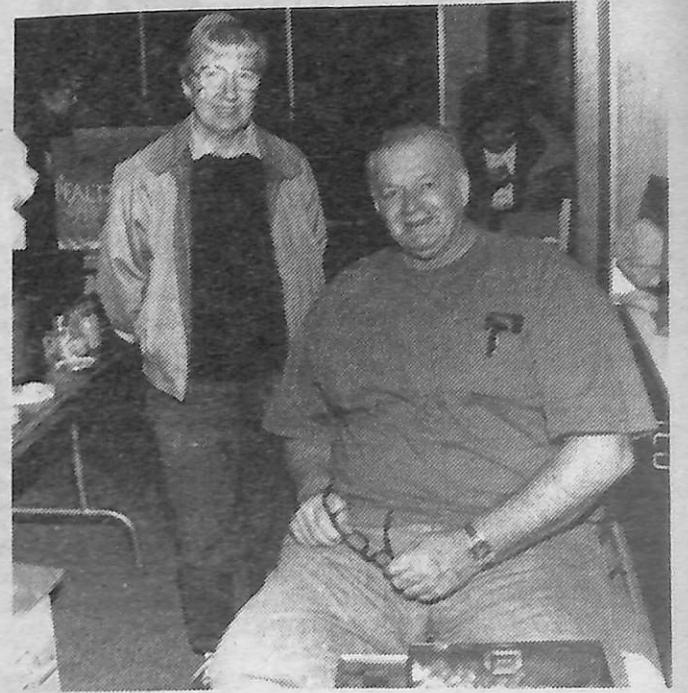
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Church News - continued...

Rummage Sale A Success At Sacred Heart Church



SACRED HEART CHURCH in Feeding Hills held a successful Rummage Sale in the Parish Center last month. From left - Betty Ann Sheridan, Linda Parrotta, Carol Pignatare, Lillian Hebert, Nancy Doucette, and Theresa Barlow. **IN PHOTO RIGHT**, Don Capponcelli and Theresa Barlow were two of the helpers at the event. Advertiser News photos by Jack Devine.

Agawam United Methodist Church Offers Message That Is Still Good For Today

Jesus, speaking to His opponents, once said, "When it is evening, you say it will be fair weather; because the heaven is red. And in the morning, it will be foul weather today; because the heaven is red and lowering. You know how to discern the face of the heaven; but you cannot discern the signs of the times."

The saying still holds good for today. More than before, science has equipped us with the ability to predict.

We can tell when it will snow; when it will rain; when the sun will shine; when thunderstorms are at hand; there are tornado watches and alerts; floods can no longer meet us unprepared; and on and on, we can go talk of the feats of this scientific age.

But the statement of Jesus remains true, that we cannot discern the signs of the times.

The news we read or view on the screens is frightening. We have come up with innumerable brainwaves and suggestions to deal with the multitudinous problems of society or the human community.

Laws have become stricter, and the enforcement of these laws has become more dynamic.

Yet, we cannot prove by attractive statistics or otherwise that crime, hatred, malice, victimization, and discrimination have truly abated.

On the contrary—people live with more fear, more uncertainty, and more vindictiveness.

Is this just being pessimistic? No. The fact is that once upon a time, police intervention was not needed to maintain the safety of children at school, nor was a secret camera needed to supervise the babysitter. Many similar behaviors can be mentioned as keeping us on our toes!

The problem we face is discerning the meaning of these events. Isn't Jesus right?

If we could discern the signs of the times, we would know that it is time to turn to God. It is time to create God-centered families.

It is time to set the priorities in order. "Seek first the Kingdom of God" for ourselves and for our youth.

We at Agawam United Methodist Church invite you to worship with us. Worship begins at 9:30 a.m., and Sunday School is held at the same time. Nursery care is provided.

Evangelist Kempf At Grace Baptist Church

Evangelist Charles A. Kempf will be conducting special services at the Grace Baptist Church, Sunday, May 5, 1996 through Friday, May 10, 1996. The times of the services will be 10:30 a.m. and 6:00 p.m. on Sunday and 7:00 p.m. throughout the week.

Evangelist Kempf has conducted campaigns coast-to-coast in the United States and abroad for over 20 years. Beside preaching in churches across America, he has also spoken on colleges, high schools, camps, jails, and rest homes. His experience in ministering to all age groups enables him to make the Bible understandable and practical to those who hear him. Rev. Kempf states, "God intended that His Word, the Bible, affect our daily living. When people live in accord with Biblical truth, they experience the greatest life possible on earth."

Evangelist Chuck Kempf received his formal Bible education at Bob Jones University in Greenville, South Carolina. He has also traced the ministry of the Apostle Paul - a journey that took him to Israel, Turkey, Greece, and Italy. Rev. Kempf has authored a book and a number of articles which have been published in several Christian periodicals.

Pastor Todd Kilburn and the congregation of Grace Baptist Church invite you to join them in hearing this preacher of the Bible, as he breaks the Bread of Life to hungry souls. The Grace Baptist Church is located at 475 Pine St. (Route 187), right on the Connecticut line. A nursery will be provided.

Crossroads Fellowship At FH Congregational

Crossroads Christian Fellowship with Pastor Brian Simmons announces that a Sunday Service will start on Sunday, May 5, 1996 at 5:00 p.m. Crossroads will be using the Feeding Hills Con-

gregational Church, 21 North Westfield Street, Feeding Hills, MA.

For further information, please call Eleanor Rae at (413) 667-8729.

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Church News - continued...

Communion Sunday To Be Celebrated At First Baptist Church

Communion will be celebrated this Sunday at the 9:30 a.m. service at First Baptist Church. Fifty-year members Marion Howe and Theda Meyer will be honored.

Also, a special recognition award will be made by the Deacons to a member who has given special service to the church. The name of the recipient will be disclosed at the service.

A social time will follow worship services, with classes for all ages available after the coffee hour.

The fundraising walk to aid the hungry and homeless people of the Greater Springfield area will be held on Sunday afternoon; registration is at 12:00 noon, with the walk to start at 1:00 p.m.

Also this week:

Tuesday, May 7th: 1:15 p.m., EZ Does It Aerobics Class; 7:30 p.m., Church Committee.

Wednesday, May 8th: 7:15 a.m., Mid Week Prayer Time (Chapel); 10:00 a.m. to 6:00 p.m., Trading Post Open; 7:00 p.m., Bible Study (Parlor).

Thursday, May 9th: 1:15 p.m., EZ Does It Aerobics Class; 7:30 p.m., Choir Rehearsal.

Upcoming events:

Sunday, May 12th will be "Bring Your Mom Night" for the junior youth group. Information about summer camping will be presented by Mike Socia. Time: 7:00 p.m.

Also on Sunday, May 12th, the Caring Connection will be selling carnations in celebration of Mother's Day.

If you are planning to attend the Mr. & Mrs. Club banquet on May 21st at 6:00 p.m. at the church, you should get your reservations in by May 12th. See Nancy Edwards or Dot Jenks.

May Is Busy Month At Valley Community Church

The month of May is going to be a busy time for Valley Community Church.

Here's what is happening during the first week of May:

May 2nd: Participation in the "National Day of Prayer." The church's side door will be open to everyone from 6:00 a.m. until 12:00 midnight for individual prayer time.

May 5th: Worship Service and Sunday School, 9:30 a.m. Service conducted by Lyle Pearsons in the absence of Pastor Steve Dennehy.

May 6th: Girl Scouts from 6:30 p.m. until 8:30 p.m.

May 7th: Women's Club meeting at 7:00 p.m. at the home of Dot Wells.

May 9th: Cub Scouts from 6:30 p.m. until 7:45 p.m.

May 11th: Monthly chicken supper with continuous servings from 5:00 p.m. until 7:00 p.m.

Valley Community Church is an inter-denominational church and warmly welcomes everyone who is seeking a personal relationship with God. The church is located "high on a hilltop" at 152 South Westfield Street, Feeding Hills.

Weekly Calendar From Agawam Cong. Church

Worship service continues at 10:30 a.m. this Sunday at the Agawam Congregational Church, 745 Main Street, Agawam.

This Sunday, May 5th, is Family Communion Sunday. Rev. Fuller's sermon will be "Now You Are God's People." Text 1 Peter 2:2-10. The Children's Message will be *You Are The Church*.

The families participating in the service are: Greeters: the Lewis family, Jeanie, Ed & Ian; the Snow family, Lori, Cleave, Rebecca & Sean; Ushers: the Jerserski family, Diane, Fred, Lindsey & Mark; Readers: the Tapply family, Sue, Steve, Adam & Katie, the Bertagnoli family, Stephanie, David, Alexandra & Clara; Gift Bearers: Ann & Jeffrey Woodard, Sally & Katelyn LaValley; Acolytes: Kelly Follis & Christopher Martin.

Join us for this special Family Communion Service.

The "Faith In Action" series for the ninth grade class will begin this week.

This Sunday, May 5th, Mr. Ed Modlewski, Athletic Director at East Longmeadow High School, will be the guest speaker.

On May 12th, the speaker will be from AA/NA; on May 19th, the speaker will be a police officer.

Country Line Dancing continues each Friday night through May 10th from 7:00 to 9:00 p.m. "Millie and the Gang" will teach you all the new dance steps. Join in the fun, put your dancing shoes on, and stop by.

The cost is \$5 at the door. Refreshments are available, and child care is provided for an extra fee.

The Sixth Annual 18 Hole Golf Tournament—The Charlie McCobb Memorial Golf Tournament—will be held on Saturday, June 1, 1996, at St. Anne's Country Club, Feeding Hills.

There will be prizes, prizes, and more prizes for the winners. All golfers are welcome: men, women, seniors, and juniors. The entry fee is \$25 (greens fee, snack, beverage), and carts are available.

For tee times, call Tom Erskine, 786-4783, or Austin Woodard, 786-1675. Call the church office, 786-7111, if you would like to sponsor a hole or place an ad or be a patron.

Check
our
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**FAST
FAST
results!**

Semi-Final Chicken Supper At Valley Community Church

The chicken suppers at Valley Community Church are slowly coming to an end for the summer.

Our semi-final supper will be held on Saturday, May 11th. The menu will feature our all-time favorite baked chicken, gravy, mashed potatoes, stuffing, two hot vegetables, tossed salad, olives, pickles, cranberry sauce, rolls with butter, and a beverage.

This will also be the last time you will have your choice from our community-famous dessert table. (The June supper will feature our strawberry shortcake dessert.)

Continuous servings are available from 5:00 to 7:00 p.m. The cost is \$7 for adults and \$3.50 for children. Reservations are still strongly suggested by calling the church at 786-2445 or Shirley Taylor at 786-2576.

Plan to come early, eat leisurely, enjoy great fellowship, and see a spectacular view as you walk over to the Red Door Theatre to watch a memorable musical called "Once Upon A Mattress," which begins at 7:30 p.m. Reservations for this performance are a must by calling 789-2026.

Spring Smorgasbord Ag. Baptist Church

The Agawam Baptist Church, corner of Main & Elm Sts., will sponsor a Spring Smorgasbord on Saturday, May 4th with servings at 4:45 and 6:15 p.m.

Cost for adults is \$7, and \$3 for children under 10.

The menu will include fruit cup, baked beans, baked ham, turkey, Swedish meatballs, American chop suey, Harvard beets, green bean casserole, sauerkraut, potato salad, sunshine salad, cole slaw, relish tray, rolls, assorted homemade pies, coffee, tea, or milk.

For reservations, call Norma at 786-8209, Martha at 786-0337, or Emma at 786-8624. If you make reservations and find you are unable to come, please call and cancel!

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Spotlight On Business

The Corner Deli & F.H. Public Market Under Same Owner

by Peggy Shoemaker
Advertiser News Feature Writer

Stephen Manolakis was looking for a business to buy four years ago and purchased the **Corner Deli** at the corner of South Park Terrace and Main Street, Agawam Center. His experience since resulted in his buying the **Feeding Hills Public Market** at 634 Springfield Street, Feeding Hills in February.

He is also moving his residence from Springfield to Agawam this week. Both of his convenience store locations have the friendly atmosphere, quality, and items that people like to find in their neighborhood convenience stores.

Steve purchased the **Feeding Hills Public Market** from City Councilman Gary Suffriti, whose family ran it for 25 years. The new owner changed the freezers to coolers to accommodate more cold beverages, soda, juice, etc.

There was a coffee station, but Steven built a counter with stools, added a coffee grinder for the freshest coffee, hot chocolate, and several kinds of cappuccino in dispensers. Beverages can be taken out or enjoyed at the Beverage Center Bar that holds a basket of hard candy, and over it on the wall are several wood bird houses.

In addition to the expected fresh fruits, vegetables, and groceries, there are newspapers, magazines, and cigarettes. A pride of the owner is the delicatessen section with homemade salads made in the rear of the Public Market for both stores. "We make the best macaroni and potato salad," he bragged, and there are grinders, cold cut platters, ham and chicken salad. There is fresh baked Italian bread, rolls, pastries, and homemade soups.

The **Feeding Hills Public Market** is easy to find



THE POPULAR FEEDING HILLS PUBLIC MARKET on Springfield Street was bought during the winter by Stephen Manolakis, the owner and operator of the ever-popular **CORNER DELI** in Agawam Center (across from Westfield Savings Bank). F.H. Public Market and The Corner Deli held a huge Grand Reopening Weekend on March 30th and April 1st.

Advertiser News photos by Jack Devine.

as it is painted a bright aqua color with a bin for ice in front and parking on the side on Letendre Street.

The name **Corner Deli and Variety Store** was given to the Main Street location when it was purchased by Manolakis from Jerry Sibilia. The building is rented from Kathy Ayre, owner of Ayre Real Estate, who says it was built in the 1920's.

She thinks it has always contained a store. She said it was once Carol Jane's Ice Cream Shop and another owner, Martha Thompson, had a menu that featured fish and chips. Sometimes it had an ice cream counter, and sometimes tables. There is no seating inside now.

SEE MARKET & DELI - Page 23...

Richard Stepanik & Sons Farm

1039 Shoemaker Lane, Feeding Hills

Large Selection Of
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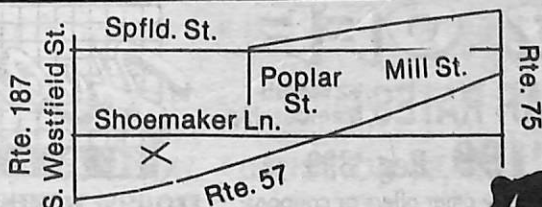
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Spotlight On Business - continued...



STEPHEN MANOLAKIS is now the owner and operator of both The Corner Deli and Feeding Hills Public Market. Advertiser News photo by Jack Devine.



FEEDING HILLS RESIDENT SAM CAN-NARELLA is assisted by **Dave Gallerani** of Feeding Hills Public Market. Advertiser News photo by Jack Devine.



LONGTIME CORNER DELI EMPLOYEE Joan Eagan was dressed as the Easter Bunny last month in front of both The Deli and at Feeding Hills Public Market. Advertiser News photo by Jack Devine.

MARKET & DELI - from Page 22...

Steve is aware that neighborhood folk used to call the **Corner Deli** "The Green Store." He said some people refer to it now as the red store, even though the first floor is brown and the second red, with a green and white awning in front.

There are picnic tables in front and a marquee that sometimes extends holiday greetings or lists specials. Recently, the sign had "Happy 2nd Birthday Joseph." Joseph is Steve's little son, whom he calls "my pride and joy."

Bird houses and feeders at both stores were made by Tony Cellilli, a retired neighbor who enjoys a wood-working hobby. They come in several designs and are unpainted. Orders can be left at

either store.

The **Corner Deli** has six employees. Two of them, Terry Gallerani, manager, and Joan Eagan, are full-time and have worked at The Deli for years. The **Public Market** has four employees in addition to the owner. When Steve is not present at the market, his brother, Matthew, is in charge.

Looking to the future, Steve said he hopes to enlarge the take-home section to include full container meals that one can take home and just heat up in the microwave.

"I really do like Agawam," Steve remarked. "I like the people and the town. I'm moving here at the beginning of May to occupy the apartment over the Public Market."

Both stores are open daily from 6:00 a.m. to 9:00 p.m.

We urge our readers to patronize the fine merchants who advertise in The Advertiser News each week!!!

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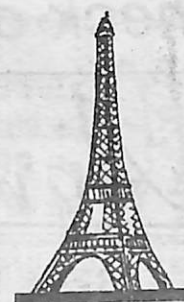


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* The Introductory PrimeEQUITYLINE Annual Rate is fixed until January 1, 1997. The interest rate after that date may vary monthly, and will be based on the highest Prime Rate published in the Wall Street Journal plus 0% through year 10 (draw period) then .75% over the Wall Street Journal Prime Rate for the remaining 10 years (repayment). This offer applies to a minimum loan amount of \$5,000 for Home Equity Loans, \$10,000 for the PrimeEQUITYLINE and a maximum loan to value of 75% of the appraised value up to \$100,000 for either product. The maximum APR for these products is 18%. Hazard Insurance is required. Rates as of 2/14/96. This offer may be withdrawn or changed without notice.

MEMBER F.D.I.C.



Spotlight On Business - continued...**Century 21**

by
John Schuler
Real Estate
Consultant

Newschu Real Estate, Inc.
820 Suffield St., Agawam, 789-1117



Would-Be Buyers: Now Is The Time To Prepare For The Spring Home-Shopping Season

So you've decided to act on that New Year's resolution to start the exciting search that will end up with the purchase of your dream home. Now that you have chosen to buy, it's time to begin your adventure. Don't get left behind. When the season peaks in late spring, most of your work should be nearly complete. Here are some tips to set you on the right track:

Before you pile into the family car to visit the communities in which you will concentrate your search, get pre-qualified. Find out from your local lender how much you can actually afford to spend on a home. This eye-opening visit can take less than an hour, and it will determine your spending limit. This is important because it will protect you from falling for an object of obsession - the expensive home you "must have," but sadly cannot afford.

At the same time, start assembling your "search kit," a kit that contains a camera, detailed street map of your target area and checklists on each listing you visit. In today's buyer's market, better informed and far ranging home buyers visit an average 10-15 houses for sale (some buyers check out many more than that). This is a big increase over the five to eight listings that a pro-

spective buyer sees in a "grab 'em up" seller's market. Also, be prepared to detailed notes.

Most real estate professionals ask their clients to make three lists of home features: a "wish" list, "must have" list, and "don't want" list - those totally unacceptable and objectionable characteristics that no amount of guarantees will overcome, such as a damp basement.

When you are ready to venture forth, practice the art of the "streetwise" observer. Every neighborhood and every home has its distinct "make or break" characteristics. A quick look at a house should reveal whether the rooms are large enough and whether there is adequate light and air. A realistic overview of a neighborhood you like should show you who is out on the streets at different hours; whether well-concealed train tracks or waste treatment facilities are out of sight, but not out of mind. Remember that only you, the buyer, are responsible for finding these detrimental aspects.

Most important, rely on professional help. Although prospective buyers use various sources to search out a home, real estate brokers and sales associates are still the most important, according to a study by the National Association of Realtors. In 1993 (the latest year that figures are available), more than eight in 10 buyers turned to agents during their home search, up 20 percent from 1991. Newspaper ads, yard signs, and open houses also were viable sources, but the consensus remains clear. Only a real estate professional can deliver the level of service you need when you shop for a new home.

The CENTURY 21 System, for example, has a number of helpful, free publications that explain in detail how and why you should consult with a broker or sales associate. In addition, a home inspector will thoroughly survey a property for hidden defects. (Indeed, this is a tip for sellers as well. Both parties to a sale should know beforehand whether serious repairs are in order.) A real estate lawyer can also be of tremendous assistance ... and not only at the critical closing stage ... because he or she can explain all the details involved in an on-going negotiation.

Finally, don't become infatuated with a home you shouldn't buy. There will be others you will want just as much.

(John Schuler is the Broker/Owner of CENTURY 21 Newschu Real Estate, Inc. located in the Southgate Plaza, Agawam, MA [413-789-1117]).

New Agents Join Staff Offices Of Stearns & Yerrall, Inc., Realtors

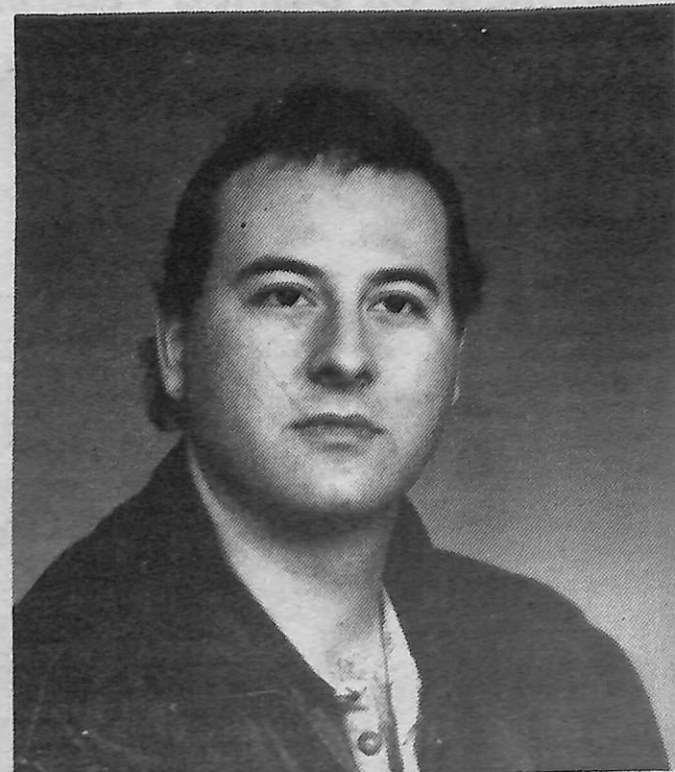
George R. Yerrall, President of Stearns & Yerrall, Inc. Realtors, is pleased to announce that the following agents have joined the offices of Stearns & Yerrall, Inc. Realtors.

Mary Campbell has joined the Springfield office of the company. She has three years' experience

in real estate and currently resides in Hampden, MA.

Linda Saltmarsh has joined the company's Westfield office. A graduate of West Springfield High School and Springfield Technical Community College, she currently resides in West Springfield, MA.

Check our classified pages each week!



JEFF HUGABONE

Jeff Hugabone Joins WTIC AM/FM Radio

Jeffrey Hugabone has recently been named Assistant Chief Engineer at WTIC AM/FM in Hartford; he formerly was engineer at WDRG AM/FM.

Jeff was a technical advisor for Springfield College radio station WSCB-FM, a member of the Society of Broadcast Engineers, and Vice President of the Hampden County Radio Association. Jeff is currently pursuing a degree in electrical engineering at STCC.

The son of Candis Rose of Feeding Hills and Raymond Hugabone of Longmeadow, Jeffrey now resides in Chicopee.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

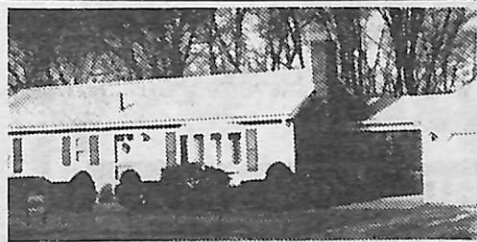
Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, on THURSDAY, MAY 16, 1996, at 6:30 P.M. for all parties interested in the appeal of BAYSTATE GAS COMPANY which is seeking a SPECIAL PERMIT in accordance with Section 180-7, Paragraph B of the Zoning Ordinances, which would allow for the construction of a new regulator building at the premises identified as 202 SPRINGFIELD STREET.

Ronald Hebert, Chairman

Published: May 2, 1996

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FEEDING HILLS

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789-0812 Anne DePalma 788-0796



AGAWAM

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789-0812 Kathy Ayre 786-6150



AGAWAM

Deceivingly spacious Ranch style home with plus/minus 2,000 sf. Huge family rm & master bedroom, 2c garage & more. \$115,000.

789-0812 Kathy Ayre 786-6150



AGAWAM

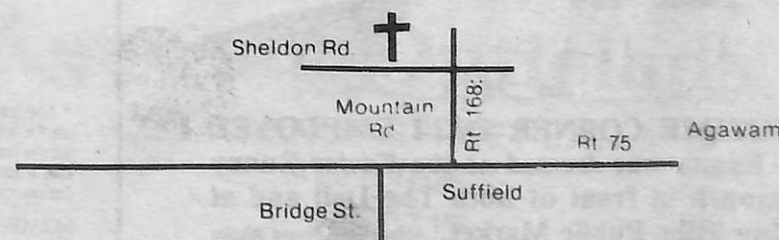
Spacious stained Contemporary R. Ranch, 3 baths, fp, gorgeous fam rm/wet bar, manicured yard, ideal in-law poss. \$159,900.

789-0812 Anne DePalma 789-0812



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Spotlight On Business - continued...

Helen Teree Earns Professional Degree For Stearns & Yerrall

George R. Yerrall, IV, President of Stearns & Yerrall Realtors, is pleased to announce that Helen Teree of the Longmeadow Sales office has been awarded the Certified Residential Specialist (CRS) designation by the Residential Sales Council of the REALTORS National Marketing Institute, an affiliate of the NATIONAL ASSOCIATION of REALTORS.

The total number of CRS Designees in the United States is over 28,000.

Those receiving the CRS Designation must complete the required courses offered by the Residential Sales Council, and must demonstrate specific expertise in applied residential real estate marketing. Less than four percent of all REALTORS hold this designation.

The Residential Sales Council of the REALTORS National Marketing Institute is dedicated to the professionalism of the residential sales associate. It offers education, products, and services to assist in the professional career growth of sales associates.

A resident of Springfield, MA, Ms. Teree has been a Realtor for 13 years and is a member of the Greater Springfield Association of Realtors, Massachusetts Association of Realtors, and the National Association of Realtors. She also holds the prestigious designation of Graduate, Realtor Institute (GRI).

Pam Savioli Named "Agent Of Month" By Landry, Lyons, Whyte

Landry, Lyons & Whyte/Better Homes & Garden has recently named Pam Savioli "Agent of the Month" of the Feeding Hills office. This award is given to the Agent with the highest number of listings and sales for the month.

Pam has been a successful full-time Realtor since 1986. She is a Certified Residential Sales Specialist and a New Homes Sales Specialist.

If you are interested in looking for your first home, moving to another home, or building a home, Pam Savioli is the Agent to call (home office - 413-786-0663).

Please remember that Jack Devine needs at least 48 hours notice to cover your event.


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Record First Quarter For Westfield Savings Reported By Williams

The opening quarter of 1996 hit new highs for Westfield Savings Bank in all major areas, according to figures reported this week by President Donald A. Williams.

As of March 31st, total assets amounted to \$479,259,125, an increase of \$11,502,091 for the first quarter. Growth in deposits in the amount of \$10,512,456 represented a major part of the overall increase.

"Customers responding to our highly competitive and attractive interest rates on CDs, IRAs, and our new Summit Money Market account were responsible for this large increase in deposits," President Williams commented.

"We also saw extremely heavy activity in mortgages due to the Fixed Rate Mortgage Loan rates we introduced in January. The response was instantaneous and resulted in a large number of local families being able to purchase homes of their own, in many cases their first home," Mr. Williams added.

Within the quarter, a total of \$3,150,436 was added to the Bank's mortgage portfolio, bringing that total to \$276,908,861. Consumer loans also recorded an increase of \$736,858, raising that total to \$29,436,611.

First quarter income for Westfield Savings amounted to \$999,084.

Adult Spelling Bee To Benefit West Spfld. Partnership For Ed.

Area businesses are urged to select their best spellers to compete in the area's first-ever adult Spelling Bee to benefit the many enrichment programs of the West Springfield Partnership for Education. The event will take place on May 9th, beginning at 7:00 p.m. at the Storowton Carriage House, West Springfield.

Teams of three spellers will match their skills against teams within their category (i.e., bankers, media, etc.). The winners in each category will compete in a championship round.

At the end of the evening, one team will be the winner. There will be no solo spelling, as each team consults to decide its response.

The fee for participation in the Spelling Bee is \$200 per team.

The West Springfield Partnership for Education is an independent, non-profit, educational corporation dedicated to improving the quality of education and strengthening community support for the West Springfield public and private schools.

For registration information, contact Kerry Wallace at United Cooperative Bank, P.O. Box 9020, West Springfield, MA 01090-9020, or call 787-1212.

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 <p>MITCH'S Professional</p> <p>LAWN FOOD 25-7-11 BUY ONE!</p> <p>\$13.99 5,000 Sq. Ft.</p> <p>GET ONE FREE!</p>	<p>BEAUTIFUL HANGING FLOWER BASKETS</p> <ul style="list-style-type: none"> • Petunias • Begonias • Impatiens • Many More <p>\$8.99 8 in.</p> <p>Or 2 For \$15.00</p>	<p>Sale Thru May 9, 1996</p>  <p>Mitch's GARDENS</p> <p>LAWN & GARDEN FLORIST GREENHOUSE! 1268 Suffield Street, Rt. 75, Agawam Tel. 789-2400 MON.-FRI. 9-8 SAT. & SUN. 9-6 Gift Certificates Available</p>
<p>BAGGED GOODS SALE</p> <p>DECORATIVE MULCH</p> <ul style="list-style-type: none"> • Pine Nuggets • Pine Mulch • Pine Mini Nuggets • Cedar Mulch <p>3 For \$11.99 Or \$4.99 Ea.</p> <p>Landscape Fabric (3' x 50') \$11.99</p>	<p>FLOWERING ANNUALS</p> <ul style="list-style-type: none"> • Allysum • Impatiens • Pansies • Petunias • Marigolds • And More <p>\$1.69 6 Pack</p> <p>\$11.99 (Tray Of 48)</p>	<p>ARBORVITAES</p> <p>The Evergreen Fence</p> <p>3 Ft. \$17.99 Ea.</p> <p>Or 10 For \$169.99</p> <p>4 Ft. \$19.99 Ea.</p> <p>Or 10 For \$199.99</p>
<p>TOP SOIL</p> <p>\$1.99 40 Lb.</p> <p>Or 3 For \$4.99</p>	<p>PERENNIALS</p> <ul style="list-style-type: none"> • Flowers That Bloom Year After Year • Varieties For Both Sun & Shade <p>\$1.99 4 in.</p> <p>Or 3 For \$3.99</p>	<p>FLOWERING TREES</p> <p>White Dogwood 5-6' \$49.99</p> <p>Pink Dogwood 5-6' \$59.99</p> <p>6-8' Purple Plum \$69.00</p> <p>6-8' Red Bud \$69.00</p>
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<p>LIME PELLETS</p> <p>3 For \$9.99 Or \$3.99 Ea.</p> <p>Powder Lime (50 Lb.) \$1.69</p>		

For Your Health

Agawam Doctor Named Director At Local MSPCA

The Massachusetts Society for the Prevention of Cruelty to Animals (MSPCA) and its educational affiliate, the American Humane Education Society (AHES) has instituted a new leadership team at Rowley Memorial Animal Hospital and at the MSPCA Shelter in Springfield to enhance its veterinary services, animal protection and sheltering services, and educational programs in western New England.

Dr. Rhea Volk Morgan of Agawam, author and professor of veterinary medicine, recently became chief of staff at the 82 year-old area institution. She joins Nancy Carroll, MSPCA Springfield Shelter Manager, at the helm of western New England's only full-service veterinary hospital.

Dr. Morgan comes to Rowley from the University of Tennessee where she was professor of ophthalmology in the prestigious Department of Small Animal Clinical Sciences for four years. Prior to her tenured position at the university, Dr. Morgan was associated with the Massachusetts Society for the Prevention of Cruelty to Animals/American Humane Education Society's Angell Memorial Hospital in Boston for over a decade.

"I am honored to be a part of the dynamic veterinary team in place here at Rowley," explains Dr. Morgan. "We have a very progressive vision for the future. I'm confident that with the resources of the MSPCA/AHES coupled with our own staff's expertise, we will continue to expand our services to this region."

Dr. Morgan succeeds the well-respected Dr. Joseph Stoyak, who first came to Rowley in 1952 and has served as Chief of Staff for 17 years. She will lead the Rowley management team that includes Nancy Carroll, who has managed the MSPCA/AHES shelter at Rowley, the largest of its kind in western New England, since 1994.

Carroll worked for eight years in a variety of educational and supervisory positions with the MSPCA/AHES and is a graduate of Tufts University. Together, the two women expect to build upon the excellent reputation of the facility.

"In the short run, we have instituted measures to improve our customer service and provide a wider range of acute medical services to area animals. In the longer run, we anticipate a significantly expanded facility with state-of-the-art equipment and a variety of veterinary specialists. We are uniquely positioned to bring this future to western New England."

Dr. Morgan is the author of five fundamental textbooks on veterinary medicine. She has written or co-authored 50 papers on a wide variety of veterinary subjects and has been the recipient of numerous veterinary awards, including the National American Hospital Association Award for Distinguished Service.

Rowley, a privately funded, multi-service facility was founded by the MSPCA in 1914 and is still located in its original building in the south end of Springfield. The hospital treats over 20,000 animals each year. The shelter takes in 9,000 homeless and unwanted animals yearly.

Serving western Massachusetts, southern Vermont and New Hampshire, northern Connecticut, and eastern New York, MSPCA's Springfield hospital and shelter receives no government funding. In addition to veterinary care and animal sheltering, MSPCA/AHES plays a vital role in law enforcement to protect animals, humane education in area public schools, legislative initiatives, and community awareness regarding wildlife and veterinary issues.

Better Breathers At Noble Hospital May 13

Noble Hospital's Better Breather's Support Group will meet on Monday, May 13th, at 2:00 p.m. in the Coffee Shop on the first floor of Noble Hospital.

To register for the support group, call the Respiratory Department at 568-2811, ext. 5986.

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Int-rlm
HEALTH CARE.



AGAWAM RESIDENT AND newly-appointed chief of staff at the MSPCA/Rowley Animal Hospital in Springfield is Dr. Rhea Volk Morgan. Here, Dr. Morgan performs an eye exam on one of the more than 20,000 animals the hospital sees each year.

Providence Hospital To Conduct "Sibling Class" On May 9th

The Center for Women's Health at Providence Hospital will conduct a "Sibling Class" on Thursday, May 9th, from 5:45 to 6:45 p.m. in room 5, third floor/west wing of the hospital.

The program, aimed at children from ages three to 10, is designed to prepare big brothers and sisters-to-be for the arrival of a new baby. Instructor Rita Ramsey, R.N., uses storytelling, role-playing, and life-sized dolls, and allows ample time for questions and answers.

Cost is \$10 per family (sliding scale available); advance registration is required.

For more information, call (413) 539-2950.

Cancer Support Group To Meet May 16th At Noble Hospital

Noble Hospital's Cancer Support Group will meet Thursday, May 16th, at 7:00 p.m. in the hospital's Auditorium A - located on the ground floor of the hospital.

The monthly support group is open to individuals with cancer, and their families or support persons. Nancy Ferguson, M.Ed., is the group facilitator.

Registration is not required. For further information, please contact Ana Nunez, R.N., oncology at Noble Hospital, 568-2811, ext. 5698.

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For Your Health - continued...

Teen Health Expo At Ag. Medical West



AGAWAM MEDICAL WEST on Main Street held a "Teen Health Expo" last month. Staff members who participated in the event included (PHOTO ABOVE) Mary Potorski, Dr. Gay Fried, Allison Guiliano and Sue Kupiec; MIDDLE PHOTO - Dianna Sabourin (RN), Susan Doe (RN), Shirley Trusiewicz, and Pharmacist Dan Frodyma; THIRD PHOTO - AnneMarie LeGrand (RN), Donna McKay (LPN), Claire Remillard (LPN), and Nancy Burns (RN, Brightwood Medical Center). Advertiser News photos by Jack Devine.



Program Offered To Help Teens Deal With Self-Esteem And Stress

Medical West Associates in Agawam will be offering **Just For Teens: "Knowing What You Want; Being Who You Are,"** a two-part program aimed at teenagers to build self-esteem and reduce stress in the busy world they live in. Teens are welcome to join in a relaxed, easygoing discussion with Debra Morse, M.S., who will talk about issues that affect teens today.

The program will take place on two Mondays, May 13th and 20th, from 4:00 to 5:30 p.m. at the offices of Medical West Associates, located in the Agawam Health Center, 230 Main Street, Agawam. The cost is \$6 (HMO Blue), \$9 (BCBS), or \$15 (others).

Medical West Associates is a physicians' group practice affiliated with Blue Cross and Blue Shield of Massachusetts. The dedicated, caring professionals at MWA work together as a team to deliver high-quality, cost-effective health care.

For more information and to pre-register for the teen-oriented program, call (413) 598-7132.

Remember, our deadline is each Tuesday at 12:00 noon. We thank you for your cooperation ... AAN!



Ask Dr.

by Stephen Jacapraro,
D.M.D.

1379 Main Street,
Agawam, MA 01001
(413) 786-8177

DENTURE CARE

Q. What steps should a person take to keep dentures clean?

A. Adopt a regular cleaning routine to keep dentures attractive and to remove food particles that can stain a denture, harbor bacteria, cause bad breath or irritate gums.

Brush all denture surfaces daily with a polish that is made for use with dentures. If you have a partial denture, don't be too vigorous in brushing the clasps. On removing a denture at night, soak it in a denture-cleaning solution. The solution is made by dropping a denture-cleanser tablet into a small container filled with enough water to cover the denture. Thoroughly rinse the denture in the morning before inserting. Do not use hot water to soak or rinse. Dentures are long-lasting, but an annual checkup is advisable to see how the gums are faring and if gradual changes in the gums have affected denture fit.

REPLACEMENT CHOICES

Q. If one or two adjacent teeth are lost, what methods of replacement are available?

A. There are several choices. Determining the most appropriate in each case depends on various factors.

Replacement most often is done with a **fixed bridge**, meaning it is fixed in place. This is accomplished by preparing the teeth on each side of the gap to accept crowns. The bridge consists of natural looking substitute teeth between crowns which are cemented over the abutment teeth. A variation is called the **Maryland bridge**. Instead of using crowns, the substitute teeth are bonded to abutment teeth with metal clasps. Another variation is suitable for replacement of a single, narrow tooth. In such cases a replacement tooth is anchored by crowning only one abutment tooth.

Still another replacement method is the **implant**, which takes much more preparation and time and is the costliest choice.

Brought to you as a public service by Dr. Stephen R. Jacapraro, D.M.D., 1379 Main St., Agawam, MA 01001, (413) 786-8177.



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For Your Health - continued...

Managing
YOUR
STRESSby Dr. Stephen Sobel
M.S., S.M.C.The "Lubrication & Grit"
Philosophy Of Parenting

Dear Dr. Sobel: I greatly enjoy your views on living life fully and increasing self-esteem not only for adults but for children.

You commented recently on a television show that you were featured on that, "Parenting is still the only area where many times we feel, as parents, like consistent amateurs." I agree with this, especially as I am attempting to raise and guide a 10 year-old and a 13 year-old.

What works some days, does not work other days ... yet I try and remain as consistent as possible and try not to yell. It is so easy as a parent to lose control because my kids know not only the right button to push, but WHEN (!) to push it!

Thanks also for the info on parenting in the 90's and beyond. Most illuminating.

Thanks - M.H., Feeding Hills

Response: Kids provide us with the great opportunity to learn how much love we are really capable of giving. They lubricate our hearts with wonderfully deep feelings, and re-establish to us that the greatest gift is perhaps having the ability to care so deeply about another person.

This is where kids bring out the best in us. They lubricate our spirit and heart.

On the other hand, they also test us each day (and it seems sometimes, each moment!) and really want to know if you are that patient person you tell other parents you are. So I can safely say that in addition to their "lubrication," they also provide plenty of irritating "grit"!

The grit brings our lubricating abilities to a halt, and we need to keep a clear head to keep our hearts and spirits in the right direction and mood.

Try to make your kids feel as significant as you can by providing them with opportunities to shine; some of the grit might stop coming your way ... at least temporarily!

My best, Dr. Steve Sobel

VITAL NEWS: DO NOT LET YOUR CHILD BE LEFT OUT!

Dr. Steve Sobel will be presenting a very special program to the children of Agawam and Feeding Hills on Saturday, June 8th, from 10:00 to 11:30 a.m. at the Leonard House.

The program is titled "CREATING HIGH SELF-ESTEEM and EMPOWERMENT FOR CHILDREN AGES 9 TO 14." It is a program attended just by the kids!

Call Ric at The AAN at 786-7747, or Dr. Sobel directly at 785-1259. Cost is set at \$10 per child.

Dr. Sobel has presented this program throughout the country, and he will also speak at your meetings/conferences.

ALSO, interested adults can register for Dr. Sobel's three-session program called "LIFE-POWER," which starts in June 1996. Call or write for full program outline.

(Dr. Steve Sobel, c/o The New England Institute For Stress Management, 425 Union Street, West Springfield, MA 01089.)

Fitness First Participating In
"Dance For Heart" Night

Two area health clubs will be promoting healthy hearts while raising money for the American Heart Association in May as part of National Fitness Month.

Fitness First Health and Fitness Center in Feeding Hills will be holding the event on Saturday, May 4th, beginning at 9:15 a.m., and Healthy Habits for Women in Agawam will be hosting the event on Saturday, May 18th, from 9:30 a.m. to 12:30 p.m.

Both clubs welcome the public to participate and collect pledges for the Heart Association in return for various prizes.

Guests are also welcome to participate at either club for a donation to the American Heart Association. Members of other area clubs are also invited.

Please help these local clubs reach the goal of \$5,000. They need your support. Get a great workout for a great cause.

For more information on how you can participate, please call Fitness First in Feeding Hills at 786-1460; Healthy Habits in Agawam at 786-1515; or Pam Moleski at the American Heart Association at 827-0400.

Check our classified pages today...

Osteoporosis Can Be
Prevented By Regular
Exercise Regimenby Barb Vinciguerra
Assistant General Manager
Fitness First Health

Osteoporosis is a disease characterized by low bone mass and deterioration of bone tissue leading to increase thinness and fragility of the bone structure.

It usually occurs in older individuals and in particular, women. More than 60 percent of women between the ages of 55-64 have osteoporosis, and this number is even higher past the age of 64.

Osteoporosis is generally associated with increased susceptibility to bone fractures. It is estimated that osteoporosis is responsible for over 1.5 million fractures per year. Injuries that can impair the quality of life in an otherwise healthy individual. Risk factors for osteoporosis include age, gender, low levels of estrogen, family history, early menopause, calcium deficiency, smoking, and a sedentary lifestyle.

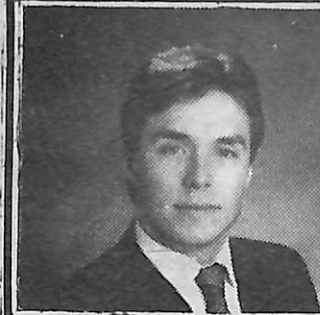
Exercise has been found to be a positive lifestyle behavior that helps to prevent osteoporosis fractures. The American College of Sports Medicine (ACSM) in 1995 concluded that weight bearing physical activity is essential for the development and maintenance of a healthy skeleton.

Exercise has also been found to help with individuals with developing and maintaining balance, which can help to lead to fewer falls (the major cause of fractures in older adults). Two questions that I am frequently asked by individuals who have or know someone who has osteoporosis are:

"What exactly are weight bearing activities?" and "How often should I participate in these activities?" Activities such as resistance training (strength training) and walking are considered to be weight bearing activities. Cycling and swimming, although excellent types of activities for developing health and fitness, are not as effective for the maintenance of bone mass.

It's important to note that there are other factors such as nutritional intake and hormone replacement therapy that are also very important in the maintenance of bone integrity. If you or someone you know has osteoporosis, come hear an informative seminar at **Fitness First on Wednesday, May 15th from 9:30 a.m.-11:30 a.m. or 6:30-8:30 p.m.**

Call 786-1460 for more information.

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Your Healthby Dr. Joseph
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Chiropractic Care For Children

At the very moment that most people discover that they are about to become parents, they begin preparing for the arrival of the new member of the family. They read informative books and begin making the necessary preparations.

Rarely do child care books give attention to the vital matter of the baby's spine and nervous system. Yet, it is in the first few years of childhood that serious structural problems of the spine have their beginnings.

We see subluxations, fixations, spinal curvatures, and other structural distortions beginning in infancy. Before the body accommodates itself to these maladies, in early childhood, they can be easily and effectively corrected.

The child's growing spine is very susceptible to the bumps and falls he experiences during toddlerhood. Even a difficult birth process, during which abnormal stretching and pulling on the head and neck happens, may result in the first misalignment in the spine.

Children suffer from a variety of ailments which, in many cases, respond well to chiropractic care, including bedwetting, hyperactivity, spine or back problems, and headaches. Oftentimes, the symptom rather than the underlying cause is being treated with medication. Instead, the health problem is a malfunctioning nervous system.

The doctor of chiropractic corrects the underlying cause and the symptoms vanish without the need of medications. **Schlaffer Chiropractic Office** is concerned about the health of our children. Call us at 789-1369 or 789-1073.

New Mothers' Support
At Providence Hosp.

The Center for Women's Health at Providence Hospital in Holyoke offers a free New Mothers' Support Group for moms with babies up to six months-old. The group will meet on Wednesday, May 8th, from 10:30 to 11:30 a.m. in room 5, third floor/west wing of the hospital.

Judy Hatch, R.N., I.B.L.C., facilitates the meetings, which provide information on topics including newborn care, infant feeding, parenting, and postpartum concerns. Mothers are encouraged to bring their babies.

Advance registration is required. For more information, call (413) 539-2950.

You Can Win the
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Discover how to turn up your metabolism & shut down fat storage with 22 News' Nutritionist **Nancy Dell, RD.** Then learn how to get motivated & stay motivated with Behavior Therapist **Deb Papagno.**

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Registration fee just \$29.

For Your Health - continued...



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786-4820

Beginning Stretches

The more research that is conducted, the more evidence reveals the importance of stretching for everyone, whether you consider yourself an athlete or not. Even simple stretches can have an incredible effect, as this quote by Jean Baer states, "The change of one simple behavior can affect other behaviors and thus change many things."

So it is true with simple stretching. The problem is that we attend clinics, workshops, etc., and get inundated with so many stretches we don't know where to begin or just say to ourselves, "I don't have the time."

Starting this week with this article, we are going to introduce one stretch a week to incorporate into our lives.

The first stretch is one I've been working on myself. It started several weeks ago when a beautiful elderly woman came into my office. She had great posture and spine.

She stated that several times a day she interlaces her fingers behind her back, slowly turns her elbows inward, and straightens her arms. This stretches her back, shoulders, and arms.

I noticed in the mirror that my own posture needs improvement; after bending over patients all day, my shoulders were starting to hunch forward slightly.

This stretch makes an incredible difference. This is perfect for people who work at a desk, computer, machine shop, teaching, or any activity where you are leaning forward or your shoulders are slumped forward. This stretches the muscles the opposite way.

Start doing the stretches several times per day, or whenever it occurs to you. The shower is a great place or when getting up from your desk. Try incorporating this stretch today and remember, "For every action in life, there is a reaction."



Food for Thought

by Nancy Dell
Registered Dietician

Shake The Sodium Habit

Medical authorities say congestive heart failure (CHF) is the leading cause of hospitalization for Americans 40 and older. It's a condition in which the heart is unable to pump enough blood to meet the needs of the body. And they say from one-quarter to one-half of CHF patients admitted for hospital care must be re-admitted within three to six months of discharge.

But according to a recently completed study at the Washington University Medical Center in St. Louis, a new CHF treatment approach (based on extensive patient education and follow-up care) can significantly reduce costly hospital re-admission, while also improving quality of life for CHF patients.

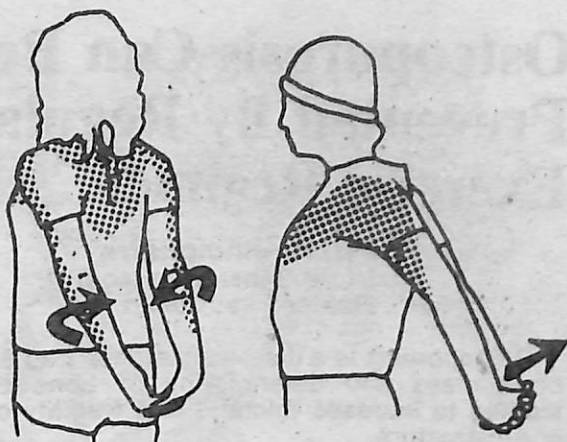
Michael Rich, MD, of Washington University Medical Center says simply by stressing such treatment basics as eating a low-salt diet and taking medications properly, his team was able to reduce re-admissions in the treatment group by 44 percent. And that, Rich says, produced significant cost savings.

The average heart patient has a sodium budget of 2,000 mg a day—that's about 1 tsp. To stay below 2,000 mg, avoid salting your foods and read labels.

For example, three ounces of beef has just 50 grams of sodium. Make the beef into a hot dog and you'll swallow 500 grams of sodium.

Avoiding these processed foods can cut sodium and keep your heart healthy.

Nancy Dell, MS, is the Media Representative for the Western Mass. Dietetic Association and a Registered Dietitian with a private practice in Feeding Hills. She can be reached at (413) 786-2957.



Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills. She is available to answer questions on Monday and Wednesday from 1:00 to 2:00 p.m. at 786-4820.

Diabetes Management At Providence Hosp.

Providence Hospital's free educational series, "The Management of Diabetes," will begin May 3rd. Sessions will be conducted Fridays, 7:00-9:00 p.m., in the hospital conference room.

Topics to be covered on May 3rd include the signs and symptoms of diabetes, coping with diabetes, and self blood glucose monitoring. On May 10th, participants will learn about insulin and oral drug use, plus acute complications which may accompany these treatments.

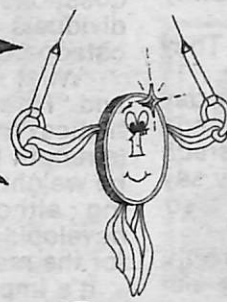
The May 17th presentation will explore acute and chronic complications, and will include a discussion on the importance of foot care. The series will conclude May 24th.

Mary Ellen Strzempko, R.N., C.D.E., facilitates the program, which is open to diabetics, their families, and the public. No advance registration is necessary. For more information, call (413) 539-2938.

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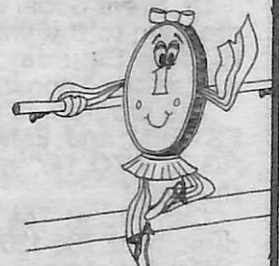
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May 15th and
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Bird discounts



PETRICK & MIA will be at The Red Door Theatre in Feeding Hills on May 8th.

Red Door Theatre In Feeding Hills Offers Magic Show & Lecture

Magic will fill the air on Wednesday, May 8th, at 7:00 p.m. when Petrick & Mia—Europe's foremost and internationally acclaimed magicians—will present their Magic Show and Lecture (sponsored by Magic Club Assembly No. 17) at The Red Door Theatre, 152 South Westfield Street, Feeding Hills.

Petrick & Mia came to this country in 1979 after a harrowing escape from the oppression of Communist Czechoslovakia. This dramatic journey required them to cross the borders of three Eastern Bloc Nations using their "creativity" and "magical skills" in order to fulfill their dream of entertaining in the Free World. Their story reads like a thriller.

They will begin their evening in Feeding Hills with an exciting, one-hour Magic and Comedy Show, where you can see Petrick's original effects for stage and comedy magic, parlour, and close-up show. This show is filled with excitement, magic, laughter, and dozens of surprises. There will be something for everyone, and anybody can attend this hour of magic, comedy, and lots of fun.

The second hour of this program is for magicians only, where Petrick will lecture and explain his latest ideas. Petrick is the creative innovator of literally hundreds of original magic effects and illusions. He is a leading international author, lecturer, and performer in the field of magic.

An inventor by nature, his unique brand of modern wizardry proceeds from the impossible to the incredible and continually dazzles, deceives, and delights audiences.

Both Petrick & Mia are dynamic performers who have captivated and enthralled audiences around the world, and they have made television and personal appearances throughout the world.

Creativity, craftsmanship, and class are the hallmarks that have earned Petrick & Mia a reputation as truly innovative magical entertainers whose style, originality, and commitment to excellence set the standard for other performers to follow.

Tickets for the show are \$3 for children under 13 years of age; \$6 for anyone 13 and older; and \$15 for those attending both the show and the lecture.

Tickets are available at the door; however, for advance tickets and more information, call Thomas Gentile, (413) 533-7653.

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Hilltop Players To Have Fun With Classic Fairy Tale

The Hilltop Players Family Theatre will present the Broadway musical "ONCE UPON A MATTRESS" on May 10th, 11th, 17th, and 18th at 7:30 p.m., and May 12th at 2:00 p.m. at the Red Door Theatre, 152 S. Westfield Street, Feeding Hills, MA.

"ONCE UPON A MATTRESS" is a hilarious retelling of the age-old fairy tale about the princess and the pea. A wandering minstrel (Dave Dello Russo of Agawam) introduces the audience to the story by singing the tale of old.

"But," says the minstrel, "that is not how the true story goes! There was not one princess tested, but in fact, on the day I arrived they were testing princess number 12." And the "true" story begins.

As the curtain rises, we are introduced to the nagging and talkative Queen Aggravain (Debra Macey-Taylor of Agawam) and the mute and frustrated King Sextimus (Lyle Pearsons of Suffield) who are overseeing the testing of Princess Number 12 (Lindsay Nickerson of Wilbraham).

Anxiously awaiting the end of the test are Prince Dauntless (Steve Sands of Agawam), who wants to get married, and Lady Larken (Amy Millette of Northampton), who needs to get married. The Wizard (Gary Winn of Feeding Hills) has conspired with the queen to devise a test that "sounds fair, looks fair, seems fair, but isn't fair."

Entering the scene is Lady Larken's love, Sir Harry (Chris Stanley of Enfield), who has brought with him a Princess Winnifred (Mary Broderick of East Longmeadow) to be tested. This princess comes from the swamp land beyond the castle borders and is anything but fair, shy, and demure. The Queen is persuaded to test her, and madness and mayhem result.

"ONCE UPON A MATTRESS" marked the Broadway debut of funny lady Carol Burnett and made her a star. The show is filled with laughter and songs such as "IN A LITTLE WHILE," "I'M IN



THE HILLTOP PLAYERS Debra Macey-Taylor of Agawam; Mary Broderick, Longmeadow; and Richard Authier, Springfield are presenting the musical, "Once Upon A Mattress" at the Red Door Theatre in Feeding Hills beginning May 10th.

LOVE WITH A GIRL NAMED FRED," "HAPPILY, HAPPILY EVER AFTER," and many more.

The production is sure to delight the entire family, and with a ticket price of only \$5 per person, this show is a bargain not to be missed!

Seating at the Red Door Theatre is by reservation. If you would like tickets or information, call (413) 789-2026. Make your reservations early because the Hilltop Players' shows often sell out.



DAVID DRIESSENS is a member of the Senior Bell Choir, the group coming to the Agawam Library on May 3rd.

Gerwick Puppets At Agawam Library On Saturday, May 18th

On Saturday, May 18th from 2:00-3:00 p.m., the Gerwick Puppets will present "Alladin and the Magic Lamp."

The classic tale of a young boy who tries to defeat evil magician comes to life in this exciting show featuring a flying carpet, a jewelled cave, an all-powerful genie and several lively puppet characters.

PLEASE NOTE: The Gerwicks suggest that this program is appropriate for children aged five and up, as well as for grownups. Registration will be limited due to fire laws.

Free tickets are available at the library, 750 Cooper Street, for Agawam and Feeding Hills families.

Senior Bell Choir At Agawam Library On Friday, May 3rd

The Senior Bell Choir of Branford, Connecticut will perform in the Community Room of the Agawam Public Library, 750 Cooper Street, Agawam, May 3rd at 7:30 p.m.

This is the finale of the 1995-96 First Friday Series sponsored by the Agawam Cultural Council. The concert is free and open to the public and is supported by the Massachusetts Cultural Council as administered by the Agawam Cultural Council.

Lucerna Bocciarelli is director of this 14-ringer group. They have extended their range from five octaves to five-and-a-half octaves as the result of two recent memorial gifts. They provide a visual as well as musical treat as some effects are achieved by tapping on the table as well as ringing bells. One player has a "bell tree," like a branch of a Christmas tree, from which eight bells are suspended. She plays all eight bells at one time.

The program will be varied. Included will be "Yankee Doodle," "My Favorite Things," and "Trepak" from Nutcracker Suite. There will be several pieces by Cynthia Dobrinski, one of the leading composers of bell music in the country. They will also play "Plink, Plank, Plunk," well-known for being performed by the Boston Pops Orchestra.

High-Impact Drama At Bethany Assembly

The high-impact drama, *Heaven's Gates And Hell's Flames*, will be presented at Bethany Assembly of God in Agawam on Sunday, May 19th, at 6:00 p.m., and Monday and Tuesday, May 20th and 21st, at 7:00 p.m.

With a cast of over 40, *Heaven's Gates And Hell's Flames* has impacted cities throughout the United States and Canada, and now comes to the Pioneer Valley.

Admission is free for the three presentations of *Heaven's Gates And Hell's Flames*. There will be a nursery provided for infants, and there will be signing for the deaf in all presentations.

Bethany Assembly of God is located at the corner of Route 57 and Main Street in Agawam. For more information, call the church office at 789-2930.



EVERYTHING FROM bijouterie to chamber pots make up the props for the Suffield Players' adult drama, "LES LIAISONS DANGERUSES," playing in May at Mapleton Hall in Suffield, CT. For tickets, call 1-800-289-6148.

Suf. Players Gearing Up For Next Show

Suffield: The amusements of the idle rich are at the heart of the matter in the Suffield Players' Spring Production of Christopher Hampton's adult drama, "LES LIAISONS DANGERUSES."

Just what do you do to amuse yourself if all your other creature comforts are taken care of? Perhaps you play out your petty, malicious plots of revenge and deception through the seduction and dishonor of those around you. Why?

Just because you are in a position to do so! It is a frightening concept to face: to be the victim of others vicious and lascivious games for no reason. This look into the twisted world of 18th century French nobility is directed by Roger Ochs, and features a cast of 11.

Show dates are May 2nd, 3rd, 4th, 10th, 11th, 17th, 18th, 24th, and 25th, at 8:00 p.m. at Mapleton Hall in Suffield. The first Thursday and Friday are \$5, and other nights \$10, and reservations are recommended by calling 1-800-289-6148 starting April 11th. Discounts are available for seniors, students, and groups of 10 or more if reserved and pre-paid.

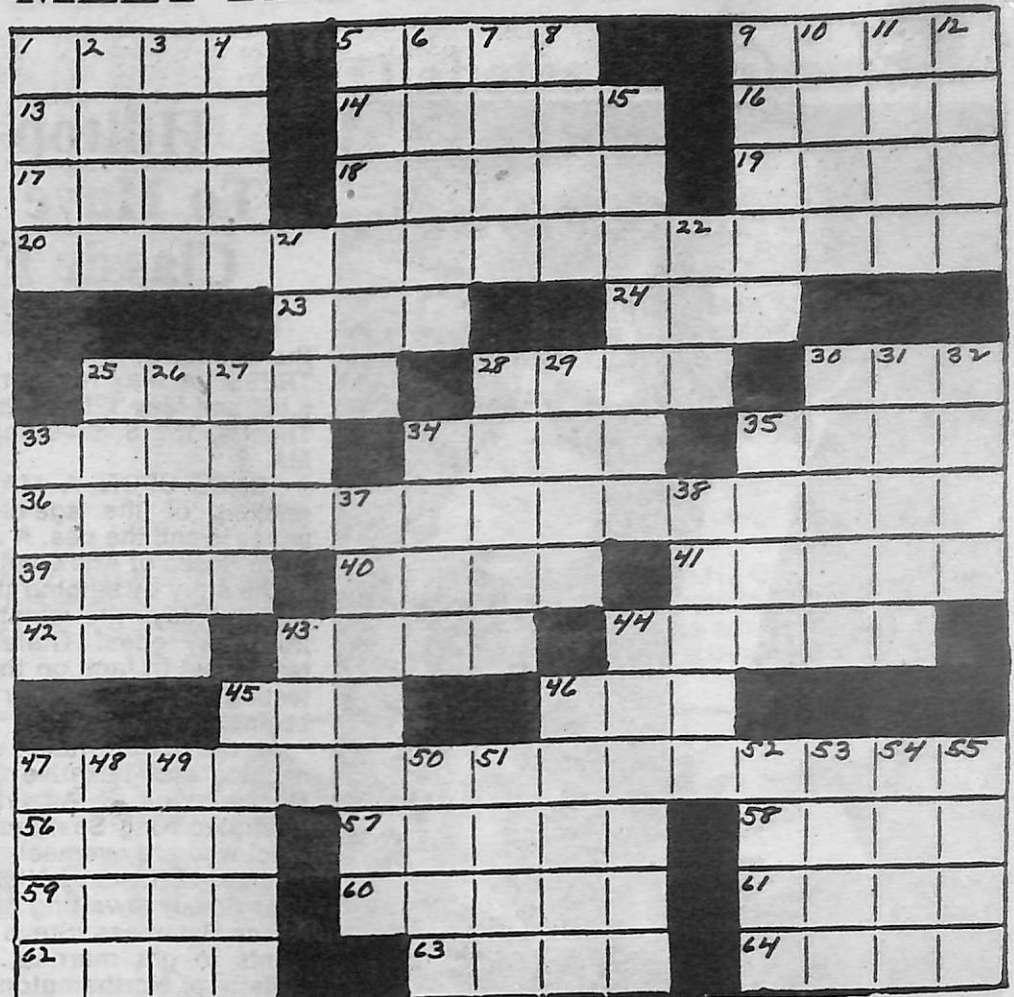
ACROSS

- 1 College org.
- 5 Oriental sleuth
- 9 Great white whale pursuer
- 13 Berg opera
- 14 First Mrs. Trump
- 16 Dumb one?
- 17 Hebrew lyre
- 18 Not now
- 19 Infamous Idi
- 20 Shaara's Pulitzer novel
- 23 Thing, at law
- 24 Part of E.A.P.
- 25 Root for
- 28 Be afraid of
- 30 Snail darter protector
- 33 Rose plant protector
- 34 Saturday night event
- 35 Welsh name
- 36 Momaday's Pulitzer novel
- 39 "Rule Britannia" composer
- 40 Cafe servings
- 41 Assistants to generals
- 42 Marry
- 43 Went into feet first
- 44 What certain fabrics do
- 45 Extinct bird
- 46 Fifth letters
- 47 Mitchell's Pulitzer novel
- 56 Cupid
- 57 Baste
- 58 Arrow poison
- 59 Bjorn of tennis
- 60 Writer Gardner et al
- 61 Duel reminder
- 62 Not all but —
- 63 Ago
- 64 Merit

DOWN

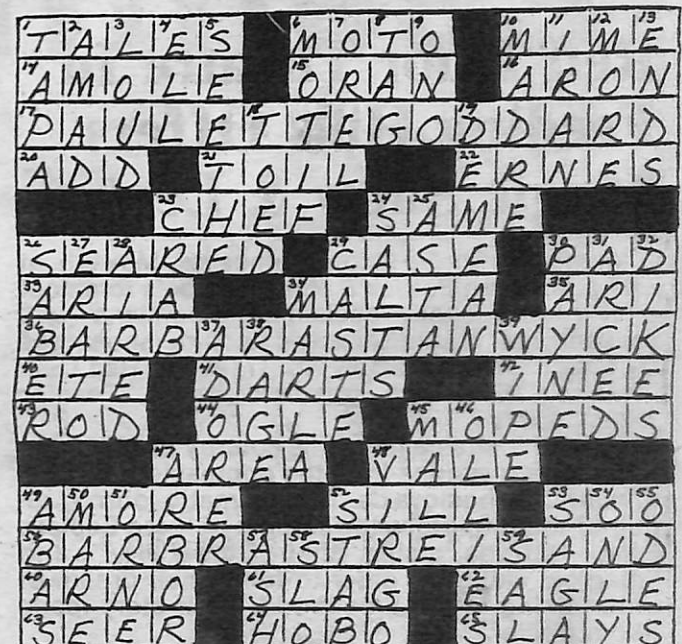
- 1 Another word for apartment
- 2 Go is haste
- 3 Lotion ingredient
- 4 Man from Istanbul
- 5 Glenn of Big Band fame
- 6 Circular tracks
- 7 London art gallery
- 8 Lulu of a one
- 9 Saw
- 10 "— is where the heart is"
- 11 Seed covering
- 12 Forbids
- 15 Upper Platte Indian
- 21 Goodnight girl
- 22 Neither's partner

MEET THE MASTER — by Dick Mastroianni



- 25 Task
- 26 Basset
- 27 Gaelic
- 28 Lost color
- 29 Somme summers
- 30 Stay away from
- 31 Mauled
- 32 Blyth and Sheridan
- 33 Melt
- 34 Pacific paradise
- 35 Ernie's wife
- 37 Uneasiness
- 38 Test response
- 43 Seed
- 44 An order
- 45 Come together
- 46 Kitchen or major follower (pl.)
- 47 Chitter-chatters
- 48 Melville novel
- 49 "Cheers" regular
- 50 Canvass covering
- 51 Polynesian dance
- 52 Like an old owl
- 53 Peruvian Indian
- 54 Close to
- 55 Actor Bruce

Last Week's Solution...



Agawam Cultural Council Seeking Input From Community On Improving Arts

The Agawam Cultural Council would like to issue an invitation to any community members interested in the cultural needs of our city. You are invited to attend a meeting of the Cultural Council on Monday, May 13th at 7:00 p.m. in the Community Room of the Agawam Police Station.

The object of the Agawam Cultural Council is to help promote access and diversity in the arts, humanities and interpretive sciences for all Agawam residents. In order to do this, the Council distributes grants to various people and organizations, presents a First Friday series free to the

public, sponsors a Summer Concert program at the Phelps Elementary School grounds, and started and continues to support Agawam's Mid Winter Night.

The Agawam Cultural Council will welcome comments, suggestions, or other reactions on the arts, humanities, and interpretive sciences in our community and how we might improve our programs. They will also welcome any potential members. Please plan to attend this important meeting.

If you have any questions, please call JoAnne Condon, Chairperson, at 789-0994.

Evening Of Folktales At Agawam Library on May 6th

You're invited to a special evening of folktales and fun, inspired by African traditions, on Monday, May 6th from 6:30 to 7:30 p.m. at the Agawam Public Library.

Special guests will be Uche and Kida Ejisi and their mom, Debbie, who have recently returned from a vacation to Nigeria. They will share their personal memories of everyday life there, and we'll all share some delicious multicultural snacks.

This program is open to Agawam and Feeding Hills residents aged four and up. Register by calling 789-1550 or stopping by at 750 Cooper Street.

Our deadline is every Tuesday at noon!!!

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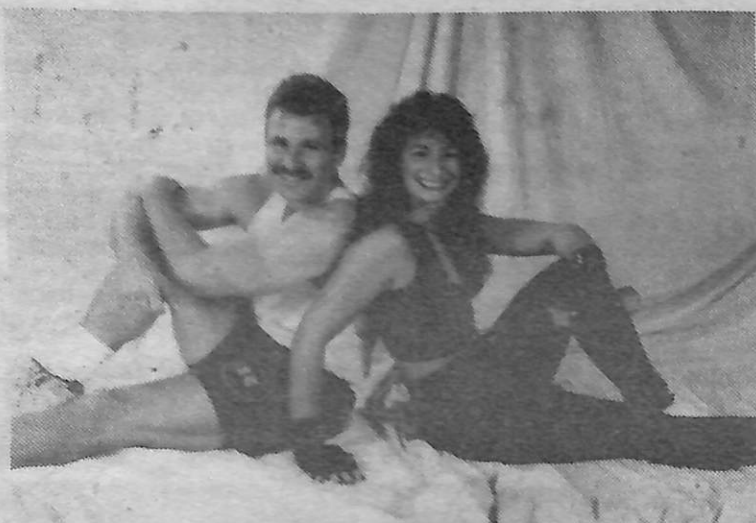
737-2041

HELP WANTED

Secretary to the School Committee -
AGAWAM PUBLIC SCHOOLS - school
 year - job description is available
 at the Associate Superintendent's
 Office - Application must be made
 in writing to the Superintendent,
 1305 Springfield Street, Feeding Hills,
 MA 01030 no later than May 13, 1996.

FREE ENROLLMENT OFFER!

In Celebration of National Fitness Month In May!



Now's the time to get started towards a healthier lifestyle! Get in shape and stay in shape with a personalized fitness program designed just for you!

**Save the entire \$200
Enrollment Fee!**

Hurry! Offer is Limited!



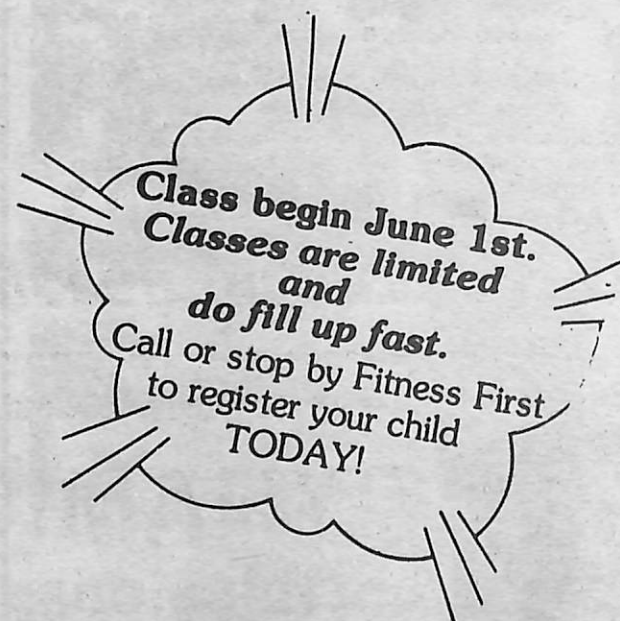
60 North Westfield Street
Feeding Hills, MA 01030
(413) 786-1460

GET YOUR CHILD READY FOR BACKYARD POOLS!



4-week swim lessons
for children 6 months & UP!
at Fitness First!

Mondays	9:15 - 10:45 am	Toddler Swim & Gym
Tuesdays	9:15 - 10:45 am	Baby Swim & Gym
	12:30 - 2:00 pm	Preschool Swim & Gym
Wednesdays	9:15 - 10:45 am	Preschool Swim & Gym
	4:15 - 5:00 pm	Beginner Swim
	5:15 - 6:00 pm	Advanced Swim
Thursdays	9:15 - 10:45 am	Preschool Swim & Gym
	4:15 - 5:00 pm	Beginner Swim
	5:15 - 6:00 pm	Advanced Swim
Fridays	9:15 - 10:45 am	Toddler Swim & Gym
Saturdays	9:00 - 9:45 am	Baby Swim
	10:00 - 10:45 am	Preschool Swim
	11:00 - 11:45 am	Beginner Swim



60 North Westfield Street
Feeding Hills, MA 01030
(413) 786-1460



Education

Mock Accident A Sobering Reminder To Stay Off The Roads After Drinking

by Kathy Cassanelli
News Editor

If a picture is worth a thousand words, a demonstration with graduation season en route might be priceless. Especially when the demonstration is a graphic reenactment of the aftermath of teenage drinking and driving.

No amount of lecturing from parents or teachers could come close to the impact of watching friends and classmates pulled from the wreckage of the mock accident staged at Agawam High School just before the spring break.

With the media and emergency rescue teams converging on the scene, some students thought there had been a real accident.

Dressed in evening wear as if on their way to the Prom, members of the school's Peer Leadership program played the parts of victims and victimizer in a grim reminder of the consequences of

getting behind the wheel under the influence of alcohol or drugs.

Acting AHS Principal Joseph Zabielski said the event was a combined effort of the peer leaders, John Dougherty, the school's Substance Abuse Prevention coordinator, and Agawam Police Sergeant Steven Draghetti, who serves as the town's safety officer.

"Some of the kids were really transfixed as they watched the emergency medical technicians carry their friends out on stretchers," Zabielski said. "The kids were made up to look wounded with their faces 'painted' with blood."

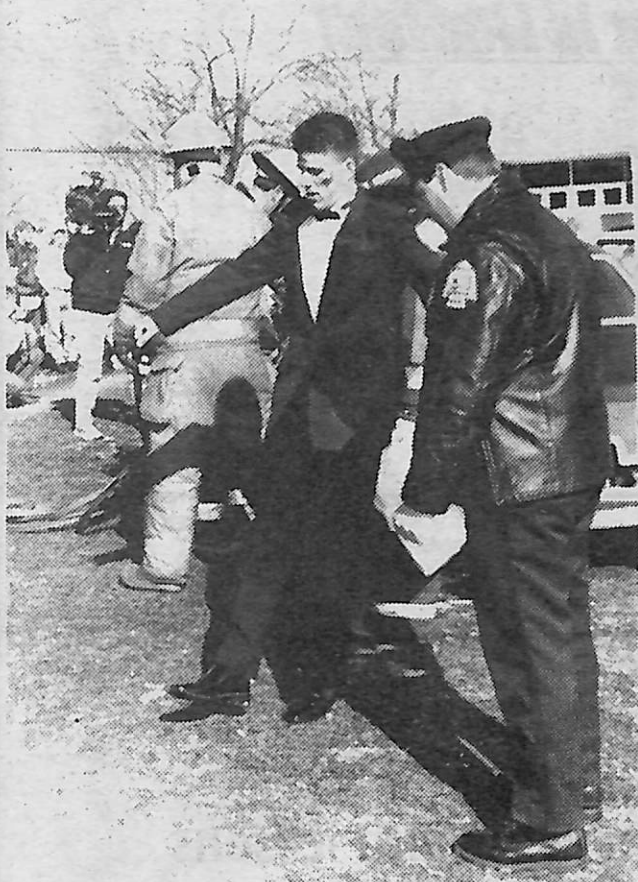
For most of the students, it was the first time they had seen the jaws of life used to free the wounded trapped in a wreck and the first time they witnessed a "drunk driver" being hauled away in handcuffs after failing the sobriety test.

"We had a very good actor in (student) Matt Gordon as the driver who couldn't walk the straight line or touch his nose," Zabielski said.

Zabielski said the accident was staged three times in order to give as many students as possible the chance to attend. Students in health and physical education classes attended with their teachers while other students had the opportunity to attend during their lunch period.

"By planning it during the lunch period, we were able to get the majority of students," Zabielski said.

At the end of the day, the actors took to the school's public address system to let their friends know where they ended up after being "taken" from the scene: the hospital, the morgue, and jail.



AN AGAWAM HIGH STUDENT involved in a mock car accident is asked to walk a straight line by an Agawam Police Officer. Advertiser News photo by Jack Devine.



MEMBERS OF THE AGAWAM HIGH SCHOOL PEER LEADERSHIP group were used by Agawam Police in a mock car accident that resulted from students drinking and driving. Advertiser News photo by Jack Devine.



AN AHS STUDENT is arrested for drunk driving by an Agawam Police Officer during a mock accident at the school. Advertiser News photo by Jack Devine.



AUCTION

To Benefit The

Financial Assistance Program

Monday May 6th

At St. Mary's High School
27 Bartlett Street. Westfield, MA

6:30 Auction

Inspection 5:00P.M.

Undergraduate course at Elms College
Red Sox Skybox & Grandstand Tickets
New Mountain Bike
Weekend Getaway at Cape
Contemporary & Collectible Items
Paintings, Glassware, Sports Items, Many Area Gift Certificates

*Terms of Sale: Cash or Known Check.
No Buyers Premium. A Catered Event.*

Rose E. Rossi, Auctioneer
MA. Lic. No. 566

Working Parents Get Nod For Kindergarten

by Kathy Cassanelli
News Editor

Sponsoring her first resolution since returning to the School Committee in January, member Rosemary Sandlin has been successful in giving priority to working parents for the 17 peer partner slots in the Integrated Kindergarten Program.

Rather than relying on a lottery to fill the all-day kindergarten slots set aside for non-handicapped children, the new policy will give preference to single parents who work full-time and two-parent families with both parents working full-time.

At its April 22nd meeting, the School Committee voted 4-2 in favor of giving preference to working parents. In favor were Committee Chairman (Mayor) Christopher C. Johnson and members Rosemary Sandlin, Louis Massola, and Linda Galarneau. Against were Roberta Doering and Teresa Kozloski. Member Susan Pettazoni was absent.

Both Mrs. Doering and Mrs. Kozloski questioned the fairness of the new policy, but Superintendent of Schools Bernard F. Ryder recommended approval.

Ryder said the idea is to help the children of parents who are called from their homes to work each day.

Mrs. Sandlin said she was told by working parents during her campaign they were interested in all-day kindergarten for their children because of the problems they faced in making daycare arrangements for children attending school half days.

When her campaign proposal for a pilot program of all-day kindergarten could not be implemented due to lack of space, Mrs. Sandlin said

she came up with the idea to use the existing all-day kindergarten program to help working parents.

Restating her earlier objections to the proposal, Mrs. Kozloski argued that the new policy would reward only a certain kind of work environment.

"I don't think we have the right to judge the lifestyles of families," Mrs. Kozloski said.

Even though the new policy was deemed to be legal by the School Department's counsel, Mrs. Kozloski said it would be fairer to continue selecting the peer partners by using a lottery system.

Mrs. Sandlin said any peer partner slot not needed to assist working parents would be assigned by the lottery system.

Mrs. Doering said she had received several calls from people who felt the new policy would not be fair to parents who stay home.

"They may have responsibilities we don't know about, even if they might not be going out to the workplace," Mrs. Doering said.

The new policy will be administered through the Special Education Department. Ryder said the department will trust parents to report their work situations truthfully (unless there is reason to believe otherwise).

If a parent's work situation changed during the school year, the child would be allowed to remain in the class.

Currently, there are two all-day kindergarten programs integrating handicapped children and non-handicapped peer partners. The programs are set up so that just over half of the students are peer partners.

Youth Summer Employment Apps. At AHS

Applications for the 1996 Summer Youth Employment Program are now available at the Agawam Junior High School (see Mrs. Placzek) and the Agawam High School Guidance Office.

Anyone between the age of 14 and 21 is eligible to apply for the six-week work program that begins on Monday, July 8th and ends on Friday, August 16th.

Eligibility for the program is based on the following criteria. If you meet any one of the following eligibility requirements, you are encouraged to apply.

1. Receiving free or reduced lunches
2. Receiving General Relief
3. Receiving AFDC
4. Receiving Special Services in school
5. STATE WARD
6. Handicapped - physical
7. Low family income

Return your completed application as soon as possible, to the location from which you received it. If you appear to be eligible, you will receive an appointment for a verification of information you included in your application.



AHS Guidance...

by Judith Cohen
Acting Director
AHS Guidance Dept.

Recapping Information Night For Parents Of Juniors

Last Thursday night, we held an information night for parents of our current Juniors. My staff and I were so excited with the meeting.

About 150 parents were there to learn about post high school planning. After a presentation was given concerning a college tour program, parents divided themselves into four groups and one counselor joined each group to facilitate discussion and review a booklet that had been compiled for the parents.

By dividing into small groups, more parents were able to ask questions and more discussion ensued. Suggestions were shared, and concerns were aired. It was such a positive experience that all of the staff went home energized!

It was so heartening to see such parental concern and interest. Research shows that effective schools are ones that involve parents in their children's learning and school life.

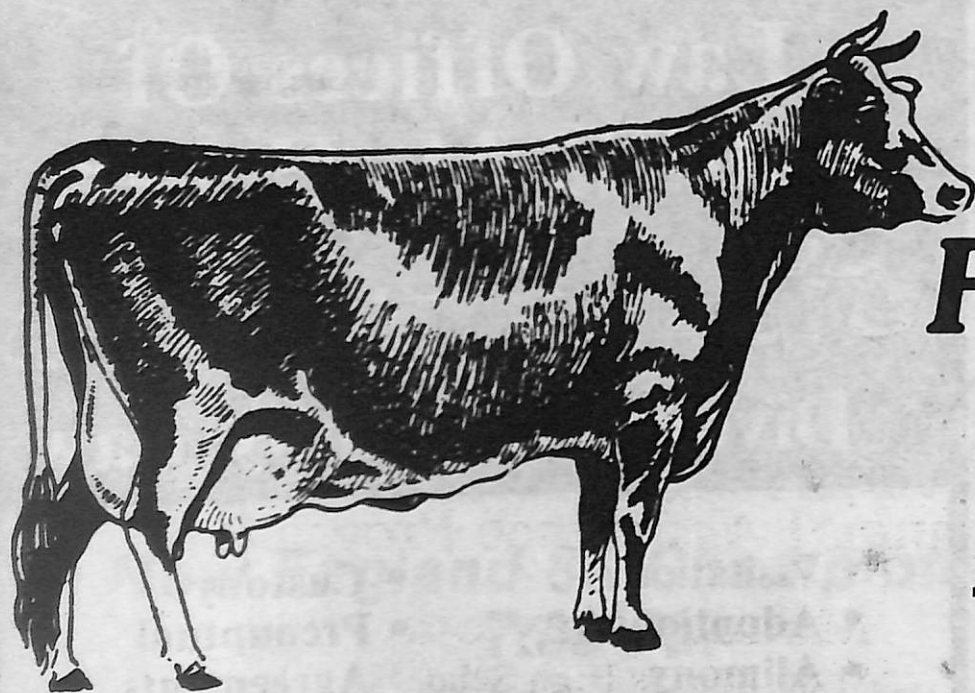
But data from the U.S. Department of Education shows that only about 50 percent of parents had attended a school meeting, and fewer than three in 10 had visited their children's classes.

Christopher Cross, former Assistant Secretary of Education for Research and Improvement, stated, "We can no longer afford to have parents disengaged from the education of their children. We cannot expect children to do well without the guidance, the tutoring, the nurturing, and the commitment of parents. To do less is to consign our nation to an ever-accelerating decline into economic and educational oblivion."

I am thrilled to report that the parents of our current Juniors certainly do not fit the above statement. As I told the parents that evening, "I know your children will do well since they obviously have your guidance and support as evidenced by your appearance here this evening."

SEE GUIDANCE - Page 36...

AHS Athletic Department



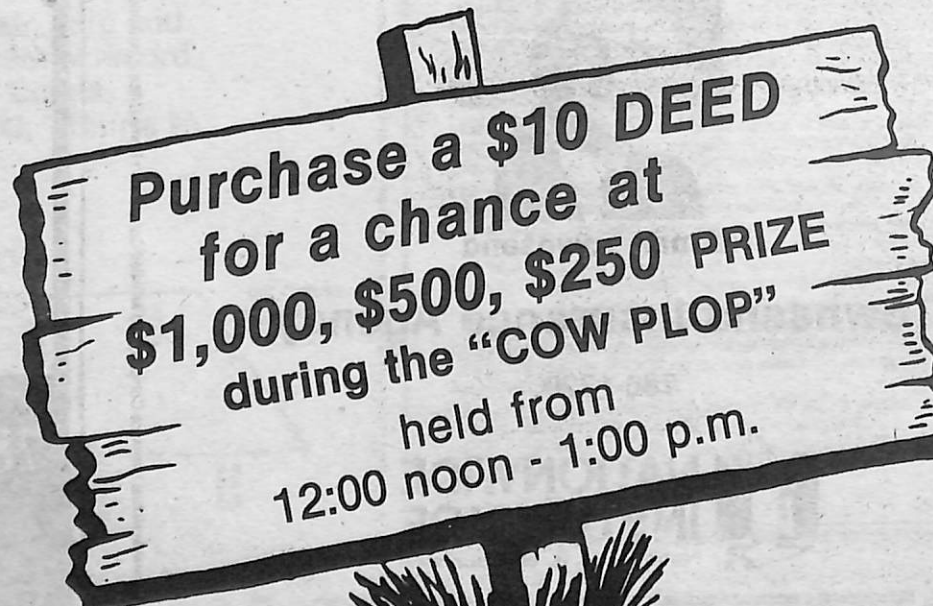
SPRING FUNDRAISER

Featuring The "Cow Plop"

May 19th
11:00 a.m.-2:00 p.m.

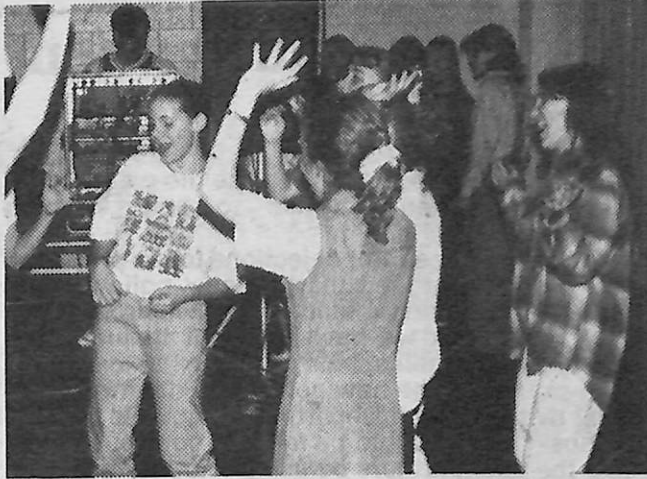
Fun/Games
Excitement/Food

**DEEDS Are Available
From Athletes
or Athletic Dept.**





IN PHOTO LEFT, Agawam Lions Club President Anthony C. Bonavita presents a check to fund the Non-Users Club Video Extravaganza at the Junior High. Students Mary Manning and Justin Gorman accept the check; in photo right, the kids dance up a storm.



Annual Video Extravaganza At Jr. High Rite Of Spring For Non-Users Club

by Kathy Cassanelli
News Editor

If you ask most people to name some of the harbingers of spring, you're likely to hear about the first robin of the year, the first crocus to push through the lingering snow, or even the Easter Bunny.

If you ask the kids in the Non-Users Club at the Junior High or a member of the Lions Club, you're likely to hear about their idea of a spring fling: the annual Video Extravaganza.

Sponsored by the Lions Club, the dance has become a tradition with both the students and the Lions, according to Club President Anthony Bonavita.

"It's one of the things guaranteed in our budget every year," Bonavita said.

With drug use such a problem throughout the country, Bonavita said the Non-Users Club serves as another level of drug prevention.

"The Non-Users Club and the dance are positive things. The kids are having a good time and it's a positive way to reinforce that they should not be involved in drugs," Bonavita said.

Bonavita said it's not unusual for kids to approach Lions Club members and thank them for supporting the dance each year.

"When they introduce us at the dance, the cheering is like we're at a Beatles concert," Bonavita said.

Outgrowth Of Student Assistance Program

Launched in 1989 by social studies teacher Gerald O'Malley and reading teacher James Ryan

as an outgrowth of the Student Assistance Program, the Non-Users Club started with about 50 kids and has grown to 300 members, about half of the school's population.

"The kids initiated the club," O'Malley said. "They wanted to know if there was something they could join to show their commitment not to use drugs or alcohol."

Junior High Principal Kevin Littlefield said the activities of the club are fantastic in that the students are acting as role models for themselves and having a great time without drugs or alcohol.

Throughout the year, the club sponsors a number of activities including gym and swim nights, a trip to the Basketball Hall of Fame, a visit to Peterjans Gourmet Ice Cream Shop, and a fundraiser to support the Make-A-Wish Foundation.

Social studies teacher Marie Mazza said the students look forward to the video dance all year long. "A lot of the kids have been looking forward to this night and we want them to know you can have fun without drugs or alcohol."

O'Malley said each year the kids enjoy lip-synching contests and dance contests as part of the video extravaganza, but the best part comes at the end of the night.

Starting off slowly, the tempo builds to a window-rattling pitch as the kids celebrate their lifestyle choice, chanting, "I'm drug free!"

Agawam Schools' Weekly Lunch Menu

Monday, May 6th: Steamed frankfort in roll, oven potato puffs, oven-baked beans, diced pears in syrup, milk.

Tuesday, May 7th: Hamburg in roll, steamed rice, seasoned peas & carrots, orange blossom cake with orange icing or fruit cup, milk.

Wednesday, May 8th: Baked hamburger & macaroni with tomato sauce, tossed garden salad with spinach greens and dressing, Italian bread and butter, jello with topping or fruit cup, milk.

Thursday, May 9th: Oven-baked chicken nuggets, niblet corn, steamed rice, wheat bread & butter, honey or sweet & sour dipping sauce, spiced applesauce, milk.

Friday, May 10th: Cup of orange juice, grilled cheese sandwich, pickle chips, oven French fries with catsup, ice cream cup, milk.

* **REMINDER:** Elementary lunch is \$1. Tickets must be purchased on Mondays for the week. Personal checks are accepted, payable to: The Agawam School Lunch.

AHS GUIDANCE - from Page 35...

GUIDANCE BULLETIN

COLLEGE ACCEPTANCES - Congratulations!

Gina Cincotta, University of Notre Dame; Jennifer Seybold, UMass, Worcester Polytechnic Institute, Clark, Mount Holyoke; Viktor Adzhigirey, Roger Williams (Architecture), STCC; Nathan Frailey, Wheaton (Illinois); Corrie Antaya, UMass; Kelly Carmody, Cornell; Adrienne O'Quinn, UMass.

Stephanie Eig, HCC, STCC; David McCarthy, Bridgewater State, Fitchburg State; Matt Radwanski, Westfield State; Amy Wisniewski, Westfield State; Nicole Weinle, UMass; Jeff Atkins, AIC, HCC; Kelly Shaw, HCC.

Open Houses - See your counselor for more information.

Hartford College Fair - May 15th & 16th, Hartford Civic Center.

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- Estates
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- Wills
- Paternity

786-2211

786-2211

360 Springfield Street
Agawam

Riverside

Please Excuse Us, Agawam, But The Runners Are Runnin'



Sunday, May 19th

RUN WITH RICKY

KIDS' FUN RUN At 1:00 P.M.

**A 30 yard 440 yard run (based upon child's age)
around the oval speedway track.**

DIVISIONS: KIDS

- 2 & under — 30 Yds.
3-4 — 50 Yds.
5-6 — 110 Yds.
7-8 — 220 Yds.
9-10 — 220 Yds.
11-12 — 220 Yds.
13-14 — 440 Yds.

separate races for boys & girls

AWARDS:

Boys' and girls' prizes will be:
1st place — Bicycle
2nd place — Radio
3rd place — Sports Equipment

RIVERSIDE SPECIAL: KIDS (up to age 14)

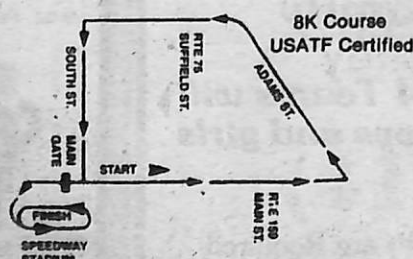
For the \$11.00 entry fee all runners will receive FREE Park Admission and FREE entry to all rides and attractions and two FREE Bonus Badge tickets for their parents or guests.

RIBBONS AND T-SHIRTS:

As a memento of the special kids race, ribbons commemorating participation will be given to each runner finishing their event. T-Shirts will be given to the first 1000 kids entered. All finishers in the 2-and-under division will also receive a stuffed animal.

New England 8K Championship
7:00 PM

An 8K road race through Agawam, starting at the main gate and finishing in the stadium. Flat course - perfect for a personal record. No bicycle escort. For more information, please call Donna, (413) 786-9300, ext. 3203. Cash prizes; entry fee, \$15.00; T-Shirts to the first 800 participants entered.



USA Track & Field

***New England 8K
Championship
And
KIDS' FUN RUN***



Riverside

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Last Name																			
First Name																			
Address (include apartment no.)																			
City/Town																			
State				Zip Code				Age				Sex							
		8K				Fun Run				Wheel Chair									
Team Competition (8K only)																			
USATF No.																Club No.			
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Discipline, Summer School, Foreign Students...

Acting AHS Principal Presents 3 Program Changes To School Committee

by Kathy Cassanelli
News Editor

At their next meeting on May 14th, the School Committee will consider three proposals submitted by the acting Agawam High School principal.

Last week, AHS Acting Principal Joseph Zabielski asked the School Committee to adopt a stricter student discipline code, limit foreign exchange student programs, and revise the Summer School policy.

Backed by administration team members, including Acting Deputy Principal Paul Cavallo and Dean of Students Bernadette Conte, Zabielski outlined a zero tolerance policy for violence, drugs, and alcohol on school premises or at school-sponsored or school-related events.

Zabielski said a new discipline code detailing the consequences of inappropriate student behavior has been rewritten with the assistance of the administration, faculty, student government, school council, and parents from various school PTO's.

In addition to automatic suspension and possible expulsion for serious offenses, Zabielski is seeking to link the privilege of using the student parking lot to responsible behavior as part of the discipline code.

Zabielski said bringing a car to school should be a privilege earned through appropriate behavior and academic performance.

By using a system of positive and negative reinforcement, Zabielski said, "We can get the behavior we want."

Zabielski suggested that the School Committee might want to consider a system-wide motto stressing respect, responsibility, and results as values to form the basis of a school philosophy.

"Ingraining that feeling (in the students) isn't hokey," Zabielski said. "Teachers will expect respect, responsibility, and results from the students."

Zabielski said the number one concern of the High School's administrative team is to provide a safe and secure school.

Cavallo added, "We're going to make sure we do have a safe environment. When you hear that Mrs. Conte or I caught someone (breaking the rules), it's because we're out there looking for it."

Mrs. Conte agreed. "It's not that the kids are getting into more trouble, it's just that they are getting caught more often."

Pointing out that the students are old enough to understand the consequences of behavior like skipping school to go out to breakfast, Mrs. Conte said, "Let us have a try at this discipline code. Please."

Zabielski said he is looking into the possibility of having internal suspensions served in two- or three-hour stretches after school. Student aversion to remaining after school for long periods has reduced internal suspensions in some school districts by half, Zabielski said.

The new Summer School policy states that students will be given Summer School credit only if they have completed a course with a failing grade of 55 or over. The grade of the failed course will be averaged into a student's Grade Point Average.

A pass or fail grade for a Summer School course will be recorded on the student's transcript along with the exact grade earned in

both the Summer School course and the failed course.

Presently, no matter what grade a student earns in Summer School, the grade is reported as a 65, a passing score. Credit is restored for a failed course as long as a passing grade is earned in summer school, Zabielski said.

Finally, in the interest of creating an organized and efficient system to prevent being inundated with requests for foreign exchange students to be placed at the High School, Zabielski is asking the School Committee to limit participation to the American Intercultural Program (AFS) and to limit the number of foreign students placed at the High School to a maximum of five per year.

Cavallo said the AFS Program brings better prepared students to the school and provides a faculty advisor to help the students with any problems they may have.

"Some students from other programs have come with very little English language skill and have had to go into the English as a Second Language class. I don't think having to tutor students is the basis of an exchange program," Cavallo said.

School Superintendent Bernard F. Ryder said he recommended having a contract with one national student exchange program and that AFS should be the one chosen.

However, Ryder said the policy would not prevent the School Committee from making an exception in the event that a civic club wanted to sponsor an exchange student.

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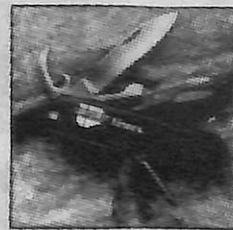
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Sports

Top-Ranked AHS Softball Look To Weekend Tourney

by Dave Rollins
Sports Editor

This has been and will continue to be an interesting week for the Agawam High School girls' softball team. Last weekend at AHS, they hosted a softball clinic for 8-10 and 11-13 year-old girls from the Sacred Heart Church Athletic Association. There was no doubt that a good time was had by all.

The varsity girls, along with the coaching staff, were there to instruct about 70 young ladies and aspiring softball players in just about every facet of the game—bunting, station work, hitting, defense, base running, and lateral movement. The varsity players acted as umpires and instructors. Coach Debbie Lickley was the designated catcher as the girls split up into two teams and played a game to top off the day.

The coach was especially funny behind the plate. One little girl stepped into the batter's box, and Lickley smiled and commented that, "The bat might weigh more than you."

They got more chuckles when two of the kids in the infield made a couple of errors. The coach smiled again and wondered out loud if the two were related.

But there was serious work to be done as well. The coach would make sure the youngsters were in a correct batting stance. The varsity girls explained technique on the field.

Later, Lickley would note that the kids at the clinic were the future of Agawam High softball, and what they were learning that day could only help them when the time came to try out for the club. She also stressed that the Sacred Heart Church softball facilities (where the kids play) are the fields of dreams for them. She singled out Dan Sullivan of Agawam as one of the people behind the clinic.

Just The Start Of The Festivities...

The clinic was just the start of the festivities.

Brownie Girls Feeling The Grind Of Being First-Year Varsity Lacrosse Team

by Dave Rollins
Sports Editor

The Agawam High School girls' lacrosse team is in its first year of competition at the varsity level. For three years prior to this one, they played the sport at the club level.

And it's been a bit of a bumpy ride so far. At presstime, they are 1-3-1. Last season they checked in with a 13-1 slate on the club level.

Cindy Grieve, who has been coaching the team since its inception, isn't overly concerned with their current situation, however. "Remember, we're still a young team. Most of my kids are still

learning the game. And we don't really have a dominant player, even though we have a lot of good athletes."

She made it a point to stress that in those five games, 11 different kids have put the ball in the net.

SEE LACROSSE - Page 40...

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AHS Girls Roll; Boys' Track Loses 1st Meet To Comp

by Dave Rollins
Sports Editor

Both the Agawam High girls' and boys' track team were in action Tuesday afternoon, braving drizzle, muddy track conditions, and a chill in the air. The opponent was Chicopee Comp. Their girls were at Agawam. The Brownie boys went up there.

And while the competition might have been the same school, the outcome was different. The girls buried the Colts, 123-13. The boys fell, 88-48.

The girls won every event in their meet. "It was just an all-around effort," Agawam Coach Dean Vecchiarelli said. Once again, Danielle DiStefano won four events—the 100, 200, long and triple jumps. She just went out and did her thing. She had no personal bests in the meet. Sue Defilipi had a 4'9" high jump as well as a win in the 400.

There was a bit of an upset in the high hurdles. Christine Campbell beat her teammate, Barbara Maloni, in that event. Barbara won the low hurdles. Both are freshmen and talented. Campbell's time in the highs was a personal best 18.9 seconds. They should be competing against each other for a long time.

The two Cote sisters, Sarah and Melissa, won the 800 meter and two miles, respectively. The coach was encouraged by the mile time of Amber Paradysz. The junior came home in 6:32.

Vec admitted the weather slowed everyone down in both the track and field events. The Brownie girls are now 4-0. They next host Minnechaug on Thursday, May 2nd (presstime).

The boys fell to 3-1 as a result of their defeat. But they had a spectacular performance from junior standout Phil McGeoghan, who high jumped six feet, six inches.

"No one in Western Mass has come close to that height," boys track Coach Dave Beevis noted. The coach also feels McGeoghan has a lot more height in him. "He might go 6'9"," Beevis said.

He felt that all his kids impressed him, despite the fact that Comp has maybe the best boys' track squad in this part of the state.

He felt bad for his star hurdler Ian Lane, who had the high hurdles all but won until he tripped over the final.

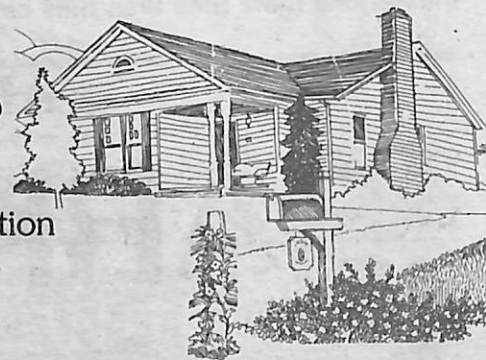
The team has a good nucleus from which to build. Freshmen Peter Bitzas, Mark Pedraza, Rich Rodriguez, and Dave Thomas showed well. "All of them can run just about any track event," Beevis admitted.

The boys will be in action at Minnechaug on Thursday, May 2nd (presstime).

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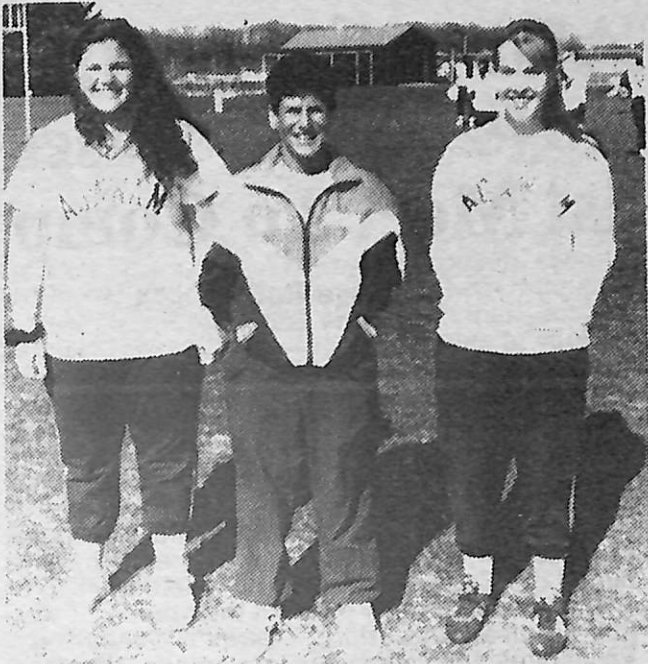


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AHS JV Girls' Softball Enjoying Good Spring



COACH LYNDA KUNASEK and her two captains of the Agawam High girls' JV softball team - Lisa Gallerani (left) and Tara Grealis. Advertiser News photo by Jack Devine.



MEMBERS OF THE 1996 Agawam High JV girls' softball team. Back row, from left - Meagen Berry, Irene Brown, Lisa Gallerani, Christy Ronca, Shawna Hadden, Tara Grealis, and Coach Lynda Kunasek. Front row - Vanessa Galluzzo, Erica Johnson, Heidi Benton, Alison Jakobek, and Alisan Scherban. Advertiser News photo by Jack Devine.

AHS Girls' Tennis Team Faces Variety Of Tough Opponents

by Dave Rollins
Sports Editor

Although the Agawam High girls' tennis team was rained out Monday, they did have an active week-and-a-half on the court.

On Thursday, April 18th, they traveled to Comp and grabbed a 4-1 victory over the Colts. Especially impressive was Brownie number-one singles player, Katia Prolongeau, who beat her opponent 6-0, 6-3 with a strong serve and return of serve.

Number-two singles player Kirsten Decoteau beat her opponent, 6-1, 6-2. She was hitting winners all over the place.

Also coming out winners were Betsy Gervais and the first doubles team of Kelly Stoddard and Megumi Isogai, who were playing doubles together for the first time.

The only Agawam setback of the match came in the second doubles battle with Courtney Locke and Tracy Landry, who just couldn't quite put it together and were beaten, 0-6, 1-6.

Tuesday, April 23rd saw them on the road at West Springfield. It wasn't a good day for the Brownies as they were shutout, 5-0. Third singles did see an exciting match, however, as Betsy Gervais took a Terrier to three sets, 6-3, 2-6, 6-7.

First doubles saw another nailbiter as Maureen Dimock and Isogai lost in three (7-6 (8-6), 1-6, 1-6. The first set tiebreaker was particularly exciting. West Side is a strong team. They were a semi-finalist in last year's Western Mass tournament.

April 25th was another frustrating battle for the Brownies. Northampton shut them out 5-0. The Blue Devils are an experienced and consistent team. Agawam had some good shots and long rallies. But the ball always seemed to come back over the net one more time than they could handle.

LACROSSE - from Page 39...

She pointed out what she felt might be her club's strong points. "First, they have the desire to get better. Many of them are considering various lacrosse camps this summer. An experience like that can only be a positive one."

Then she added, "We also pass well. On a scale of 1 to 10, with 10 the tops, we'd be around a 5 or 6 right now."

Their weak points: "We're putting the ball on the ground too much. And our overall team speed could be better." But Grieve was quick to add that those qualities will come over time.

"Most of the teams in our new league, with the exception of Longmeadow, are playing at about the junior varsity level," she said.

Grieve has been impressed with their defense. "Our goalie, sophomore Alison Pratt, has been tough in the net." Pratt has been the only player the coach has singled out to date.

"They're all trying so hard, I'm afraid I'd miss one of them." The team is made up mostly of sophomores and juniors. Only four seniors are on the roster.

On Wednesday, they attended a clinic at Longmeadow High School. It was a chance to learn some finer points of the game from the experienced Lancer coaching staff. Longmeadow, under 12-year Coach Kathy Parker, is the defending Massachusetts state champions.

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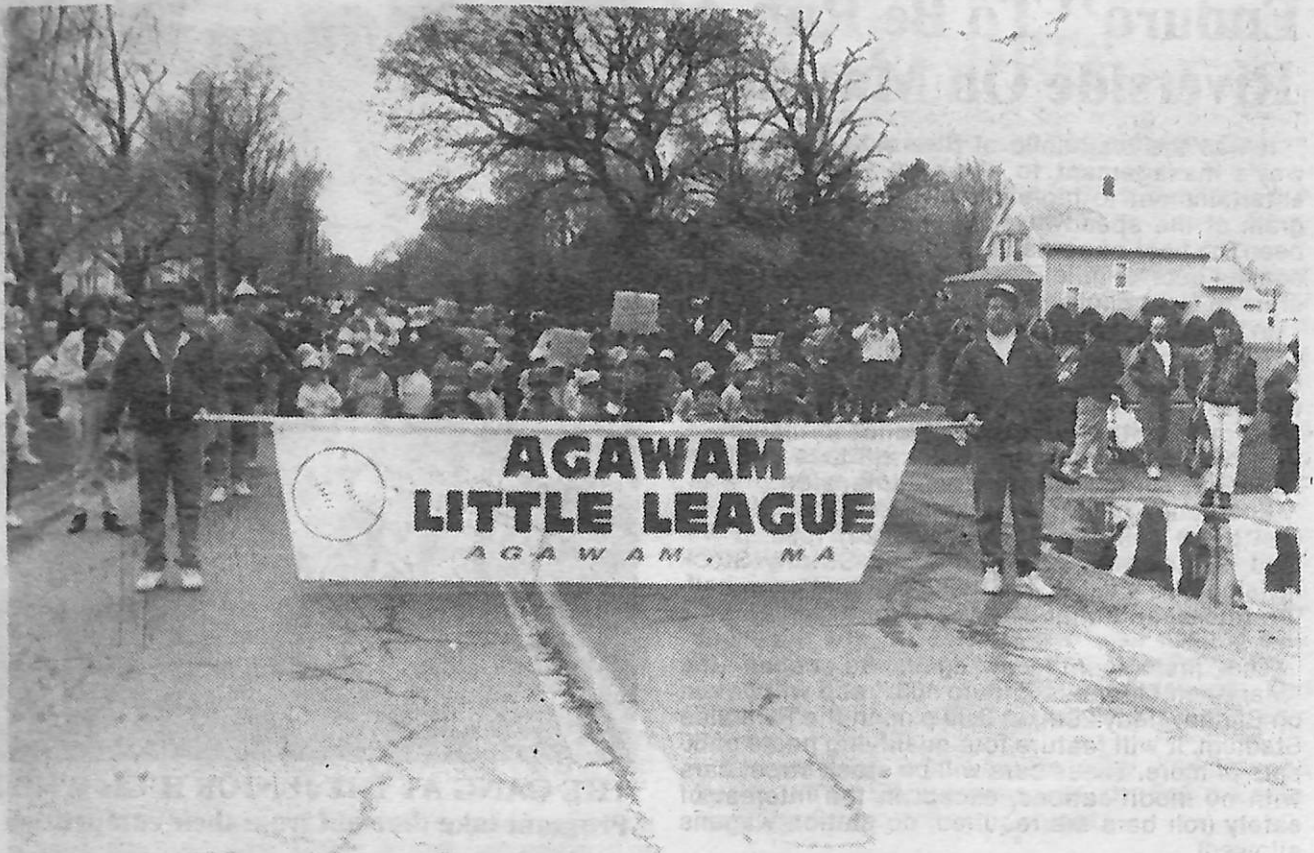
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Opening Day For Agawam Little League Baseball



TO GET READY FOR THE OPENING OF the Agawam Little League Baseball Season, a clean-up was held on the School Street grounds. Those participating included Vernon W. Peabody, Jr., Marc Yacovone, Corey Peabody, and Scott Peabody. IN PHOTO RIGHT, the Little League banner led the way in the opening day parade on Saturday, April 27th. Advertiser News photos by Jack Devine.

Corner Deli Takes Athletic Assoc.'s 10-12 Basketball Crown

After a sensational regular season which ended with a 9-1 record, the Corner Deli-sponsored 10-12 boys' basketball team triumphed in the league's championship game with a stunning 42-24 victory. Jeff Robinson's 15 points led all scorers in the game, as Corner Deli built up a 20-11 half-time lead and then cruised to victory.

During the regular season, Corner Deli kept the fans interested in almost every game. They won three games by only one, three, and five points, respectively, and their only loss came by a two-point margin in overtime.

The team was led in scoring by co-captain Travis Cowles, who averaged 10 points a game while providing leadership from the point guard position or wherever he was assigned to play.

Other standouts were Michael Hill, who provided a steadying influence at the guard position; Ryan Tyler, whose rebounding and free throws always made the games close; and co-captain Andy Siana, whose inside presence always kept the opposition honest.

This team won a championship based on one simple philosophy—teamwork. No one member of this team was more important than any other. These 11 young men all worked together to accomplish a common goal.

The members of the 1996 AAA 10-12 basketball champions are: Travis Cowles (co-captain), Michael Hill, Andy Siana (co-captain), Ryan Tyler, Jeff Robinson, Michael DeCaro, Shaun Phelps, John Lynch, Anthony Goodrow, Joe Wentworth, and Jack Ferland. The team was coached by Tony Spangenberg and Mark Deveno.

Baseball Clinic For Kids Slated At Agawam High School On May 5th

by Dave Rollins
Sports Editor

You can get an opportunity to play with and learn some baseball from the Agawam High School baseball team on Sunday, May 5th. The AHS Baseball Booster Club is holding a clinic for all ages through junior high.

There will be two sessions - from 12:00 noon to 2:00 p.m. and 2:30-4:30 p.m.

The focus of the clinic will be on the basic skills of hitting, fielding, and pitching. It will cost you 10 bucks, which will benefit the AHS Baseball Scholarship fund.

Now you're going to have to sign an insurance waiver. And there is no insurance provided other than a participant's own medical insurance.

But think of what you'll be getting; pitching instruction from Jon 'Jake' Jacobsen, one of the best high school hurlers in Western Mass.; you'll

get the finer points of pitching profundity from Jaime 'The Wizard' Scherban; you'll learn how to hit with power from Bryan Menard.

And senior Dom Pisano will show you how to play a flawless third base. Mike Domaingue will take the mystery out of the second and shortstop jobs. And Chris 'The Cannon' Chechile will demonstrate how you gun down a base runner foolish enough to try and swipe second or third.

The rest of the Brownie baseballers (7-2 at this writing and driving for a tournament berth) will fill in the other fine points that make baseball the best game on Earth.

Head Coach Boo Smith, along with the rest of the coaching staff, will also be on hand to make sure you get the most out of the day.

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'Marathon Madness Enduro' To Be Run At Riverside On May 26th

It was the brainchild of Riverside Park Speedway's management to come up with a form of entertainment to highlight the existing race program at the speedway. For years, Riverside has been the host of perhaps the most noted and successful quarter-mile Saturday night NASCAR program in New England.

In the past, highlighting these events have been several Sunday evening specials, such as the Demolition Derbies. These events have been witnessed by standing-room-only crowds and are a favorite with all New England thrillseekers. Now, Riverside Park Speedway will take the Sunday thrills format into another dimension.

Endurance racing is back at Riverside, with the first to be held on Sunday, May 26, 1996. It will also include real racing with the Strictly Stock division, Pro 4's, Super Stocks, Legend cars, half-ton trucks, and Mini Stocks.

The first event will again be called the "Marathon Madness Enduro 100," and will be run on Sunday, May 26th, at 6:00 p.m. in the Riverside Stadium. It will feature four qualifying heats of 50 cars or more. These cars will be stock street cars with no modifications, except in the interest of safety (roll bars are required; no station wagons allowed).

Each qualifying event will be run on the Riverside road course. The distance of each heat race will be 25 entry laps, with the top 15 cars moving into the main event. The next trick in the program (from the officials) will be the main event of 100 laps on the oval to run clockwise or counter-clockwise.

It will be the wildest race ever, and the only time the race will be stopped will be for an emergency situation only. The winner of the event will receive \$500, plus additional cash for second, third, etc. All heat races will pay \$50 to win and a trophy. The event will be run rain or shine.

You must pre-enter this event, as the race is offered to the first 200 pre-entered/pre-paid drivers. Riverside already has over 150 cars pre-entered, so don't delay.

To pre-enter, you must write to Riverside Park Speedway, P.O. Box 307, Agawam, MA 01001. Entry is based on a first-come, first-serve basis. The fee is \$20. Admission to the event will be \$11.99 for adults, and \$2.99 for kids 11 years of age and under; meanwhile, the pit fee is \$18.

Besides the "Marathon" Enduro, the first Sunday Strictly Stock race will be held, as well as races featuring the Legend cars, Pro 4 Mods, Mini Stocks, and Super Stocks.

The new Enduro division is one step up from the Enduro class. With a lot of popular Enduro drivers making the move up, competitors must qualify at 4:00 p.m. on race day for a six-event start.

In addition, the amateur monster 4x4 truck contest will be back due to popular demand. This event pays \$100 to win and a giant trophy, and is for any street-driven, 4x4 vehicle. In this race, you must drive over two crushed cars and race against the clock to win (damage to the vehicle is assumed with risk to owner).

You must enter in advance, and the entry fee is \$20. Last year, 20 trucks took on the monster course in record time.

So, be sure that you don't miss out on all of this racing action on Sunday, May 26th, beginning at 6:00 p.m. Everyone is welcome, and no race day entry will be turned away.



Golf Tip Of The Week...

Compiled by
Jim Modzelesky,
PGA
Oak Ridge Golf Club,
Feeding Hills, MA

Warming Up Before The Game

Golf must be the only sport where people show up to play without warming up and then can't understand why it takes them so long to get into the game.

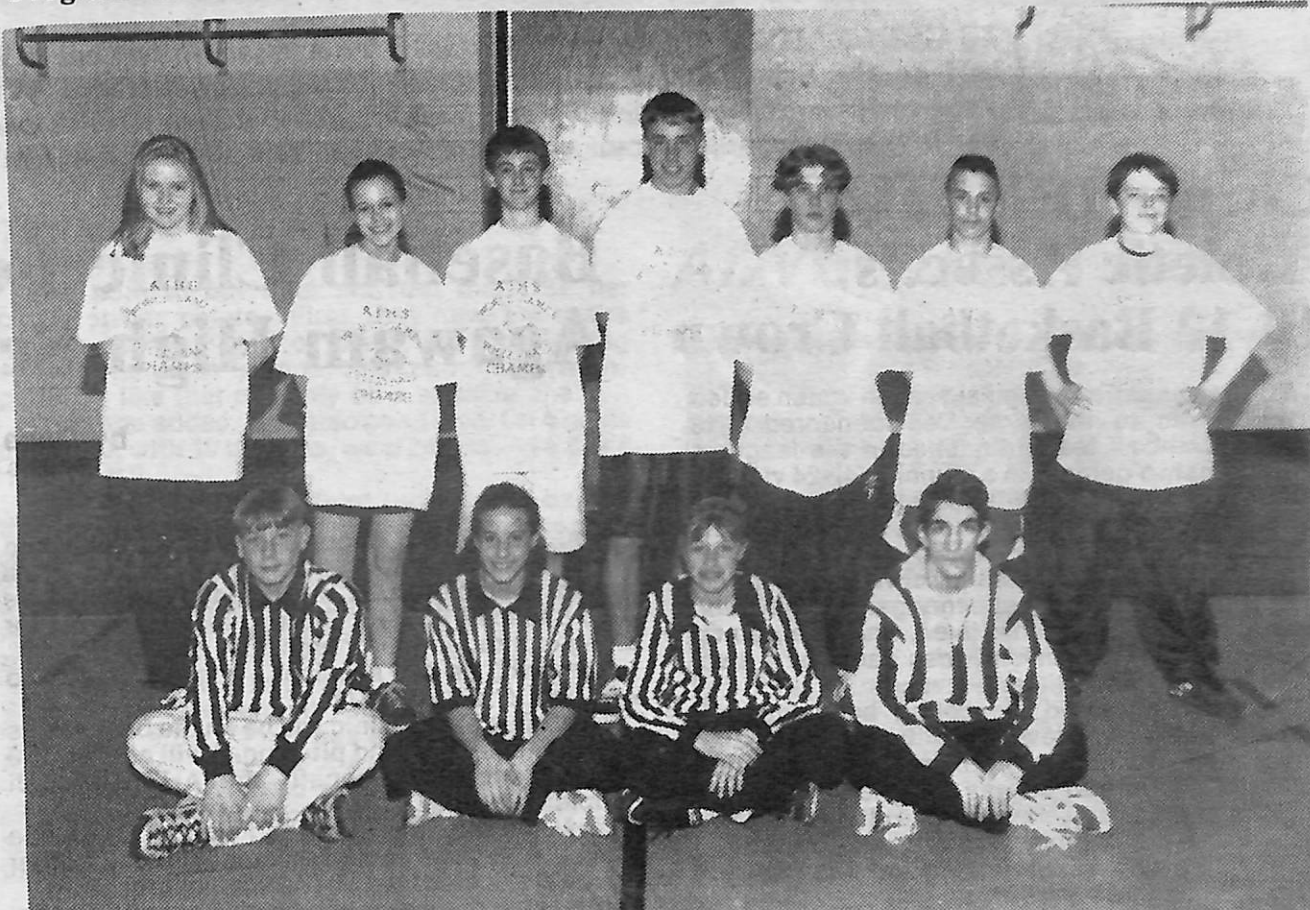
Take a lesson from the pros: Allow yourself plenty of time to warm up. Develop a routine around which clubs you hit to warm up and in which order you hit them. If you can't do that, at least swing a weighted club—or buy a weighted ring that you can slip around the shaft to make the club heavier.

Remember: You've got to give yourself a fighting chance before you can win the fight to lower your handicap.

Jr. High Kids Revel In Intramural Volleyball



THE GANG AT THE JUNIOR HIGH WHO PARTICIPATED in the Intramural Volleyball Program take time out from their competition for a group photo. Advertiser News photo by Jack Devine.



MEMBERS OF THE JUNIOR HIGH'S championship Intramural Volleyball team included (back row) - Kim Sullivan, Emily Dubois, Greg Boisvert, Barry Ward, Jon Ashwell, Dan Marsili, and Jeff Avis. Student officials included (seated) Joe DiVirgilio, Dianna DiStefano, Jennifer Lyman, and Steve Antaya. Advertiser News photo by Jack Devine.



TEAM MEMBERS OF THE INTRAMURAL VOLLEYBALL runners-up at the Agawam Junior High included (back row, from left) Aaron Root, Kevin Grealis, Christine Gallant, Melanie Poirier, Ashley Turniak, and Justin Bard. Student officials again pictured are Joe DiVirgilio, Dianna DiStefano, Jennifer Lyman, and Steve Antaya. Advertiser News photo by Jack Devine.

McCormick Leads Boston College To Tri-Parish Crown

In the 1996 Grand Championship Rolloffs in the Monday night Tri-Parish Bowling League, the one that has been maligned and bashed in this space over the years, the famous "Jungle" JIM MCCORMICK, finally had the last laugh and the final say.

"Jungle" Jim launched a clutch pinfall of 379 to lead his Boston College team to the promised land, the league championship on Monday night, April 29th at the Agawam Bowl on Walnut Street Extension.

All four rollers on BC (the wildcard team) had strong nights. Leadoff Marsha Dobie hit a 271 (83.87 in Women's C). Second roller DAVE ALDRICH (88.82 in Men's C) hit a 294. Third roller LARRY FORTIER (95.65 in Men's A) had a clutch 323. And then "Jungle" Jim fired his high score of the night. He finished at 103.88 in Men's AA so it can be plainly seen the "Jungle" guy really redeemed himself on Monday night for all past debacles.

Round Three winner Fordham finished in second place in the Grand Championship. Leadoff LINDA TOBEY (78.11 in Women's C) had a 270. Second roller CORI NAPOLITAN (96.48 in Women's A) had a 309. Third roller TERRY CERPOVICZ (94.38 in Women's A) had a 292. And finally, the famous "Jollie" OLLIE MULDREW hit a 367 (112.59 in Open Class, second overall in the league).

But "The Jollie" one, who has used "Jungle Jim" McCormick as a whipping boy over the years, was the one who came up short on this night.

Catholic University finished in third place. The scores are as follows: TAMMY VOGEL (80.4 in Women's C) had a 277; second roller MARY THOMAS (99.38, winner of Women's A) had a 291; third roller TOM "Not Tony" CURTIS (103.57 in Men's AA) had a 294; and Captain BILL GRIFFIN fired a 359 (103.19 in Men's AA).

St. Anselm's rounded-out the field in fourth place. Leadoff LOU NAPOLITAN (86.3 in Men's C) had a 253; second roller DORIS FORTIER (87.2 in Women's B) hit 254; third roller YVONNE CHAR-TIER ended her outstanding season (105.18 in Women's AA) with a nifty 330; and famous Captain "Luscious" LOU MULDREW (110.27 in Open Class) had a 321. Lou, the brother of "Jollie" Muldrew, couldn't believe that the howling "Jungle" Jim came away with the title.

The Muldrew brothers have staged a battle for the top gun title in the league for the past few years, but the arrival of JERRY ALLEN (115.31) as the new league strongman only made the Muldrews more focused on the business at hand. Congratulations from all the Tri-Parish rollers for another great season.

Signing off as the league reporter once again is JO LANGO.

Ruggiero On Fire In 1st Place Run At April 27th Riverside Feature

A total of 123 cars jammed the pit area at Riverside Park Speedway for the four-division Budweiser special event on Saturday, April 27th. The temperature was still in the 30-degree range, but the heat was turned up as Reggie Ruggiero and Dan Grasso were battling for the lead on the start.

By lap two, Brian Schofield was the leader. Then, 14 laps into the feature, Jim Houghton tagged Tony Papale and Ted Riggott. By the 19th lap, Ruggiero had charged from 12th to take the lead on the bottom groove.

Still, the battle became a race for second, as Richie Gallup showed great potential. Then, on lap 34, Dan Avery and Ed Spliers came together. Once back to green, the Ruggiero Modified started to pull away, and Steve Park (who came from 15th) ran wheel-to-wheel with Gallup for second.

As the checker came out, it was Reggie Ruggiero (Ed & Joyce Oles) for the win. Second was Richie Gallup (Oak & Keg), followed by Steve Park (Adirondack), Chris Kopec (Clean Sweep), and Charley Pasteryak.

Sixth through 10th for the Modifieds were Bert Marvin, Fran Principi, Dan Avery, Ed Spliers, and Dave Gallo.

"The difference between this week and last week was tires. The bottom groove just came in as the track quickened," said "The Reg," adding, "We love winning at the Park. It's our home track, and this is great to sharpen a driver's skills."

First-time feature winner Bennett Fuller secured his first Pro Stock win in two years with the Enfield Ford-sponsored Thunderbird. Fuller started fourth and took the lead on lap two from Jay Miller.

Eddy Carroll came from 16th with Tom Fearn. Another battle was between John Lobo, Jeff Horn, and Jeff Conners. Doug Dell worked his way up to second, but by lap 22, Fuller was pulling away from the feature (he ran on the high side, driving a smooth, fast-paced race).

At the checker, it was Bennett Fuller (Enfield Ford) in first, Eddy Carroll (Riverside) in second,

John Lobo (Wagner Rug) for third, Tom Fearn (Ramada Inn) for fourth, and Jeff Horn (Willington Pizza) in fifth.

Rounding out the top 10 in this division were Jeff Conners, Rich Vasseur, Tom Carey, Doug Dell, and Barry Gray.

"This is a dream come true. It's something that I have wanted to do for years. I owe this to my brother Doug, Paul Harold, and Danny. We needed this. It's something I will never forget," said the popular Fuller.

Jeff Plakias led lap one of the Late Model feature, and then P.J. Pelc took control. Pelc was strong when Bobby Ermark came charging to the front from seventh.

The real story for this event was for second, as Rob Valerio and E.J. Legacy swapped positions (lap after lap).

In the closing laps, it was Bobby Ermark to take down the win, as Rob Valerio was second over E.J. Legacy, Wayne Coury, and Gee Perry. Sixth through 10th went to Glenn Griswold, Ted Chalmers, Brian Locke, Chris Wenzal, and Skip Brunig.

Ermark gave credit to his crew, friends, and family: "The Olds (sponsored by Bob's Equipment) had them covered tonight."

Dennis Brilla looked like the victor in the Strictly Stocks; however, Patrick Townsend came from mid-pack to take the lead. Townsend and Brilla battled lap after lap to the checker.

Another major factor in this event was Scott Neleber, who finished third over first-place Townsend and second-place Brilla.

Fourth and fifth, respectfully, were Mike Salmond and Dennis Sporber, and rounding out the top 10 were Tony Kelly, Keith Karzello, Joe Kokoszka, Todd Malvezzi, and Jim Sommers.

This Saturday, May 4th, it's another four-division special at Riverside Park Speedway, with the action set to start at 6:00 p.m. The admission is \$12.99 for adults, and \$2.99 for kids 11 years of age and under.

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Outdoors New England

by Kent Servis
Outdoor Writer

Fishing Smaller Waters

Beautiful spring temperatures finally arrived and renewed our energies. The wind conditions kept some of us on streams and smaller bodies of water, with some fine results.

My son, Todd, and his fishing buddy, Ryan, worked several small farm ponds with good success. Numerous largemouth bass fell prey to the slowly fished swimming plugs. Floating Rapallas in size nine and three-inch Mambo Minnows in red finish accounted for the majority of the catch.

While talking about small water fishing, there are a couple of things to remember. First and foremost is the fact that most of these ponds are on private property. The fact that you hold a fishing license does not give you the right to trespass without permission of the landowner. Secondly, once there, remember to leave the area cleaner than you found it.

More than one area has been lost as a fishing spot because of someone's carelessness in disposing of litter, disrespect for the property or descending on the place with an army of buddies. Most landowners will be cooperative with the fishermen if politely approached, but don't overdo a good thing.

Every day, we drive past many hidden little ponds and seldom give them a thought. Small ponds can provide some of the largest fish because they receive little or no fishing pressure. The limited scope of the ecosystem of these ponds, dictate that responsible use be made of the resource. Catch and release should be high on the list of priorities from the anglers' viewpoint.

The same strategies for fishing large lakes, can be applied to fishing small bodies of water. A little common sense can be used in figuring out where the fish will congregate. Look to see if the pond was formed by damming a stream or brook. Even a modest dam or spillway will usually signify a deeper area. Look at the contours of the land surrounding the pond and try to envision the pond with no water in it.

Points of land will probably have underwater bars that are deeper on both sides. These are excellent places to fish. Just like on the large lakes, structure fishing is important in small bodies of water. The only difference is that the pond is contoured on a smaller scale.

Weed growth in certain areas or the lack of it, can serve as an indicator of contour breaks. These are the areas of the pond where the gradually sloping bottom drops off more steeply. Since aquatic weeds need sunlight just as land-based plants, weeds will flourish only in the shallower portions.

Weed growth can serve as nature's topo map. Indents in the weed lines as well as open pockets of water can signify abrupt changes in depth or bottom composition. Since most game fish are predatory, they like to hunt in the "edge" areas, hoping to ambush their next meal.

These are the areas that we want to concentrate on when conditions are right. Bright sunlight may drive bass deep into cover such as emergent weed growth, especially lily pads. This calls for special techniques which we will cover in part two next week.

Division Of Fisheries And Wildlife News

Tagged trout have been stocked in local waters. Businesses and clubs across the state have joined in pledging prizes for tagged trout. The tags are placed below the front of the trout's dorsal fin, and bear a four-digit number. The tags are white in color.

Lucky anglers should remove the tag and bring it in to the sponsor. A list of sponsors and the bodies of water that the trout are in follows:

Westfield River, B&G Sports, (413) 568-7569;
Quabbin Reservoir Gate 31, NWC Quabbin Anglers, 724-6603; **Mill River** and **Bradford Brook**, Smith Voc Sports Club, 586-6970, ext. 442 (ask for Tim or Pug).

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Firestone of W. Spfld. Padres	1	1
Berkshire Power Rockies	0	2
Bonavita, Gordon, Danie and Walsh Red Sox	0	2

Altobelli To Again Teach Adult Tennis

Tennis instructor Rudy Altobelli will offer Adult Tennis Lessons through the Parks & Recreation Department again this summer.

Lessons will be offered on Sundays at the Agawam High School from 6:00 to 8:00 p.m. and Mondays at Perry Lane Park from 6:00 to 8:00 p.m. beginning May 12th. The fee for the five week program is \$20. Registration is daily, Monday - Friday, at the Recreation Office, 9:00 a.m. to 4:00 p.m.

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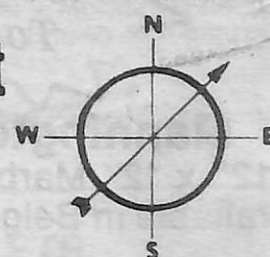
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TAG SALE: Saturday, May 4th, 10-3. Misc. items, wheelchair, walker, size 8-12 ladies' clothes, baby furniture, boys' clothes (8-12), toys, draw drape fixture (4 yds. wide), Mazda 323 tires (pair), plus more. Spencer St., Agawam (off Maple).

BAZAAR

LLAMA BAZAAR '96: May 25th & 26th, 10 AM - 5 PM. **FREE!** Demonstrations, hands-on experience, spinning, packing, shearing and more. Stamford, Vermont on Mass. border. (802) **694-1417**.

PETS

KITTENS FOR SALE: Adorable, healthy 8 week-old kittens looking for good homes. Already neutered, dewormed, and with all their shots. Call Carol in Suffield for more info, (860) **668-5918**.



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MAY 6th — MAY 11TH**

USDA CHOICE

Boneless Spoon Roast	\$2.69 Lb.
Boneless Sirloin Steak	\$2.99 Lb.
Boneless Sirloin Kabobs	\$3.99 Lb.
Boneless Top Round London Broil	\$2.79 Lb.
Boneless Center Cut Pork Roast	\$3.69 Lb.
Boneless Center Cut Pork Cutlets	\$3.99 Lb.
Carolina Frozen Ground Turkey	89¢ Lb.
Gol. Pak Snack Wings (5 Lb. Bag)	\$3.99
Willow Tree Chicken Pies (Large - 52 Oz.)	\$6.99
Zonin Italian Sausage (Hot Or Sweet)	\$1.99 Lb.
Fresh Ground Chuck	
5 Lbs. Or More	\$1.79 Lb.
10 Lbs. Or More	\$1.59 Lb.
Fresh Ground Round	
5 Lbs. Or More	\$2.39 Lb.
10 Lbs. Or More	\$1.99 Lb.
Fresh Hamburg Patties (2 Lb. Box)	\$4.49
Frozen Hamburg Patties (5 Lb. Box)	\$8.99

WHOLESALE MEATS

Whole Boneless Top Sirloins	\$1.99 Lb.
Whole Butt Tenderloins	\$4.39 Lb.

TUESDAY & WEDNESDAY SPECIALS

Land O' Lakes White American Cheese (Whole 5 Lb. Loaf)	
Un sliced	\$9.99
Sliced	\$1.00 Extra
Fresh Ground Chuck (7 Lbs. Or More)	\$1.39 Lb.



*** Arnold's Bran'nola Breads ***
Buy One, Get One FREE
(Valid May 6th-11th)

SEAFOOD

Fresh Frozen Swordfish Steaks	\$3.99 Lb.
Bonaventure Shrimp Rings (12 Oz. Pkg.)	\$7.99

DELI

Land O' Lakes White American Cheese	\$2.89 Lb.
Russer German Bologna	\$1.19 Lb.
Thumann's Gourmet Turkey Breast	\$4.99 Lb.
Fresh Seafood Salad	\$3.99 Lb.
Hudson Turkey Ham	\$1.99 Lb.
Margerita Cappicola	\$3.99 Lb.
Krakus Imported Ham	\$3.99 Lb.
Austrian Alps Imported Swiss Cheese	\$2.99 Lb.
Fresh Store Made Potato Salad, Macaroni Salad, & Cole Slaw	\$1.99 Lb.

PRODUCE

New Crop Vidalia Oranges	99¢ Lb.
Plum Tomatoes	99¢ Lb.
Green Leaf & Romaine Lettuce	89¢ Lb.
Mini Carrots (Bag)	99¢
Fresh Cantaloupes	99¢ Each
Lemons	5 For 99¢
Limes	5 For 99¢

DAIRY

Sweet Life 1% Low Fat Milk (Gallon)	\$1.79
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4-Pc. Place Setting

\$2.99

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PLU #

WEEK SEVEN:

10" OVAL BAKER

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EFFECTIVE WEEK OF: MAY 5- MAY 11, 1996